1 Expression of the immunoreactive buckwheat major

2 allergenic storage protein in *Lactococcus lactis*

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11 Abstract

12 Proteins from buckwheat (Fagopyrum esculentum) are strong allergens that 13 can cause serious symptoms, including anaphylaxis, in patients with hypersensitivity. In this study, we successfully developed a modified lactic acid bacterial vector (pNSH) 14 15 and a recombinant strain of Lactococcus lactis NZ9000 (NZ9000) that produced a 16 major allergenic storage protein of buckwheat, Fagag1 (61.2 kDa, GenBank accession 17 number AF152003), with or without a green fluorescence protein (GFP) tag. GFP 18 fluorescence allows for rapid, simple, and accurate measurement of target protein 19 expression by microscopy or fluorimetry. We describe a convenient method for 20 production of rGFP-Fagag1 fusion and rFagag1 proteins with a good yield in an 21 advantageous probiotic host. We found that in vitro treatment of splenocytes isolated 22 from buckwheat crude protein-immunized mice with rFagag1 increased expression of 23 allergic inflammation cytokines such as IL-4, IL-13 and IL-17F. Because it was less 24 antigenic, rGFP-Fagag1 protein from NZ9000 might be of limited use; however, 25 rFagag1 from NZ9000 evoked a robust response as measured by induction of IL-4 and 26 IL-17F expression levels. The observed allergic activity is indicative of a Th2-cell 27 mediated immune response and is similar to the effects induced by exposure to 28 buckwheat crude protein. Our results suggest that expression of rFagag1 in NZ9000 29 may facilitate *in vivo* applications of this system aimed at improving the specificity of 30 immunological responses to buckwheat allergens. 31 Keywords; Buckwheat, Fagopyrum esculentum, allergen, Fagag1, Lactococcus

32 *lactis*, Th2

33 Introduction

34 Buckwheat (*Fagopyrum esculentum*) belongs to the Polygonaceae family of 35 plants and its seeds can be used as food material. Buckwheat is a pseudocereal; that is, 36 buckwheat is a eudicot with seed qualities and uses similar to those of monocot cereals 37 (family Poaceae). Buckwheat can be cultivated under less favorable conditions than rice, 38 including at high altitudes, and it is sometimes used as a substitute for common cereals. 39 Buckwheat is consumed around the world as a health food (Sedej et al. 2012). In Japan, 40 buckwheat is called "soba" and is consumed mainly in the form of noodles and 41 dumplings. In Western countries, buckwheat is also used in batter for cakes, pancakes, 42 or crepes, and there is growing interest in buckwheat as a health food and as a substitute 43 for wheat flour for gluten-allergic persons (Panda et al. 2010). 44 Buckwheat is considered a true food allergen, also classified as a class I food 45 allergen, comparable to the major milk allergen (Ruiter et al. 2006), the fish allergen 46 parvalbumin (Swoboda et al. 2002), major peanut allergens (Palmer K and Burks 2006), 47 and the major shrimp allergen (Reese et al. 2005). Indeed, in affected people, 48 buckwheat consumption can induce severe and even life-threatening anaphylactic 49 reactions. To date, many cases of buckwheat allergies have been reported (De 50 Maat-Bleeker and Stapel 1998; Yoshioka et al. 2004). Buckwheat allergens induce 51 immunoglobulin E (IgE)-mediated allergies in the gastrointestinal system, skin, and 52 respiratory track, and can evoke severe reactions, such as anaphylaxis (Varga et al. 53 2011; Heffler et al. 2011). A system for the delivery of buckwheat allergen via mucosal 54 immunization has not previously been developed. However, we speculate that such a 55 system would aid in the study and modulation of T helper type 2 (Th2) cell immune 56 responses.

57 In this study, we focused on a major allergenic storage protein from buckwheat, 58 Fagag1. A Fagag1 sequence was identified based on NCBI Genbank accession number 59 AF152003. This Fagag1 sequence has high identity to two cDNA clones isolated from a 60 buckwheat cDNA library of developing seeds (defined as "buckwheat mRNA for 61 legumin-like protein, complete cds" at NCBI; Accession numbers D87980 and D87982). 62 Minor differences in sequence length and deduced amino acid sequences among these 63 sequences may be due to isolation of different isoforms from different sources, or could 64 be variety dependent.

65 Current evidence suggests that probiotic bacteria can play a beneficial role in the 66 prevention or treatment of Th2-biased allergic responses (Kitazawa et al. 2008; Iemoli 67 et al. 2012; Ou et al. 2011). Lactococcus (Lc.) lactis is a highly efficient probiotic 68 microorganism with a wide range of benefits for human health (Kitazawa et al. 2008). 69 Experimental data and genomic analyses indicate that Lc. lactis naturally secretes only a 70 few proteins (Poquet et al. 1998), and a plasmid-free Lc. lactis strain does not produce 71 the extra cytoplasmic protease PrtP (Gasson 1983). These features have drawn the 72 attention of researchers to the potential use of Lc. lactis for the secretion of 73 biotechnologically important proteins. The nisin-controlled gene expression (NICE) 74 system has become a widely used tool for regulated gene expression in Gram-positive 75 bacteria (Bryan et al. 2000), including lactic acid bacteria such as *Lc. lactis*. Use of the 76 NICE system in lactic acid bacteria might provide a good approach for generating a 77 novel topical antigen delivery vehicle for mucosal immunization (Mercenier et al. 2000), 78 for example for buckwheat proteins. However, there are no previous reports of such a 79 buckwheat protein expression system in lactic acid bacteria.

80	Here, we engineered a Lc. lactis NZ9000 (NZ9000) recombinant strain that
81	produces GFP fused to Fagag1 (rGFP-Fagag1). The GFP fluorescence signal allows for
82	rapid, simple, and accurate measurement of target protein expression. The aim of the
83	present study was to design a high-level expression system for recombinant Fagag1 and
84	a purification method based on GFP fluorescence that can be used for both small- and
85	large-scale cultures. Development of such a system should facilitate investigation of the
86	immunological activity of splenocytes isolated from mice immunized with buckwheat
87	crude protein and subsequently treated with rFagag1 or rGFP-Fagag1.
88	
89	Materials and methods
90	Bacterial strain and growth conditions
91	NZ9000 is a standard host strain for the NICE system (MoBiTec, Goettingen,
92	Germany). NZ9000 is derived from Lc. lactis subsp. cremoris MG1363 (MG1363) and
93	contains the regulatory genes <i>nisR</i> and <i>nisK</i> integrated into the <i>pepN</i> gene. NZ9000 was
94	grown in M17 medium supplemented with 0.5% glucose at 30°C, and gene expression
95	was induced with nisin, as described previously (Kleerebezem et al. 1997, Shigemori et
96	al. 2012). Plasmid maintenance was ensured by growing recombinant NZ9000 strains in
97	medium supplemented with 20 μ g/mL chloramphenicol.
98	
99	Construction of a recombinant NZ9000 strain
100	The pNSH vector is a modified form of the Lc. lactis expression vector pNZ8148
101	(MoBiTec) and contains the PnisA promoter and a terminator sequence upstream and
102	downstream, respectively, of a multicloning site (MCS). A 6xHis tag and factor Xa

103 recognition site are positioned between the PnisA promoter and MCS (Fig. 1a). The

104 GFP (accession number: AB758275,

105 http://getentry.ddbj.nig.ac.jp/getentry/ddbj/AB758275?filetype=html),

- 106 Fagag1(accession number: AB758276,
- 107 http://getentry.ddbj.nig.ac.jp/getentry/ddbj/AB758276?filetype=html) and GFP-Fagag1
- 108 coding sequences were optimized for MG1363 codon usage to increase expression
- 109 levels in NZ9000. The codon-optimized GFP and Fagag1 genes were synthesized by
- 110 Operon Biotechnologies (Tokyo, Japan) and subcloned into pCR2.1 (Invitrogen,
- 111 Carlsbad, CA, USA). The resulting plasmid was digested with *BamH*I and *Hind*III to
- 112 excise the GFP, Fagag1 or GFP-Fagag1 gene cassette, which was then cloned into
- 113 pNSH vector. The resulting plasmid (pNSH-GFP, pNSH-Fagag1, or
- 114 pNSH-GFP-Fagag1) contained the GFP, Fagag1, or GFP-Fagag1 gene cassette under
- 115 control of the nisin-inducible PnisA promoter (Fig. 1b, c, d). The plasmids were
- 116 introduced in NZ9000 by electroporation using a Gene Pulser Xcell electroporation
- 117 system (Bio-Rad Laboratories, Inc., CA, USA) following the manufacturer's
- 118 instructions. The resulting NZ9000 recombinant strains were named NZ9000-GFP,
- 119 NZ9000-Fagag1 and NZ9000-GFP-Fagag1. NZ9000 was also electroporated with the
- 120 empty plasmid pNSH to generate a NZ9000 vector control strain (NZ9000-VC).
- 121

122 Small-scale expression of recombinant protein

Fresh medium was inoculated 1:20 (v/v) with an overnight culture and incubated statically at 30°C. To induce expression of the recombinant genes, strains were grown to an OD_{600} of 0.4, followed by induction with 100 ng/mL nisin for 3 h. To evaluate recombinant protein expression in NZ9000, preparation of cell fractions was performed

127 based on the method described by Loir et al., 1998. Briefly, 2 mL of NZ9000 cultures at

128 a given OD_{600} were harvested by 5 min centrifugation at 4°C and 3,000 xg. Next, the 129 supernatant was removed; the cell pellet was washed once with 1 mL of TES (10 mM 130 Tris-HCl [pH 8.0], 1 mM EDTA, 25% sucrose); and the pellet was then resuspended in 131 $70 \,\mu\text{L/OD}_{600} = 1$ of TES containing lysozyme (1 mg/mL). After 30 min of incubation at 132 37° C, cells ($30 \,\mu$ L/OD₆₀₀ = 1) were lysed with 20% SDS. For electrophoretic 133 separation, equal volumes of 2x sample buffer were added to each sample and the 134 samples were then boiled for 5 min. 135 The boiled samples were separated by 10% SDS-PAGE and then transferred onto 136 PVDF membranes. Western blotting was performed with primary antibodies (Abs) 137 against the 6xHis tag (BioLegend, Inc., San Diego, CA, USA), followed by incubation 138 with HRP-conjugated secondary Abs (Sigma, St. Louis, MO, USA). Signals were 139 visualized by treating the membranes with TMB peroxidase substrate. 140 141 Large-scale expression and purification of recombinant protein 142 Optimal parameters for rFagag1 and rGFP-Fagag1 expression were assessed by 143 growth curves (OD_{600}) , external pH, and when appropriate, GFP fluorescence signal, 144 following induction with various nisin concentrations and incubation for various times 145 (hr). After induction with nisin, a cell pellet obtained by centrifugation was broken by 146 grinding with aluminum oxide powder (3 g per 1 g of cells; Wako, Osaka, Japan) for 147 15 min, followed by suspension of the broken cells in a standard buffer containing a 148 protease inhibitor cocktail (Sigma). Protein content was measured using a bicinchoninic

- 149 acid (BCA) protein assay (Pierce, Rockford, IL, USA). Fluorescence, reported in
- 150 relative fluorescence units (RFU), was measured using a Fluoroskan Ascent FL

Microplate Fluorometer (Thermo Scientific, Tokyo, Japan) by excitation at 485 nm and
detection of emission at 538 nm.

The rGFP, rFagag1 and rGFP-Fagag1 proteins were purified using a HisTrap HP column (1 mL, pre-charged with Ni²⁺; GE Healthcare Japan, Tokyo, Japan) under native conditions, according to the manufacturer's instructions. The flow-through fractions were collected by washing the column with 20 mM imidazole phosphate buffer (pH 8.0). The absorbed factions were eluted using 31.25, 62.5, 125, 250, and 500 mM imidazole phosphate buffer (pH 8.0). After dialysis, the eluted fractions were freeze-dried and

analyzed by SDS-PAGE and Western blotting.

160

161 Buckwheat crude protein-immunized mice

162 Pathogen-free female BALB/c mice (4 weeks of age) were purchased from 163 Japan SLC (Shizuoka, Japan) and housed under temperature- and light-controlled 164 conditions. Mice were fed a standard diet of Labo MR Breeder (Nihon Nosan Co., 165 Kanagawa, Japan) and sterile water *ad libitum*. After a preliminary breeding period of 2 166 weeks, BALB/c mice (6 weeks of age, n=3) were intraperitoneally (i.p.) sensitized once 167 weekly for 3 weeks with 100 µg of buckwheat (Fagopyrum esculentum) crude protein 168 in lyophilized form (GREER Laboratories Inc., Lenoir, NC, USA) and alum 169 (allergen/adjuvant ratio of 1/50). All experimental procedures were conducted in accordance with the Regulations for Animal Experimentation of Shinshu University. 170 171 172 **Immunoreactivity assay**

173The levels of immunoreactivity of rFagag1 and rGFP-Fagag1 were assessed174by real-time quantitative PCR (qPCR), which was used to detect cytokine mRNA

175 expression induced by rFagag1 or rGFP-Fagag1 in splenocytes isolated from buckwheat 176 crude protein-immunized mice. Splenocytes were prepared using standard methods 177 (Shimosato et al. 2010, Ito et al. 2012) and were then cultured in medium at a final concentration of 2×10^6 cells per well (total volume, 1 mL per well). Splenocytes were 178 179 stimulated with 10 µg/mL purified rFagag1, rGFP-Fagag1 or various concentrations of 180 buckwheat crude protein as a control for 72 h, harvested, and then monitored for 181 cytokine mRNA expression by qPCR as previously described (Shimosato et al. 2009; 182 Shigemori et al. 2012). Fluorescent qPCR reactions were performed using SYBR 183 Premix Ex Tag (Takara Bio Inc.) and specific primers, with each reaction containing 5 184 ng of cDNA in a total volume of 25 μ L. The β -actin and cytokine primers were 185 purchased from Takara Bio Inc. The PCR cycling conditions were 10 s at 95°C, 186 followed by 45 cycles of 5 s at 95°C, and 30 s at 60°C. As a control, poly $(A)^{+}RNA$ 187 samples were used as templates to check for the presence of contaminating genomic 188 DNA. The sensitivity of the reaction and amplification of contaminant products, such as 189 the extension of self-annealed primers, were evaluated by amplification from various 190 serial dilutions of the cDNA template. For cross-sample comparison of results obtained 191 following various treatments, cytokine mRNA levels were first normalized to mRNA 192 levels obtained for β -actin. The results represent the means \pm SD of three independent 193 experiments.

194

195 Statistical analysis

All results represent the average of three separate experiments. Statisticalanalyses were performed using the *Bonferroni* multiple comparison tests for one-way

analysis of variance (ANOVA). Differences were considered significant when *P* valueswere less than 0.05.

200

201 Results

202 Construction of recombinant strains at a small scale

203 We first modified the vector pNZ8148 to generate a vector for inducible 204 expression of tagged proteins, which we call pNSH. The pNSH vector contains an 205 N-terminal 6xHis tag, a factor Xa recognition site for cleavage of the 6xHis tag, and a 206 multiple cloning site (MCS) between a nisin-inducible promoter and a terminator 207 sequence (Fig. 1a). Full-length GFP, Fagag1, or both were isolated by restriction 208 enzyme digest and cloned into pNSH, resulting in pNSH-GFP, pNSH-Fagag1 and 209 pNSH-GFP-Fagag1 (Fig. 1 a-d). The plasmids were then electroporated into Lc. lactis 210 NZ9000. To confirm expression of the recombinant proteins in NZ9000, we next 211 analyzed protein fractions and whole cells from the transfected NZ9000 strains. 212 Following nisin-mediated induction, total cellular protein was separated by SDS-PAGE 213 and visualized with coomassie brilliant blue (CBB), then assayed for the presence of the 214 6xHis tag proteins via Western blotting (Fig. 2a,b). We monitored the recombinant 215 proteins by staining SDS-PAGE gels with CBB (Fig. 2a). However, the detection of 216 rGFP, rFagag1 and rGFP-Fagag1 were difficult in CBB-stained gels due to the weak 217 signal of recombinant proteins (Fig. 2a). In an empty vector control or in the absence of 218 nisin induction, recombinant proteins could not be detected in the NZ9000 strains (Fig. 219 2b). Following nisin-induced expression, however, bands corresponding to rGFP (30.6 220 kDa), rFagag1 (65.4 kDa) and rGFP-Fagag1 (91.7 kDa) were detected in cell fractions 221 from nisin-induced NZ9000-GFP, NZ9000-Fagag1, and NZ9000-GFP-Fagag1,

222	respectively (Fig. 2b). To confirm expression of rGFP, we next observed cells under
223	visible light (Fig. 3; light) and by confocal laser microscopy (Fig. 3; laser) following 3
224	hr of treatment with nisin. As shown in the merged images (Fig. 3; merge),
225	NZ9000-GFP and NZ9000-GFP-Fagag1 cells clearly express fluorescence recombinant
226	proteins (Fig. 3). Based on the results of Western blotting and confocal laser
227	microscopy, we concluded that we successfully induced expression of His-tagged and
228	GFP-fused Fagag1 recombinant proteins using NZ9000 transformed with the pNSH
229	vector containing the GFP, Fagag1 and GFP-Fagag1 gene cassette.
230	

231 Establishing optimal conditions for recombinant protein expression and

232 purification

233 We used GFP fluorescence as an indicator of protein expression following 234 nisin-induced expression of GFP-Fagag1 in NZ9000-GFP-Fagag1. To optimize 235 induction, we assayed GFP intensity following treatment with various concentrations of 236 nisin for various times in large-scale cultures (i.e. 50 mL). When NZ9000-GFP-Fagag1 237 cells were stimulated with 62.5-500 ng/mL nisin, the resulting cell fractions significant 238 high levels of fluorescence compared with cell fractions from NZ9000-VC (Fig. 4a). 239 Thus, we determined that a nisin concentration of 100 ng/mL was optimal for inducing 240 expression of the recombinant protein, as indicated by the highest levels of fluorescence 241 observed at this concentration. The maximum detectable GFP fluorescence was 242 observed 1-3 hr after induction (Fig. 4b). Notably, in cell cultures treated with 100 243 ng/mL nisin, the external pH of the medium dropped from 6.5 to 5.0 (Fig. 4c) and 244 stationary phase was reached 4 hr after induction (Fig. 4d). We next used these optimal 245 conditions in very large-scale cultures (i.e. 3 L) in an effort to generate and isolate

significant quantities of the recombinant proteins. To do this, NZ9000-GFP,

247 NZ9000-Fagag1 and NZ9000-GFP-Fagag1 were induced by nisin in 3 L large-scale 248 culture, and rGFP, rFagag1 and rGFP-Fagag1 were purified using HisTrap HP column. 249 To confirm the purification of each recombinant protein, we analyzed the crude lysate 250 before purification, column flow-through and eluted fractions by SDS-PAGE and 251 Western blotting with anti-6xHis-tag Ab (Fig. 5a,b,c). A corresponding band with rGFP 252 (Fig. 5a), rFagag1 (Fig. 5b) or rGFP-Fagag1 (Fig. 5c) was observed in each eluted 253 fraction. The fraction eluted with 62.5 mM imidazole in particular was enriched for the 254 recombinant proteins. Because endotoxin could interfere with use of the subsequent use 255 of purified proteins, we tested the recombinant protein-positive fractions for endotoxin 256 activity and found that endotoxin could not be detected.

257

258 Immunological activity of the purified rFagag1 and rGFP-Fagag1

259 To determine if purified rFagag1 and rGFP-Fagag1 have immunological activity, 260 splenocytes from buckwheat crude protein-immunized mice were stimulated with 261 buckwheat crude protein or purified recombinant proteins in vitro. We used buckwheat 262 crude protein to determine the optimal amount of allergen (Fig. 6a). Buckwheat crude 263 protein was capable of inducing high levels of expression of IL-13 mRNA in 264 splenocytes at a concentration of $>10 \mu g/mL$ buckwheat. We next examined the ability 265 of purified rFagag1 and rGFP-Fagag1 to induce IL-13 mRNA expression in splenocytes 266 isolated from buckwheat-immunized mice. In splenocytes stimulated with 10 µg/mL 267 rFagag1 for 72 hr, expression of IL-13 mRNA was significantly higher than what was 268 observed for a negative control (medium) or 10 µg/mL rGFP-Fagag1 (Fig. 6b). The

rGFP-Fagag1 treatment induced a small but significant level of up-regulation of IL-13
mRNA as compared with the control (Fig. 6b).

271 We next evaluated the ability of rFagag1 to induce the Th2 and Th17 cytokines. 272 Induction of IL-4 and IL-17F facilitates the establishment of Th2 and Th17-based 273 adaptive immune responses. Thus, we examined the ability of rFagag1 to induce IL-4 274 (Fig. 7a) and IL-17F (Fig. 7b) mRNA in splenocytes from buckwheat-immunized mice 275 by real-time qPCR. The cells were cultured as described above with rFagag1 for 72 hr. 276 Our preliminary data indicate that rGFP does not induce IL-4 and IL-17F mRNA 277 expression (data not shown). Expression of IL-4 and IL-17F was elevated in 278 rFagag1-treated splenocytes from buckwheat-immunized mice; however, treatment of 279 splenocytes with buckwheat protein resulted in higher levels of IL-4 and IL-17F than 280 were induced by rFagag1 (Fig. 7)

281

282 **Discussion**

283 Expression and purification of recombinant fusion proteins is a well-accepted 284 approach for production of allergen proteins. Previously, we generated a recombinant 285 NZ9000 strain expressing a GFP fusion with α_{S1} casein, a milk major allergen 286 (Shigemori et al. 2012). In this study, maximal expression of a GFP-Fagag1 fusion in 287 NZ9000-GFP-Fagag1 cells grown at 30°C was achieved with the following culture 288 parameters: OD₆₀₀ of 0.4, induction with 100 ng/mL nisin, and 1-3 hr of incubation. 289 Fluorescence is a convenient way to evaluate protein expression and purification (Niu et 290 al. 2008; Waldo et al. 1999). To take advantage of this, we constructed a GFP fusion 291 expression vector that can be propagated in NZ9000. Based on the results with 292 His-tagged GFP, the vector appears to be generally applicable for the expression of GFP 293 fusion proteins, including GFP-Fagag1. As there was a good correlation between RFU 294 and the amount of rGFP-Fagag1 (data not shown), we were able to optimize expression 295 levels by simply measuring GFP RFU. To test the potential immunological activity of 296 rGFP-Fagag1, we asked if purified rGFP-Fagag1 could induce Th2-mediated allergic 297 responses in splenocytes isolated from buckwheat-immunized mice. Th2 cell-mediated 298 immune responses against "innocuous" antigens play a role in triggering allergic 299 diseases (Romagnani 2004) and are characterized by the prevalent production of IL-4, 300 IL-5, IL-9, and IL-13 (Nguyen and Casale 2011). Here, we showed that splenocytes 301 isolated from buckwheat crude protein-immunized mice and subsequently treated with 302 purified rGFP-Fagag1 for 72 hr did not induce IL-13 mRNA to high levels. Thus, 303 although it induced a modest response, purified rGFP-Fagag1 purified from NZ9000 is 304 unlikely to be useful for studies specifically focused on food-based allergic responses. 305 Our studies using purified rFagag1 show more promise. Treatment with rFagag1 306 up-regulated the expression of IL-4, IL-13 and IL-17F in splenocytes from 307 buckwheat-immunized mice, although not to the same extent that we observed with 308 buckwheat crude protein. The identification of novel helper T (Th) cell subsets, i.e., 309 IL-17-producing Th cells (Th17 cells) and regulatory T cells (Treg cells), provides new 310 insight into understanding the molecular mechanisms involved in the development of 311 infectious and autoimmune diseases, as well as immune responses, and thus leads to a 312 revision of the classic Th1/Th2 paradigm (Cosmi et al. 2011). Th17 cells may also 313 contribute to the pathogenesis of classically recognized Th2-mediated allergic disorders. 314 IL-17F, which like IL-17 is a member of the IL-17 cytokine family of molecules, binds 315 to IL-17R and has similar pathological activities as compared with IL-17 (Suzuki et al. 316 2007, Vazquez-Tello et al. 2012). IL-17F is derived from a limited set of cell types,

317 including activated CD4⁺ T cells, basophils, and mast cells. Moreover, IL-17F induces 318 expression of several CXC chemokines and cytokines, including profibrotic cytokines 319 such as IL-6 and TGF-β (Fujie et al. 2012; Takei-Taniguchi et al. 2012; Vazquez-Tello 320 et al. 2012). In a mouse model with increased numbers of neutrophils in the airways, 321 over-expression of IL-17F was shown to have an additive effect on antigen-induced 322 allergic inflammatory responses, such as increased airway hyper-responsiveness, goblet 323 cell hyperplasia, and mucin gene expression, phenotypes that are associated with the 324 pathophysiology of allergic inflammation (Hurst et al. 2002; Oda et al. 2005). The 325 symptoms of buckwheat allergies are dependent on how buckwheat is used in a product 326 (i.e. the mode of delivery). Buckwheat products that are ingested induce food 327 allergy-associated symptoms, whereas products such as pillows stuffed with buckwheat 328 chaff can cause nocturnal asthma. The most dangerous allergic reaction to buckwheat is 329 anaphylaxis, which can lead to a fatal shock if left untreated. Importantly, then, 330 understanding the cellular source and targeting cells of the IL-17 cytokine family may 331 provide a basis for elucidating cellular mechanisms that underlie allergic inflammation 332 and improve therapeutic approaches to buckwheat allergies. 333 The immunogenicity of soluble proteins administered orally or intranasally is

333 The immunogenicity of soluble proteins administered orally or intranasally is
334 generally low and can be significantly enhanced either by coupling the protein to a
335 bacterial carrier or by genetic engineering bacteria to produce the target antigen.
336 Food-grade or commensal Gram-positive bacteria constitute an attractive alternative to
337 attenuated pathogenic bacteria for inducing immunity (Wells and Mercenier 2008).
338 More specifically, lactic acid bacteria are an attractive alternative to attenuated
339 pathogens, as they can be good candidates for the development of novel oral vectors for
340 mucosal delivery strategies. Today, sufficient data are available supporting the idea that

lactic acid bacteria, notably lactococci and lactobacilli, are excellent candidates as
delivery vectors of therapeutic proteins and thus should be useful in the development of
novel preventive and therapeutic strategies. *Lc. lactis* and certain species of lactobacilli
possess a number of attractive properties that make them suitable candidates for the
development of mucosal vaccines (Mannam et al. 2004).

346 In conclusion, we have described a convenient method for production of rFagag1 347 or rGFP-fused Fagag1 with a good protein yield in an advantageous probiotic host. We 348 have demonstrated an assay of immunological activity for rFagag1 in which the 349 recombinant protein shows a high level of allergic activity, including up-regulation of 350 IL-17F expression. rFagag1 purified from NZ9000 might also be useful for significant 351 applications in basic research into food allergic disease. In addition, the strain 352 NZ9000-Fagag1 may be a useful candidate organism for the development of allergic 353 vaccines, particularly oral vaccines. However, the future application of prophylactic and 354 therapeutic strategies based on NZ9000-Fagag1 first requires the completion of a 355 number of studies, including a clear demonstration of efficacy in *in vivo* trials. 356

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447 Figure Legends

448

449 vector, a modified form of pNZ8148. The PnisA promoter and terminator are upstream

Fig. 1. Schematic representation of constructs used in this study. (a) Map of the pNSH

- 450 and downstream of a multiple cloning site (MCS), respectively. The 6x His tag and
- 451 factor Xa recognition site (FXa) are between the PnisA promoter and the MCS. (b, c, d)
- 452 Schematic representation of recombinant protein expression vectors. Codon-optimized
- 453 gene fragments for GFP (714 bp encoding 238 aa) and Fagag1 (1,611 bp encoding 537
- 454 aa) were excised with restriction enzymes from pCR2.1 and then inserted into the MCS
- 455 of pNSH. Abbreviations: nisin-inducible promoter, PnisA; ribosome binding site, RBS;
- 456 Factor Xa recognition site, FXa; multiple cloning site, MCS; terminator, T; replication
- 457 gene, rep; chloramphenicol acetyltransferase gene, CM.
- 458 Fig. 2. Expression of recombinant proteins in *Lc. lactis* NZ9000. Cell fractions cultured
- 459 with (+) or without (-) 100 ng/mL nisin for 3 hr were analyzed by SDS-PAGE (a) and
- 460 western blotting using anti-His-tag Abs (b). Arrows indicate rGFP-Fagag1 (91.7 kDa),
- 461 rFagag1 (65.4 kDa) and rGFP (30.6 kDa).
- 462 **Fig. 3.** Confocal laser microscopic analysis of *Lc. lactis* NZ9000 expressing
- 463 GFP-tagged Fagag1. Nisin-induced NZ9000 cells were analyzed under visible and
- 464 fluorescent light, and then merged images were generated. $Bar = 5 \mu m$.

465 Fig. 4. Determination of optimal conditions for GFP-Fagag1 expression in *Lc. lactis*.

- 466 Optimal conditions for GFP-Fagag1 expression in the Lc. lactis strain were determined
- 467 by measuring fluorescence (a, b), growth curves (c) and external pH (d) after induction
- 468 with nisin at various concentrations and incubation times. Relative fluorescence index:
- 469 relative fluorescence units (RFU) are displayed as relative values versus blank (water).
- 470 *P < 0.05, **P < 0.01 versus vector control (a, b). Data are shown as mean \pm SD.

471 Fig. 5. Purification of recombinant Fagag1 and control proteins from Lc. lactis NZ9000. 472 Cell fractions for three recombinant proteins, GFP (a), Fagag1 (b) and GFP-Fagag1 (c) 473 were isolated following induction of expression in the corresponding NZ9000 strains 474 using 100 ng/mL nisin for 3 hr in large scale (3 L), following by protein purification 475 using a His-Trap column. For each strain, the crude lysate before purification, 476 flow-through and eluted fractions were analyzed by SDS-PAGE and western blotting 477 using anti-His-tag Abs. Arrows indicate rGFP (30.6 kDa) (a), rFagag1 (65.4 kDa) (b) 478 and rGFP-Fagag1 (91.7 kDa) (c). 479 Fig. 6. Immune response of buckwheat crude protein-treated splenocytes to rFagag1 480 and rGFP-Fagag1. Splenocytes were isolated from buckwheat crude protein-sensitized 481 BALB/c mice and stimulated with or without various concentrations of buckwheat 482 crude protein (a), or 10 µg/mL purified rFagag1 or rGFP-Fagag1 (b). After 72 hr, IL-13 483 mRNA levels were measured by real-time quantitative PCR analysis. Values represent 484 means and error bars indicate SD of three or four independent experiments. **P < 0.01485 versus medium control (a). Items indicated with different letters (*i.e.*, a, b, c) were 486 significantly different (P < 0.05) (b). Similar results were obtained from at least three

487 different mice.

488 Fig. 7. Immune response of buckwheat crude protein-treated splenocytes to rFagag1.

489 Splenocytes were isolated from buckwheat crude protein-sensitized BALB/c mice and

490 stimulated with or without 10 μ g/mL buckwheat crude protein or purified rFagag1.

491 After 72 hr, IL-4 (a), IL-17F (b) mRNA levels were measured by real-time quantitative

492 PCR analysis. Values represent means and error bars indicate SD of three or four

493 independent experiments. **P < 0.01 versus medium control. Similar results were

494 obtained from at least three different mice.



















