

Identification of a potent immunostimulatory oligodeoxynucleotide from *Streptococcus thermophilus lacZ*

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ABSTRACT

Immunostimulatory sequences of oligodeoxynucleotides (ODNs), such as CpG ODNs, are potent stimulators of innate immunity. Here, we identified a strong immunostimulatory CpG ODN, which we named MsST, from the *lac Z* gene of *Streptococcus thermophilus* ATCC19258, and we evaluated its immune functions. In *in vitro* studies, MsST had a similar ability as the murine prototype CpG ODN 1555 to induce inflammatory cytokine production and cell proliferation. In mouse splenocytes, MsST increased the number of CD80⁺CD11c⁺ and CD86⁺CD11c⁺ dendritic cells and CD4⁺CD25⁺ regulatory T cells. We also analyzed the effects of MsST on the expression of regulatory cytokines by real-time quantitative PCR. MsST was more potent at inducing interleukin-10 expression than the ODN control 1612, indicating that MsST can augment the regulatory T cell response *via* Toll-like receptor 9, which plays an important role in suppressing T helper type 2 responses. These results suggest that *S. thermophilus*, whose genes include a strong Immunostimulatory sequence-ODN, is a good candidate for a starter culture to develop new physiologically functional foods and feeds.

KEYWORDS: *lacZ*, ODN, regulatory T cell, *Streptococcus thermophilus*.

INTRODUCTION

Modification of the intestinal flora early in life by administration of probiotics such as lactic acid bacteria (LAB) may help prevent atopic disease (Kalliomaki *et al.* 2003). Experimental studies have found that probiotic LAB exert strain-specific anti-allergic effects on intestinal epithelial cells and immune cells. In a recent study, it was suggested that *Streptococcus (S.) thermophilus* or its cell components enhance intestinal barrier capacity and T helper type 1 (Th1) immune responses, highlighting the involvement of LAB-derived components in host defense (Menard *et al.* 2005). *S. thermophilus* is generally recognized as a

safe type of bacteria and is commonly used in the production of yogurt, and its fermented products are expected to be functional foods that can contribute to health promotion by regulating immunity in gut-associated lymphoid tissues (GALTs).

It has been reported that B cell mitogenicity is induced by pathogenic bacterial DNA and yeast DNA. These DNAs consist of CpG motifs (Krieg *et al.* 1995), which are typical ligands for Toll-like receptor (TLR) 9. In our previous studies, we identified several immunostimulatory (ISS)-oligodeoxynucleotides (ODNs) from the genomic DNA of LAB and various *bifidobacterium*, including *Lactobacillus rhamnosus* GG, *L. gasseri* JCM1131^T, *L. gasseri* OLL2716, *L. delbrueckii* ssp. *bulgaricus* NIAI B6, and *Bifidobacterium longum* BB536. These ISS-ODNs immunoregulate splenocytes and the immunocompetent cells from GALTs (Kitazawa *et al.* 2001, 2003; Iliev *et al.* 2005; Shimosato *et al.* 2005a; Takahashi *et al.* 2006). These findings prompted us to investigate the immunoregulatory activities of genomic DNA, including ISS-ODNs from *S. thermophilus*. In this study, we focused on the ISS-ODNs from *S. thermophilus* and investigated their TLR9-mediated immunoregulatory effects on regulatory T cells.

MATERIALS & METHODS

Mice

Female BALB/c mice were obtained from the National Cancer Institute (Frederick, MD) and studied at 6 - 10 weeks of age. TLR 9^{-/-} knockout (KO) mice were kindly provided by Dr. S. Akira (Osaka University, Osaka, Japan) (Hemmi *et al.* 2000). All mice were housed in plastic cages at room temperature and provided food *ad libitum*. The mice were handled in accordance with animal care and use guidelines of Tohoku University.

Reagents

Endotoxin-free phosphorothioate ODNs were synthesized by OPERON (Tokyo, Japan). The ODNs were reconstituted in endotoxin-free water and passed through a 0.22 µm pore microfilter (Nihon Millipore K.K., Tokyo, Japan). Cells were stimulated with an equimolar mixture of CpG ODN 1555 (5'-GCTAGACGTTAGCGT-3'), control ODN GpC 1612 (5'-GCTAGAGCTTAGGCT-3') (Klaschik *et al.* 2007), or MsST (5'-CAGGACGTTGTATCACTGAA-3'). The ODNs were confirmed to be free of detectable endotoxin using a Limulus amoebocyte lysate kit (Seikagaku, Tokyo, Japan) according to the manufacturer's instructions. Lipopolysaccharide (LPS) from *Escherichia coli* O111:B4 was purchased from Sigma-Aldrich (St. Louis, MO, USA).

Cells and cell cultures

Mouse splenocytes (mSps) were prepared using standard methods (Iliev *et al.* 2005). Cells were cultured in triplicate wells of a 24-well plate (Nalge Nunc International K.K. Tokyo, Japan) at a final concentration of 2×10^6 cells/well (total 1mL/well) in complete RPMI 1640 medium (Sigma) supplemented with 10% fetal calf serum (FCS; Sigma), 100 U/mL penicillin, 100 µg/mL streptomycin, 25 mmol/L HEPES, 1.0 mmol/L sodium pyruvate, nonessential amino acids, and 0.0035% 2-mercaptoethanol (Sato *et al.* 2008).

Enzyme-linked immunosorbent assay

IL-6 levels in culture supernatants were measured by enzyme-linked immunosorbent assay. IL-6 monoclonal Abs were purchased from BD Pharmingen (San Diego, CA, USA). Ninety-six-well Immulon H2B plates (Thermo LabSystems, MA, USA) were coated with capture cytokine-specific Abs and then blocked with phosphate-buffered saline containing 1% bovine serum

albumin. Culture supernatants were added, and bound cytokines detected by the addition of biotin-labeled secondary Ab, followed by phosphatase-conjugated avidin and a phosphatase-specific colorimetric substrate. Standard curves were generated using recombinant cytokines purchased from R&D Systems.

Mitogenicity assay

The mitogenicity assay was conducted as previously described (Kitazawa *et al.* 2001). Briefly, mSps (2×10^5 /well) were placed in each well of a 96-well microplate (Costar; Corning Inc, Corning, NY, USA) and incubated in an atmosphere containing 5% CO₂ at 37°C for 48 h in triplicate cultures of 100 µL in complete RPMI 1640 medium supplemented with 2% FCS, 1.0 µmol/L ODNs, and 20 ng/mL LPS. In the final 16 h of culture, the cells were radiolabeled with 9.25 kBq/well of [methyl-³H]-thymidine (Amersham Life Science International PLC, Buckinghamshire, UK). Next, the cells were harvested on glass fiber filters (Packard Bioscience, Canberra, Australia). The bound [methyl-³H]-thymidine was counted in a liquid scintillation counter (Beckman Instruments, Palo Alto, CA, USA). Results are presented as the proliferation index, calculated as follows: proliferation index = [(counts per minute in treated cultures)-(background counts per minute)]/[(counts per minute in control cultures)-(background counts per minute)].

Flow cytometric analysis

The mSps (2×10^6 cells/well) were stimulated with 1.0 µM ODNs for 24 h. After stimulation, the cells were washed extensively in washing buffer (phosphate-buffered saline containing 2% FCS + 0.01% sodium azide) and sequentially reacted with the combinations of antibodies (Abs) as follows: (i) phycoerythrin (PE)-conjugated rat anti-mouse CD80 or CD86 Ab (BD

Pharmingen, San Diego, CA, USA), biotinylated Armenian hamster anti-mouse CD11c Ab (BD Pharmingen) for 30 min at 4°C in the dark and then immunostained with PE-Cy5-conjugated streptavidin (eBioscience, San Diego, CA, USA) for anti-CD11c Ab; (ii) FITC- conjugated rat anti-mouse CD4 and PE-conjugated rat anti-mouse CD25 Ab (BD Pharmingen) for 30 min at 4°C in the dark. After washing twice with washing buffer, cells were fixed with 1% paraformaldehyde for 15 min at room temperature. Expression of cell surface antigens was analyzed (20,000 cells) with a FACScalibur™ using CELLQuest software (BD Bioscience, Tokyo, Japan).

Real-time quantitative PCR analysis

Total RNA was isolated from ODN-stimulated mSps. Total RNA was then treated with DNase I, RNase-free (Roche, Lewes, UK) for 10 min at 37°C and heat-inactivated at 70°C for 15 min (Kato *et al.* 2004). The cDNAs were prepared by reverse transcription from 1 µg of total RNA using a PrimeScript® RT reagent Kit (Takara Bio Inc., Tokyo, Japan). An equivalent volume of the cDNA solution was used for quantification of various cytokine cDNAs by real-time quantitative PCR using a Thermal Cycler Dice® Real Time System (Takara Bio Inc.). Fluorescent real-time quantitative PCR reactions were performed on SYBR Premix Ex Taq (Takara Bio Inc.) using specific primers, with each reaction containing 5 ng of cDNA in 25 µL. The β-actin and Interleukin (IL)-10 primers were purchased from Takara Bio Inc. The PCR cycling conditions were 10 s at 95°C, followed by 40 cycles of 5 s at 95°C, and 30 s at 60°C. In the control tubes, poly (A)+RNA samples were used as templates to check for the presence of contaminating genomic DNA. The sensitivity of the reaction and amplification of contaminant products such as primer dimers were evaluated by amplifying serial dilutions of the cDNA.

Statistical analysis

The significance of differences between the mean and control values was assessed by analysis of variance.

RESULTS

MsST induces an inflammatory response in splenocytes *via* TLR9

A search of MsST in the *S. thermophilus* β -galactosidase gene (accession no. M63636) shows that it includes a mouse prototype CpG motif (5'-ACGT-3'). Titration studies were performed to determine the optimal concentration of immunostimulatory CpG ODN in our experimental system. The positive control, CpG ODN 1555, induced high levels of IL-6 production (Fig. 1A). IL-6 production was observed in the wild-type mSps stimulated with not only CpG ODN 1555 but also MsST, whereas the negative control ODN 1612 had little effect (Fig. 1B). The splenocytes from TLR9 KO mice did not produce IL-6 when stimulated with CpG ODN 1555 or MsST (Fig. 1C). These results indicated that MsST can induce IL-6 production *via* TLR9.

Fig.1

Strong mitogenic activity of MsST

To investigate the immunostimulatory activity of MsST from *S. thermophilus* ATCC19258, we examined its mitogenic activity in mSps. The stimulation indices of MsST, CpG1555, and GpC1612 were 3.76 ± 0.68 , 3.53 ± 0.10 , and 1.18 ± 0.14 , respectively (Fig. 2). Thus, the mitogenic activity of MsST was comparable to or slightly greater than that of CpG1555. These results suggest that MsST can induce a strong immune response *via* TLR9 in splenocytes, which express a high level of TLR9 (Shimosato *et al.* 2003).

Fig.2

MsST induces costimulatory molecules in dendritic cells (DCs)

We next examined the surface expression of CD80 and CD86 on CD11c⁺ DCs

after treatment with 1.0 $\mu\text{mol/L}$ of the various ODNs for 24 h (Fig. 3). The expression of CD80 and CD86 on CD11c⁺ DCs was higher following stimulation with MsST (Fig. 3A, B) or 1555 (Fig. 3D, E) than with 1612 (Fig. 3C, F). We also analyzed the fraction of CD11c⁺ cells that were CD80⁺ or CD86⁺ after a 24-h stimulation (Fig. 3G, H). The fractions were higher following stimulation with MsST (CD80, 72.58%; CD86, 79.34%) and 1555 (CD80, 73.72%; CD86, 80.01%) than the control ODN (CD80, 31.86%, CD86: 44.57%). These results suggest that MsST up-regulates the surface expression of CD80 and CD86 on CD11c⁺ DCs.

Fig.3

Expression analysis of CD4⁺CD25⁺ regulatory T cells

The CD4⁺CD25⁺ T lymphocyte subpopulation is known to include the regulatory T (T reg) cells with immunosuppressive activity (Wing et al. 2005). We used flow cytometry to investigate the effect of MsST on the CD4⁺CD25⁺ T reg cell population in vitro. Stimulation of mSps with MsST and 1555 significantly increased the ratio of CD4⁺CD25⁺ to total CD4⁺ cells (Fig. 4).

Fig.4

Induction of IL-10 mRNA by MsST

We examined the ability of ODNs to induce IL-10 gene expression in mSps by real-time quantitative PCR (Fig. 5). We found that MsST strongly induces the expression of IL-10. The 1555 ODN induced a similar level of IL-10 expression. In contrast, the negative control 1612 ODN did not increase IL-10 expression. Sequencing analysis showed that the amplified cDNAs were identical to various cytokine genes.

Fig.5

DISCUSSION

TLR9 has been identified as a specific receptor for CpG ODNs (Hemmi *et al.* 2000), and the possible signaling pathways for TLR9, mediated by myeloid

differentiation factor 88, have been elucidated (Akira *et al.* 2001). CpG ODN is an extremely potent stimulator of DCs and macrophages and causes the induction of Th1-like cytokines, such as IL-6 and IL-12 (Wagner *et al.* 2004). This suggests that CpG ODNs would be highly effective Th1-like vaccine adjuvants and could be developed for use in DNA-based vaccines (Krieg. 2006). Some trials have already evaluated CpG ODNs as adjuvants for protein antigens (Eastcott *et al.* 2001; McCluskie *et al.* 2001). Also, a recent study demonstrated that CpG ODNs have immunostimulatory effects on leukocytes from humans and vertebrates other than mice (Krieg, 2006). In addition, we previously reported that the CpG ODNs from probiotic LAB can immunopotentiate splenic B cells and immunocompetent cells in GALTs such as Peyer's patches (Kitazawa *et al.* 2001, 2003; Iliev *et al.* 2005; Shimosato *et al.* 2005a, 2006). We also found that GALTs strongly express TLR2 and TLR9 (Shimosato *et al.* 2005b; Tohno *et al.* 2007). These findings suggest that genomic DNA and CpG ODNs, such as MsST, stimulate intestinal immune responses *via* TLR9.

In the present study, we identified a strong immunostimulatory CpG ODN, MsST. The activity of MsST is comparable to that of the prototype mouse CpG ODN 1555. MsST significantly enhanced IL-6 production and mitogenesis of mSps and induced the expression of CD80 and CD86 by CD11c⁺ DCs. In addition, the number of CD4⁺CD25⁺ cells was greatly increased by treatment with MsST. We also observed a significant up-regulation of IL-10 expression by stimulation with MsST. The experiments using TLR9 KO mice indicated that MsST induces immune responses through the TLR9-mediated signaling pathway.

Recently, induction of IL-10 has been proposed as an important mechanism of immunotherapy (Kitagaki *et al.* 2002). IL-10 production is reduced in patients with asthma compared with nonasthmatic control subjects (Borish *et al.* 1996). In mouse studies, it was shown that IL-10 suppresses the development of

eosinophilic inflammation in the airways (Van *et al.* 2000). Also, it has been recently shown that ISS-ODN can activate plasmacytoid DCs, inducing the differentiation of T reg (Moseman *et al.* 2004; Iliev *et al.* 2008). Therefore, MsST may activate subsets of plasmacytoid DCs, resulting in the induction of a predominant Th1 response *via* the activation of T reg. These findings correspond well with our observation that MsST enhances IL-10 expression and increases the numbers of CD4⁺CD25⁺ T reg cells in mSps. Thus, the current results suggest that MsST may be useful in developing immune functional foods or feeds as Th1-dominated prophylactics.

In conclusion, we identified a novel immunoregulatory CpG ODN from *S. thermophilus* that activates the TLR9-mediated signaling pathway. Understanding how the TLR9 signaling pathway mediates the immunoregulatory activity of MsST should help in the development of physiologically functional foods or feeds that specifically target innate and adaptive immune responses. For that purpose, a possible mechanism of immunomodulation by MsST in peyer's patches, a part of the gut-associated lymphoid tissue, which is known to play an important role in mucosal immunity, is now in progress.

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Figure legends

Figure 1 CpG ODN 1555, known for its strong immunostimulatory activity in mSps, was used as a positive control to determine the optimal amount of ODN (A). IL-6 production in wild-type mSps (B) and TLR9 KO mSps (C) stimulated with ODNs and LPS. Supernatants from stimulated cells were collected, and the concentration of IL-6 was measured by ELISA. Columns represent the mean concentrations (ng/mL), and error bars indicate the standard errors. ** $P < 0.01$

and $* P < 0.05$ vs. identically treated cells cultured in the presence of control ODN 1612.

Figure 2 Mitogenic activity of ODNs toward mSps. Mitogenic activity was examined in the presence of 1 $\mu\text{mol/L}$ ODN. Values represent means, and error bars indicate the standard deviations. Each experiment was repeated three times. $** P < 0.01$ and $* P < 0.05$ vs. cells cultured in the absence of ODNs.

Figure 3 Expression of CD80 (A, B, C) and CD86 (D, E, F) on mouse DCs following stimulation with ODNs for 24 h. Cells were stimulated with MsST (A, D), 1555 (B, E), or 1612 (C, F) and then sorted into CD11c⁺ DCs. The percent CD80⁺ and CD86⁺ cells was determined in each group. (G, H) The mean percentage of CD80⁺CD11c⁺/CD11c⁺ (G) and CD86⁺CD11c⁺/CD11c⁺ (H) following stimulation with ODNs.

Figure 4 The percentage of CD4⁺CD25⁺ T cells was gated by plotting CD4⁺ vs. CD25⁺ T cells (Gate R2). mSps were stimulated with MsST (A, B), 1555 (C, D), or 1612 (E, F) for 24 h and then sorted into CD4⁺T cells (Gate R2). The percent of CD25⁺ cells was determined in each group. (G) Mean percentage of CD4⁺CD25⁺/CD4⁺ following stimulation with ODNs. Similar results were obtained from at least three different mice.

Figure 5 Comparison of IL-10 mRNA expression by real-time quantitative PCR. Results are expressed as the relative mRNA index based on the estimation of the copy numbers and compared to 1612-stimulated cells following normalization of the cytokine mRNA copy numbers by the β -actin mRNA copy numbers. Columns represent the mean relative index, and error bars indicate the standard errors. $**P < 0.01$ vs. identically treated cells cultured in the

presence of control ODN 1612. The assays were performed at least three times, and representative results are presented.

Fig.1

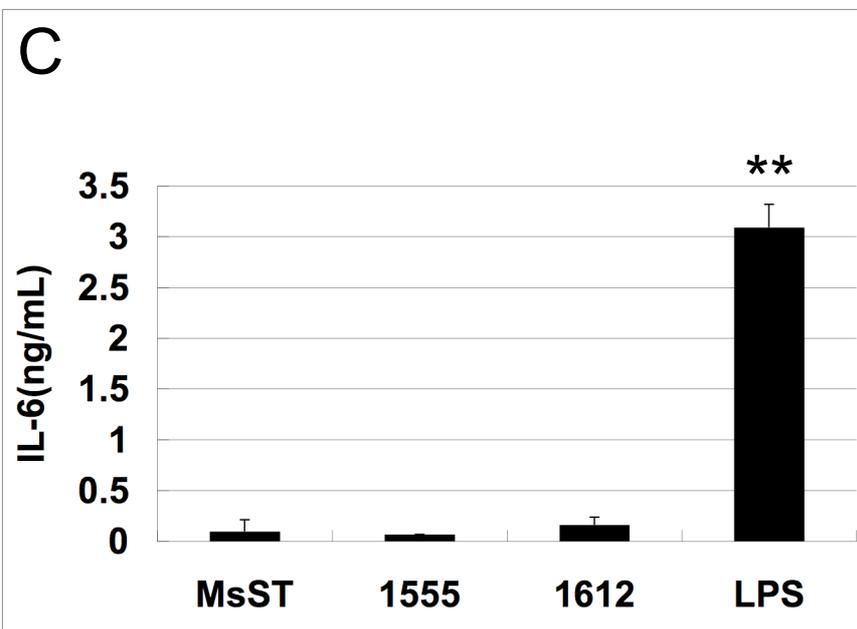
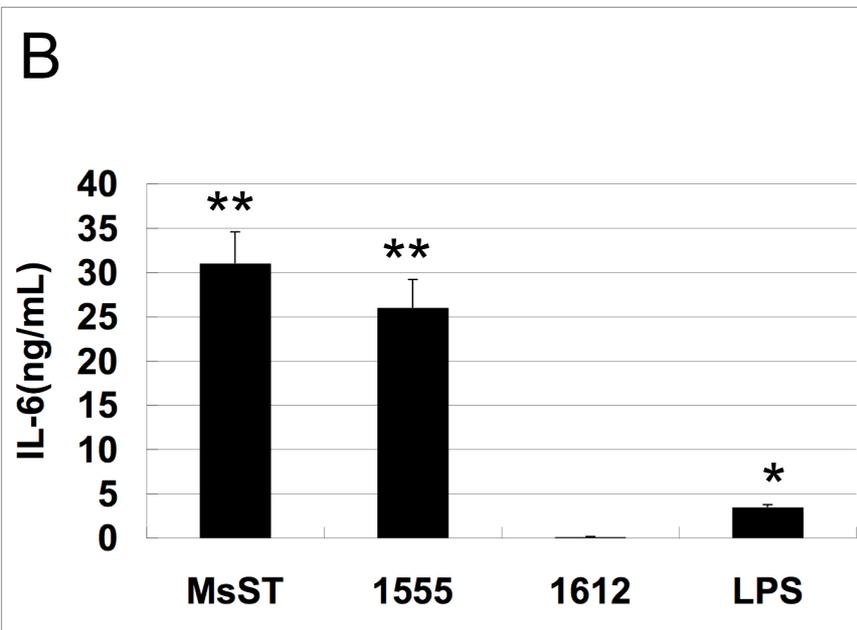
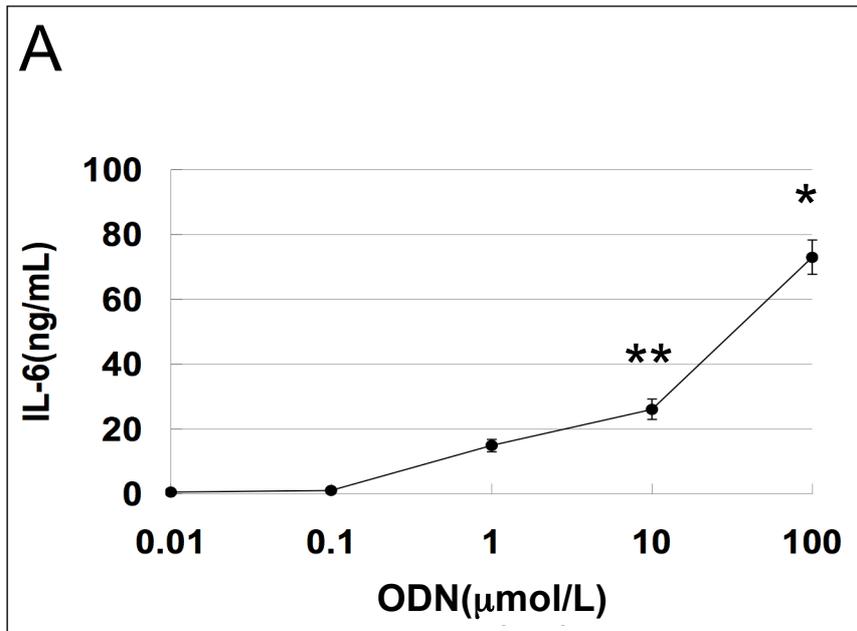


Fig.2

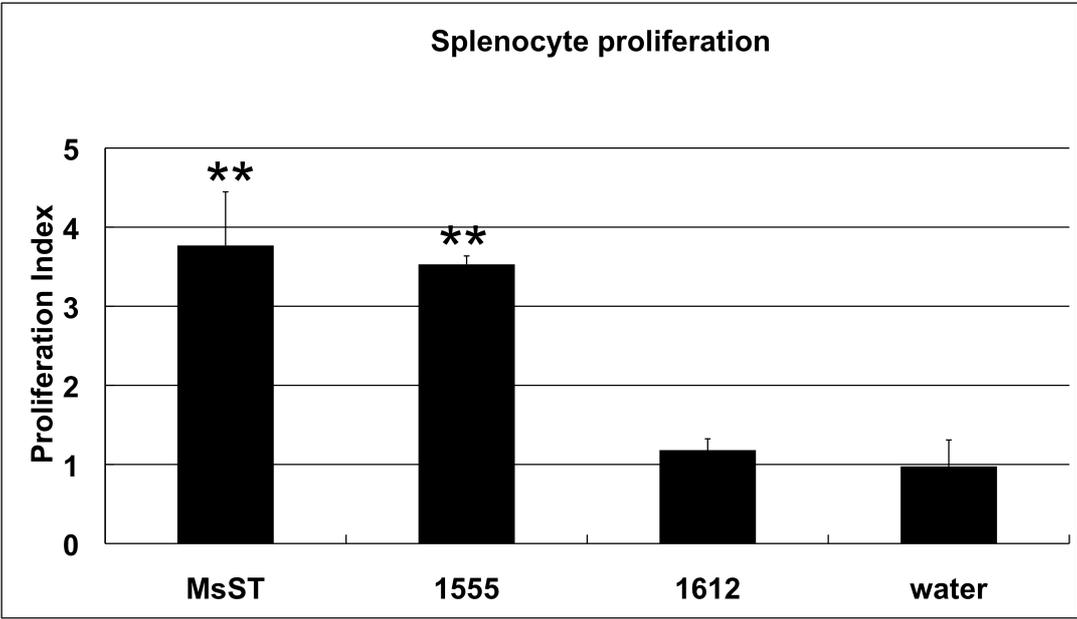


Fig.3

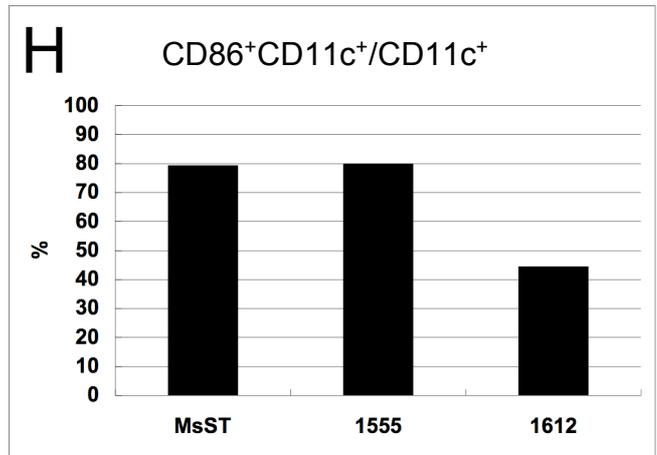
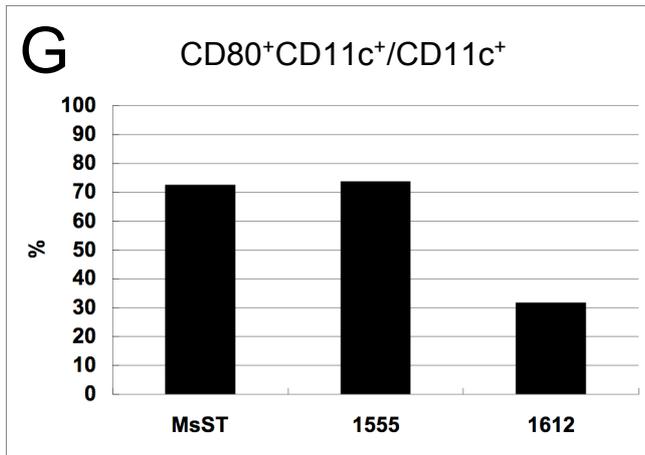
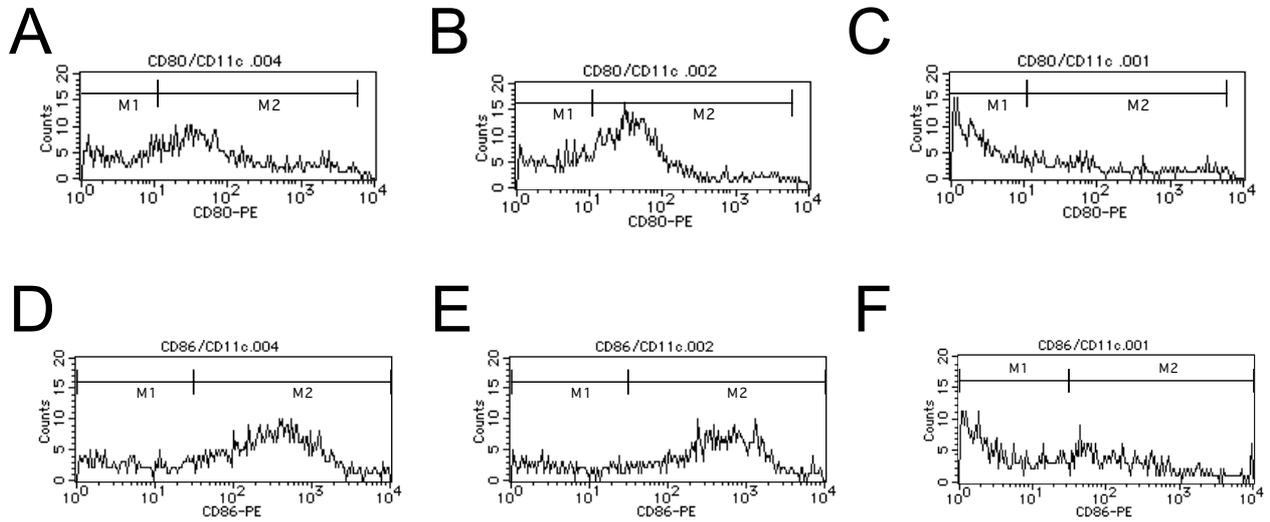


Fig.4

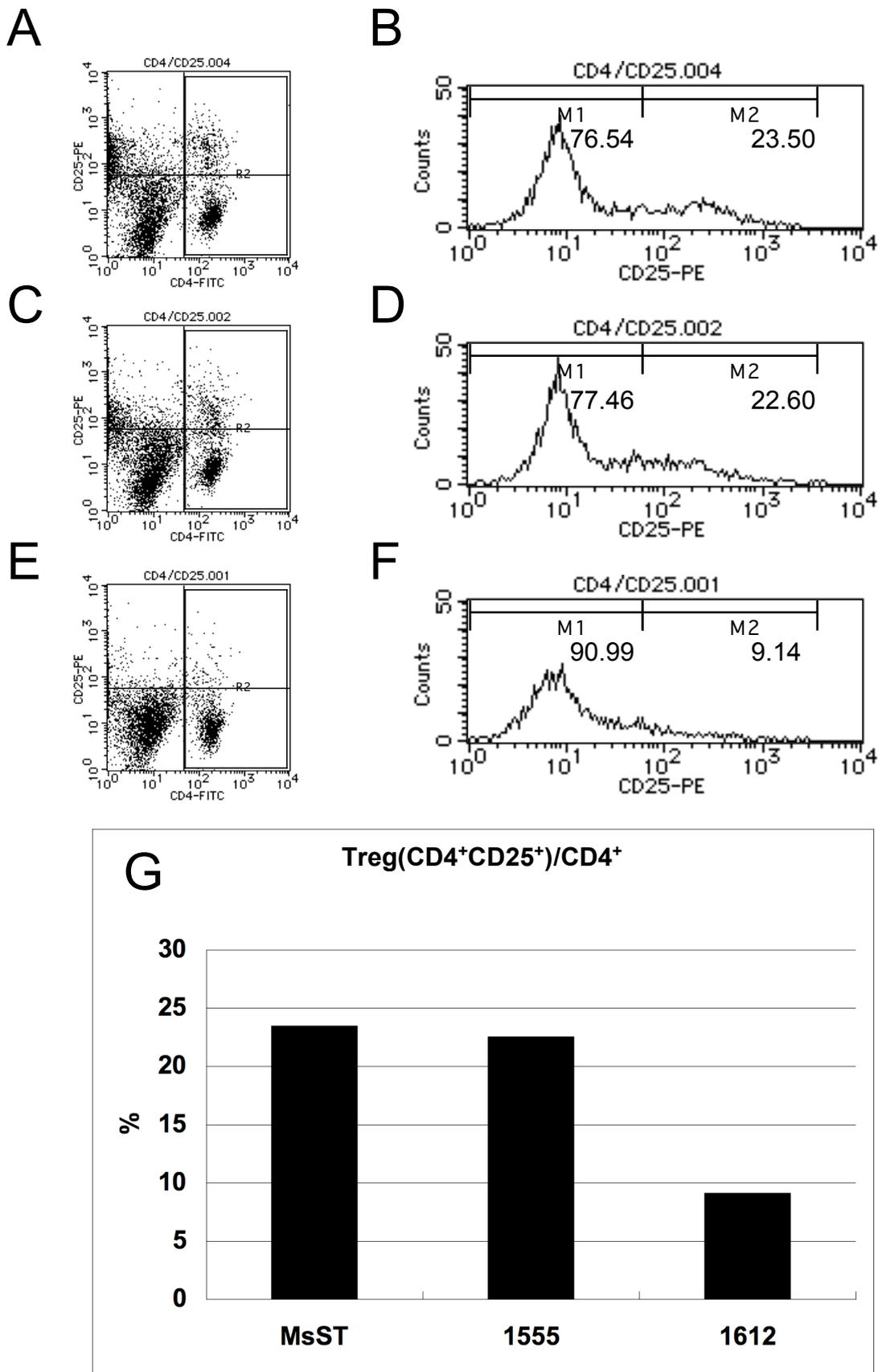


Fig.5

