

1 **High revivability of vitrified-warmed bovine mature oocytes**  
2 **after recovery culture with  $\alpha$ -tocopherol**

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13 *Running title:  $\alpha$ -tocopherol rescues vitrified bovine oocytes*

14 **Abstract**

15

16 The objective of this study was to investigate whether developmental competence of  
17 vitrified-warmed bovine oocytes can be improved by antioxidant treatment during recovery  
18 culture. In experiment 1, one of two antioxidants (either L-ascorbic acid or  $\alpha$ -tocopherol) was  
19 supplemented into the recovery culture medium to which postwarming oocytes were exposed  
20 for 2 h prior to in vitro fertilization (IVF). The exposure to  $\alpha$ -tocopherol had a positive effect  
21 on rescuing the oocytes as assessed by the blastocyst yield 8 days after the IVF (35.1–36.3%  
22 versus 19.2–25.8% in untreated postwarming oocytes). Quality of expanding blastocysts  
23 harvested on Day 8 was comparable between  $\alpha$ -tocopherol-treated vitrification group and  
24 fresh control group in terms of total cell number and chromosomal ploidy. In experiment 2,  
25 level of reactive oxygen species, mitochondrial activity and distribution of cortical granules in  
26  $\alpha$ -tocopherol-treated postwarming oocytes were assessed. No obvious differences from the  
27 control data were found in these parameters. However, the treatment with  $\alpha$ -tocopherol  
28 increased the percentage of zygotes exhibiting normal single aster formation (90.3% versus  
29 48.0% in untreated postwarming oocytes; 10 h post-IVF). It was concluded that  $\alpha$ -tocopherol  
30 treatment of vitrified-warmed bovine mature oocytes during recovery culture can improve  
31 their revivability, as shown by the high blastocyst yield and the higher mean total cell number  
32 in the blastocysts.

## 33 **Introduction**

34

35 Oocyte cryopreservation has become an important tool for gamete banking and assisted  
36 reproductive technology. Revivability of cryopreserved oocytes from small rodents and  
37 humans is extremely high, adapting well to the maintenance of huge number of transgenic  
38 strains and the efficient use in therapies for human infertility (Fabbri *et al.* 2000). However, in  
39 bovine species, the fertilization rate and subsequent developmental competence of  
40 cryopreserved oocytes still need improvement (Ledda *et al.* 2001). Ultrarapid vitrification  
41 procedure, originally reported using electron microscope grid as cryodevice (Martino *et al.*  
42 1996), has become a standard approach for cryopreservation of cytoplasmic lipid  
43 droplet-enriched bovine oocytes. Due to the development of novel cryodevice such as  
44 open-pulled straw (OPS: Vajta *et al.* 1998) or Cryotop (Kuwayama *et al.* 2005) and/or the  
45 preloading with low concentration of permeable cryoprotective agent (CPA) (Dinnyés *et al.*  
46 2000, Papis *et al.* 2000), blastocyst yields at >10% have been commonly achieved with  
47 vitrified-warmed bovine oocytes (Hwang and Hochi 2014).

48 Two recent attempts to improve cryosurvival of bovine oocytes include the qualitative  
49 improvement of oocytes during in vitro maturation (IVM) prior to the vitrification and the  
50 short-term recovery culture of vitrified-warmed oocytes prior to the subsequent in vitro  
51 fertilization (IVF). Supplementation of L-carnitine to the IVM medium of bovine oocytes has  
52 been reported to redistribute cytoplasmic lipid droplets and improve the cryotolerance of the  
53 oocytes after Cryotop vitrification with blastocyst yield of 34%, which was significantly  
54 higher than 20% in untreated control (Chankitisakul *et al.* 2013). However there are  
55 conflicting reports on the positive effect of L-carnitine on cryosurvival of bovine oocytes

56 (Phongnimitr *et al.* 2013). Incidence of multiple aster formation, a possible cause for low  
57 developmental potential of vitrified-warmed bovine oocytes (Hara *et al.* 2012), can be  
58 inhibited by a short-term culture of the postwarming oocytes in the presence of  
59 Rho-associated coiled-coil kinase (ROCK) inhibitor, with a significantly higher blastocyst  
60 yield of 21% compared to 14% in untreated control (Hwang *et al.* 2013).

61 High sensitivity of oocytes to cryopreservation is probably due to the large cell size and  
62 low permeability of water and CPA (Saragusty and Arav 2011). Depolymerization of  
63 microtubules induced by CPA treatment and cryopreservation resulted in disassembly of  
64 meiotic spindles and misalignment of chromosomes (Coticchio *et al.* 2009). Treatment with  
65 CPA induced a transient increase of intracellular free calcium level, premature exocytosis of  
66 cortical granules (CG), and hardening of zonae pellucidae (Larman *et al.* 2006, Kohaya *et al.*  
67 2011). Impaired ability of vitrified-warmed bovine oocytes to support the function of  
68 microtubule-organizing center (MTOC) was responsible for delay or arrest of pronuclear  
69 development (Hara *et al.* 2012). In addition, oxidative stress by reactive oxygen species  
70 (ROS) must be one of the causes that may induce lipid peroxidation and/or organelle damage  
71 in bovine oocytes (Gutnisky *et al.* 2013). Mechanism of radical scavenger might be involved  
72 in the effect of antioxidants (L-ascorbic acid and  $\alpha$ -tocopherol) that can improve the  
73 blastocyst yield from IVM/IVF oocytes in cattle (Olson and Seidel 2000) and pigs (Kiatagawa  
74 *et al.* 2004, Jeong *et al.* 2006, Hossein *et al.* 2007).

75 This study was designed to investigate whether antioxidant L-ascorbic acid or  
76  $\alpha$ -tocopherol can rescue vitrified-warmed bovine mature oocytes by the treatment during  
77 recovery culture prior to IVF (based on blastocyst yield). Quality of the blastocysts was  
78 investigated by counting total cell number and by analyzing chromosomal ploidy.

79 Furthermore, changes in ROS level, mitochondrial activity, CG distribution, and microtubule  
80 assembly were investigated in the  $\alpha$ -tocopherol-treated oocytes.

81

## 82 **Materials and Methods**

83

### 84 **Experimental design**

85 In experiment 1, vitrified-warmed oocytes were randomly allocated to 2-h recovery culture  
86 with or without one of the two antioxidants (50  $\mu$ g/ml L-ascorbic acid or 10  $\mu$ M  $\alpha$ -tocopherol)  
87 and then blastocyst formation rates after IVF were investigated. Next, effect of different  
88 concentration of  $\alpha$ -tocopherol (0, 10, 30, 100 or 300  $\mu$ M) on developmental potential of the  
89 post-warm oocytes into blastocysts was investigated. As a separate experiment in the 300- $\mu$ M  
90  $\alpha$ -tocopherol group, quality of the resultant blastocysts was assessed in terms of total cell  
91 number and chromosomal constitution. Chemically untreated postwarming oocytes served as  
92 controls in each replicate. In experiment 2, several parameters in oocytes prior to IVF (ROS  
93 level, mitochondrial activity, and CG distribution) and in pronuclear-stage zygotes  
94 (microtubule assembly: 10 h after IVF) were investigated to clarify the positive effect of the  
95  $\alpha$ -tocopherol treatment on rescuing the vitrified-warmed oocytes. Data were compared  
96 between 0 and 300- $\mu$ M  $\alpha$ -tocopherol groups, as well as non-vitrified fresh control group.

97

### 98 **Preparation of mature oocytes**

99 Unless otherwise indicated, all chemicals used in the present study were purchased from  
100 Sigma-Aldrich Chemicals (St. Louis, MO, USA). Local abattoir-derived bovine ovaries were  
101 transported to the laboratory in 20–24 °C saline within 6 h after slaughter. The contents of

102 follicles (diameter, 2–8 mm) were aspirated with an 18-G needle connected to a 10-ml syringe.  
103 Oocytes surrounded with at least two layers of compact cumulus cells were matured in 100- $\mu$ l  
104 microdrops of HEPES-buffered Tissue Culture Medium (TCM)-199 (Earle salts; Gibco-BRL,  
105 Grand Island, NY, USA) supplemented with 10% fetal bovine serum (FBS; SAFC  
106 Biosciences, Lenexa, KS, USA), 0.2 mM sodium pyruvate, 0.02 AU/ml follicle-stimulating  
107 hormone (Kawasaki-Mitaka Pharmaceutical, Kanagawa, Japan), 1  $\mu$ g/ml 17 $\beta$ -estradiol, and  
108 50  $\mu$ g/ml gentamicin sulfate for 22 h at 38.5 °C under 5% CO<sub>2</sub> in air (10–12  
109 oocytes/microdrop). Then, cumulus cells were removed by vortex-mixing for 3 min in the  
110 HEPES-buffered TCM-199 supplemented with 3 mg/ml bovine serum albumin (BSA), 0.2 mM  
111 sodium pyruvate, 1,000 IU/ml hyaluronidase, and 50  $\mu$ g/ml gentamicin sulfate. Oocytes were  
112 comprehensively checked for extrusion of the first polar body, and oocytes with an extruded  
113 first polar body were defined as matured.

114

#### 115 **Vitrification and warming**

116 Mature oocytes were subjected to a vitrification procedure according to the method described  
117 previously (Hwang *et al.* 2013). Briefly, oocytes were equilibrated with 7.5% ethylene glycol  
118 (EG; Wako Pure Chemical Industries, Osaka, Japan) and 7.5% dimethyl sulfoxide (DMSO;  
119 Wako Pure Chemical Industries) in HEPES-buffered TCM-199 with 20% FBS base medium  
120 for 3 min at room temperature (23–28 °C) and then transferred into a vitrification solution  
121 consisting of 15% EG, 15% DMSO, and 0.5 M sucrose in the base medium for approximately  
122 60 s at the room temperature. Within this 60-s period, up to 15 oocytes were loaded onto the  
123 polypropylene strip of a Cryotop device (Kitazato BioPharma, Shizuoka, Japan) with a

124 minimal amount of the vitrification solution ( $< 0.1 \mu\text{l}$ ) and then quickly plunged into liquid  
125 nitrogen ( $\text{LN}_2$ ).

126 After storage for more than 1 week in the  $\text{LN}_2$ , oocytes were warmed by immersing the  
127 polypropylene strip of a Cryotop into 3 ml of the base medium containing 1 M sucrose  
128 prewarmed to  $38.5^\circ\text{C}$  for 1 min. The oocytes were transferred to the base medium at the room  
129 temperature in a stepwise manner (0.5, 0.25, and 0 M sucrose for 3, 5, and 5 min,  
130 respectively). According to the manufacturer's instruction, the predicted cooling and warming  
131 rates of the Cryotop procedure were 23,000 and 42,000  $^\circ\text{C}/\text{min}$ , respectively.

132

### 133 **Recovery culture**

134 Postwarming oocytes were rinsed three times and cultured in 500- $\mu\text{l}$  of Hepes-buffered  
135 TCM-199 plus 5% FBS, 0.2 mM sodium pyruvate, and 50  $\mu\text{g}/\text{ml}$  of gentamicin sulfate in a  
136 4-well dish for 2 h at  $38.5^\circ\text{C}$  under 5%  $\text{CO}_2$  in air (15–30 oocytes/well). Depending on the  
137 experimental series, the culture medium was supplemented with or without 50  $\mu\text{g}/\text{ml}$   
138 L-ascorbic acid ([+]-sodium L-ascorbate;  $\text{C}_6\text{H}_7\text{NaO}_6$ , molecular weight = 198.11), or 10, 30,  
139 100 or 300  $\mu\text{M}$   $\alpha$ -tocopherol ([ $\pm$ ]- $\alpha$ -tocopherol;  $\text{C}_{29}\text{H}_{50}\text{O}_2$ , molecular weight = 430.71).

140

### 141 **In vitro fertilization and culture**

142 Commercially available frozen semen of a Japanese black bull was used for IVF. After  
143 thawing at  $37^\circ\text{C}$  for 30 s, the contents of a 0.5-ml straw were layered on the top of a Percoll  
144 density gradient consisting of 2 ml of 45% Percoll above 2 ml of 90% Percoll in a 15-ml  
145 conical tube and then centrifuged for 20 min at  $700 \times g$ . The sperm pellet was resuspended in  
146 4 ml of modified Brackett and Oliphant (mBO) medium (IVF100; Institute for Functional

147 Peptides, Yamagata, Japan) supplemented with 5 mM theophylline, washed twice (5 min at  
148  $300 \times g$  each time), and then resuspended in the mBO medium supplemented with 5 mg/ml  
149 BSA and 10  $\mu\text{g/ml}$  heparin (IVF medium) to yield a concentration of  $4 \times 10^7$  sperm cells/ml.  
150 Ten to 12 oocytes in the IVF medium were coincubated with the above-mentioned sperm  
151 suspension at a final concentration of  $8 \times 10^6$  sperm cells/ml for 6 h in a 100- $\mu\text{l}$  microdrop  
152 under mineral oil at 38.5 °C under 5% CO<sub>2</sub> in air.

153 Up to 30 presumptive zygotes (6 h postinsemination [hpi]) were cultured in a 250- $\mu\text{l}$   
154 microdrop of modified synthetic oviduct fluid (mSOF; Holm *et al.* 1999) supplemented with  
155 30  $\mu\text{l/ml}$  of essential amino acids solution (50  $\times$ ; 11130; Gibco), 10  $\mu\text{l/ml}$  of non-essential  
156 amino acids solution (100  $\times$ ; 11140; Gibco), and 5% FBS (defined hereafter as mSOFaa with  
157 5% FBS) at 39.0 °C under 5% CO<sub>2</sub>, 5% O<sub>2</sub>, and 90% N<sub>2</sub>. The cleavage rate was determined  
158 on Day 2 (Day 0 = day of IVF), and the appearance of expanded blastocysts was recorded on  
159 Day 7 and Day 8.

160

### 161 **Blastocyst cell number**

162 Fully expanded blastocysts harvested on Day 8 were analyzed for total cell number.  
163 Blastocysts were washed three times in PBS supplemented with 0.1% polyvinylpyrrolidone  
164 (PVP) and fixed in 4% paraformaldehyde (PFA) for 30 min at room temperature. The  
165 blastocysts were then stained with 10  $\mu\text{g/ml}$  Hoechst 33342 for 10 min in a dark condition.  
166 After being washed three times in PBS with 0.1% PVP and mounted with coverslip in  
167 antifade agent (100 mg 1,4-diazabicyclo[2.2.2]octane in 1 ml glycerol), the total cell number  
168 was determined under an epifluorescence microscope.

169

170 **Blastocyst ploidy**

171 For chromosomal preparation, Day 8 expanded blastocysts were further cultured for 17 h in  
172 the mSOFaa with 5% FBS containing 30 ng/ml vinblastine sulfate as a mitotic inhibitor at  
173 38.5 °C under 5% CO<sub>2</sub> in air (Yoshizawa *et al.* 1998). The blastocysts were then transferred in  
174 a 400- $\mu$ l hypotonic solution of 1% sodium citrate for 15–23 min, and fixed mildly by adding  
175 20- $\mu$ l acetic acid:ethanol mixture (1:1) into the hypotonic solution. After 5 min, each  
176 blastocyst was placed onto a slide glass, and blastomeres were separated by adding a small amount of acetic acid. Finally, chromosome  
177 preparations were fixed with several drops of acetic acid:ethanol mixture, air-dried overnight,  
178 and stained with 4% Giemsa solution (diluted with PBS [pH6.8]; Wako) for 10 min. The  
179 chromosomal preparations were observed for ploidy under a light microscope with a  
180 magnification of  $\times$  400.

182

183 **ROS level**

184 To measure the change in ROS level, oocytes after recovery culture were washed three times  
185 in PBS with 0.1% PVP and incubated for 30 min with 10  $\mu$ M  
186 2',7'-dichlorodihydrofluorescein diacetate (DCHFDA) suspended in PBS in a dark condition.  
187 Then, the oocytes were rinsed three times in PBS with 0.1% PVP and mounted with  
188 coverslips in the antifade agent. Digital images were collected at 2  $\mu$ m distance and stacked  
189 using a confocal laser scanning microscope (FV1000-D; Olympus, Tokyo, Japan). The  
190 fluorescence intensity of each oocyte was measured using Image-J software (National  
191 Institutes of Health, Bethesda, ML, USA; accessed online). In each replicate, the mean value

192 in the vitrified-warmed control group was defined as 1.0, and the relative values were given  
193 for those in the fresh control and 300  $\mu$ M  $\alpha$ -tocopherol groups.

194

### 195 **Mitochondrial activity**

196 To measure mitochondrial activity of oocytes after recovery culture, oocytes were washed  
197 three times in PBS with 0.1% PVP, fixed in 4% PFA for 30 min at room temperature, and then  
198 incubated for 15 min in PBS with 0.1  $\mu$ g/ml of MitoTracker Red CMXRos (Lonza  
199 Walkerscille Inc., Walkerscille, MD, USA) in a dark condition. Then, the  
200 mitochondria-labeled oocytes were rinsed three times in PBS with 0.1% PVP and mounted  
201 with coverslips in the antifade agent. The fluorescence intensity of each oocyte at the largest  
202 diameter was measured using the Image-J analysis software under the confocal laser-scanning  
203 microscope. In each replicate, the mean value in the vitrified-warmed control group was  
204 defined as 1.0, and the relative values were given for those in the fresh control and 300  $\mu$ M  
205  $\alpha$ -tocopherol groups.

206

### 207 **CG distribution**

208 Oocytes after recovery culture were fixed in 4% PFA for 30 min at room temperature, after  
209 zona pellucida had been removed in M2 medium (Quinn *et al.* 1982) with 0.75% protease  
210 (Pronase™; Calbiochem, Darmstadt, Germany). Membranes of the oocytes were  
211 permeabilized overnight in PBS with 0.1% Triton X-100 and 0.3% BSA at 4 °C, and then the  
212 oocytes were incubated for 15 min in PBS with 100 ng/ml fluoresceine isothiocyanate  
213 (FITC)-conjugated *lens culinaris* agglutinin (LCA; Vector Laboratories, Burlingame, CA,  
214 USA) in a dark condition. The oocytes were rinsed three times in PBS with 0.1% PVP and

215 mounted with coverslips in the antifade agent. Digital images were collected using the  
216 confocal laser-scanning microscope. According to the categories previously reported (Goud *et*  
217 *al.* 2005), distribution of the CGs periphery to oolemma of each oocyte was classified either  
218 as intact, minor loss, or major loss (Fig. 1).

219

## 220 **Microtubule assembly**

221 To assess microtubule assembly in pronuclear-stage zygotes, inseminated oocytes were  
222 cultured for an additional 4 h in TCM-199 with 20% FBS at 38.5 °C under 5% CO<sub>2</sub> in air, and  
223 then immunostained according to the method described previously (Hara *et al.* 2011). The  
224 zygotes were extracted for 15 min by buffer M (25% glycerol, 50 mM KCl, 0.5 mM MgCl<sub>2</sub>  
225 0.1 mM EDTA, 1 mM EGTA and 50 mM imidazole hydrochloride, pH 6.8) that contained  
226 5% methanol and 1% Triton X-100, after zonae pellucidae had been removed in M2 medium  
227 with 0.75% protease. The zygotes were then fixed in PBS with 4% PFA for 45 min and  
228 permeabilized overnight in PBS with 0.1% Triton X-100. Microtubules were labeled with a  
229 monoclonal antibody against  $\alpha$ -tubulin (T5168; diluted 1:1000). The primary antibodies were  
230 detected by FITC-conjugated goat anti-mouse IgG (F1010; diluted 1:200). Nuclear DNA was  
231 visualized by counterstaining with 2.5  $\mu$ g/ml 4',6-diamidino-2-phenylindole (DAPI).  
232 Preparations were mounted with coverslips in antifade agent, and digital images collected at 2  
233  $\mu$ m distance were stacked using the confocal laser scanning microscope and assessed with the  
234 Image-J software. Zygotes with 2 pronuclei (2PN) were defined as those that fertilized  
235 normally, and classified either those with single sperm aster or multiple sperm asters (Fig. 2).

236

## 237 **Statistics**

238 Experiments were replicated at least four times in each group. Percentage data for cleavage  
239 and blastocyst development were arcsin-transformed and compared to untreated postwarming  
240 controls by paired Student's *t*-test following Bonferroni correction. Blastocyst cell number  
241 data, relative data for ROS level and mitochondrial activity, and arcsin-transformed  
242 percentage data for intact CG status and single aster formation were compared by one-way  
243 analysis of variance (ANOVA). When the ANOVA was significant, differences among means  
244 were analyzed by Tukey's test. A value of  $P < 0.05$  was defined as a significant difference,  
245 except in cases of Bonferroni correction.

246

## 247 **Results**

248

### 249 **Blastocyst development of oocytes after recovery culture**

250 All the postwarming oocytes in 5 replicates ( $n = 320$ ) appeared morphologically normal and  
251 were cultured for 2 h with or without antioxidant supplementation prior to IVF. In addition to  
252 these vitrified oocytes, fresh oocytes ( $n = 105$ ) were subjected to the IVF protocol. A  
253 significant difference ( $P < 0.017$ ) was detected in Day 8 blastocyst yield between the  
254 untreated control and  $\alpha$ -tocopherol-treated groups (25.8% versus 36.3%), while no significant  
255 differences were detected in Day 2 cleavage rate (Table 1). Supplementation of L-ascorbic  
256 acid to recovery culture medium had no effect on rescuing the vitrified-warmed oocytes  
257 (blastocyst yield at Day 8, 27.5%).

258 In the next experiment to examine the higher concentrations of  $\alpha$ -tocopherol, all the  
259 postwarming oocytes ( $n = 638$ ) were subjected to 6 replicates of recovery culture, and IVF  
260 with fresh control oocytes was carried out in parallel ( $n = 130$ ). Blastocyst yield on Day 8 was

261 significantly higher ( $P < 0.01$ ) than the control when the highest concentration of  $\alpha$ -tocopherol  
262 (300  $\mu\text{M}$ ) was supplemented (35.1% versus 19.2%; Table 2). Supplementation of the lower  
263 concentrations of  $\alpha$ -tocopherol (10, 30 and 100  $\mu\text{M}$ ) resulted in improved yields, but with no  
264 significant differences from the control (26.9 to 30.8% versus 19.2%,  $P = 0.104$  to 0.251).

265

### 266 **Quality analyses of the blastocysts**

267 Mean total cell number of blastocysts derived from postwarming oocytes after  
268  $\alpha$ -tocopherol-free recovery culture (107.8,  $n = 21$ ) was significantly lower ( $P < 0.05$ ) than that  
269 of fresh control blastocysts (158.0,  $n = 25$ ), as shown in Fig. 3. Mean total cell number of  
270 blastocysts derived from postwarming oocytes with recovery culture in 300  $\mu\text{M}$   $\alpha$ -tocopherol  
271 (143.4,  $n = 14$ ) did not differ from that of the fresh control blastocysts. The difference in mean  
272 total cell number between 0  $\mu\text{M}$   $\alpha$ -tocopherol-treated and 300  $\mu\text{M}$   $\alpha$ -tocopherol-treated  
273 groups (both for vitrified oocytes) was significant ( $P < 0.05$ ).

274 In chromosomal ploidy analysis, the proportions of normal diploid blastocysts ( $2n = 60$ )  
275 were 84.6% (11/13), 81.3% (13/16) and 100% (15/15) in fresh control, 0  $\mu\text{M}$   $\alpha$ -tocopherol  
276 and 300  $\mu\text{M}$   $\alpha$ -tocopherol groups, respectively. Abnormal blastocysts included 1 tetraploid  
277 and 1 mixploid (tetraploid/diploid) in the fresh control group, and 1 triploid, 1 mixploid ( $2n =$   
278 50/60) and 1 aneuploid ( $2n = 83$ ) in the 0  $\mu\text{M}$   $\alpha$ -tocopherol group.

279

### 280 **Changes detected in oocytes or pronuclear zygotes**

281 Three parameters were traced in oocytes immediately after recovery culture. Postwarming  
282 oocytes treated for 2 h with 300  $\mu\text{M}$   $\alpha$ -tocopherol showed decreased level of ROS (relative  
283 value 0.73,  $n = 30$ ) when compared with 0  $\mu\text{M}$   $\alpha$ -tocopherol group (1.00,  $n = 31$ ), but oocyte

284 vitrification procedure employed here was not the critical factor increasing the intracellular  
285 ROS level as fresh control value (0.98, n = 30) (Fig. 4A). The relative mitochondrial activities  
286 were comparable among fresh reference (0.89, n = 26), 0  $\mu$ M  $\alpha$ -tocopherol (1.00, n = 23) and  
287 300  $\mu$ M  $\alpha$ -tocopherol (0.84, n = 23) groups (Fig. 4B). In addition, distribution pattern of the  
288 CG was similar among the fresh reference (intact 57.1%, intact + minor loss 82.0%, n = 51), 0  
289  $\mu$ M  $\alpha$ -tocopherol (intact 57.6%, intact + minor loss 79.1%, n = 52) and 300  $\mu$ M  $\alpha$ -tocopherol  
290 (intact 58.0%, intact + minor loss 84.0%, n = 50) groups (Fig. 4C).

291 Pronuclear-stage zygotes at 10 hpi were immunostained against  $\alpha$ -tubulin to assess their  
292 cytoplasmic potential for microtubule assembly. Normal fertilization rates in the  
293 vitrified-warmed oocytes (57.7 and 59.1% in 0 and 300  $\mu$ M  $\alpha$ -tocopherol groups,  
294 respectively) were not different from that in the fresh reference group (60.6%; Table 3).  
295 Regardless of vitrification, proportions of the 2PN zygotes forming one or more sperm asters  
296 were also comparable among the groups (94.2 to 98.3%). A higher incidence of multi-aster  
297 formation in vitrified-warmed oocytes (52.0% versus 15.3% in fresh reference group;  $P <$   
298 0.05) was observed when the oocytes were not treated with  $\alpha$ -tocopherol during the recovery  
299 culture. However, the multi-aster formation in vitrified-warmed oocytes was inhibited when  
300 the oocytes were treated with  $\alpha$ -tocopherol in the postwarming culture (9.7%). Inversely, the  
301 single-aster formation rate of vitrified-warmed oocytes in the  $\alpha$ -tocopherol treated group  
302 (90.3%) was similar to that of fresh reference oocytes (84.7%).

303

## 304 **Discussion**

305

306 A short-term culture of vitrified-warmed bovine oocytes with  $\alpha$ -tocopherol contributed to  
307 inhibit high incidence of multiple aster formation (Table 3) and improve development into  
308 normal blastocysts (Tables 1, 2 and Fig. 3). These results are similar to those described in our  
309 previous report (Hwang *et al.* 2013) where ROCK inhibitor was used to rescue the  
310 vitrified-warmed bovine oocytes. The high revivability obtained here (maximum Day-8  
311 blastocyst yield at 36.3%) is partially due to the improved baseline of blastocyst yield by  
312 availability of the fresh (=within 6 h after slaughter) bovine ovaries, when compared to the  
313 previous report using 1-day-stored ovaries (21.4%; Hwang *et al.* 2013). Higher incidence of  
314 multiple-aster formation was observed in vitrified-warmed bovine oocytes after IVF, and  
315 pronuclear development and migration were delayed in the zygotes with multiple-aster  
316 formation (Hara *et al.* 2012). In most mammalian species except for rodents, spermatozoal  
317 centrosome plays a critical role in assembly of microtubule network (sperm aster) that brings  
318 both male and female pronuclei to the center of the newly formed zygote (Navara *et al.* 1996).  
319 Thus, the centrosome is considered to be the MTOC, with duplication during the pronuclear  
320 stage and the subsequent separation to serve as mitotic centers anchoring the chromosomes  
321 during the first cleavage (Chen *et al.* 2003, Schatten and Sun 2009). Abnormalities of the  
322 spindle, MTOC function and sperm aster have been shown to directly correlate with the loss  
323 of developmental potential after IVF, because they are crucial for completion of the second  
324 meiosis, extrusion of the polar body, migration of the pronuclei, and formation of the first  
325 mitotic spindle (Schatten *et al.* 1985).

326 Interestingly in contrast to  $\alpha$ -tocopherol, supplementation of L-ascorbic acid into the  
327 recovery culture medium had no effect on improvement of blastocyst yield from  
328 vitrified-warmed mature bovine oocytes (Table 1). We have also reported that chemical

329 treatment of bovine oocytes to increase intracellular glutathione level, which also acts as a  
330 radical scavenger, did not alter their cryotolerance (Hara *et al.* 2014). These differences might  
331 be associated with the affinity of antioxidants, since the hydrophobic  $\alpha$ -tocopherol protects  
332 lipid bilayer of the plasma membrane from oxidative stress (Gutnisky *et al.* 2013). Oxidative  
333 stress increases membrane fluidity through cleavage of the lipid acyl chain (Tai *et al.* 2010).  
334 Such alterations in membrane property might disturb uptake of extracellular components  
335 essential for supporting physiological aster formation. On the other hand, no significant  
336 changes were detected in intracellular ROS level between fresh and untreated postwarming  
337 oocytes although  $\alpha$ -tocopherol treatment suppressed the ROS formation (Fig. 4A). In some  
338 independent experiments for comparison between fresh control oocytes and postwarming  
339 non-cultured oocytes, no differences were found in the ROS level (data not shown). This  
340 phenomenon is not coincident with recent report where intracellular ROS level increased in  
341 mouse blastocysts vitrified-warmed using nylon loop as cryodevice (Martino *et al.* 2013).  
342 During vitrification of bovine oocytes using Cryotop device, oxidative stress might  
343 concentrate only to the plasma membrane.

344 Two other parameters (mitochondrial activity and CG distribution) were investigated to  
345 understand the possible role of  $\alpha$ -tocopherol in rescuing vitrified-warmed bovine oocytes.  
346 Mitochondrial activity in postwarming bovine oocytes was fully restored during the recovery  
347 culture (Fig. 4B), as shown by our previous time-dependent observation (Hwang *et al.* 2013).  
348 Maintenance of ATP contents in bovine IVM oocytes by cyclosporine treatment can improve  
349 parthenogenetic development into blastocysts after oocyte vitrification (Zhao *et al.* 2011). No  
350 significant changes were also detected between  $\alpha$ -tocopherol-treated and untreated  
351 postwarming oocytes in CG distribution (Fig. 4C). Premature release of CG has been

352 observed in cryopreserved oocytes and considered to be responsible for the failure of sperm  
353 penetration or the incidence of polyspermic fertilization (Carroll *et al.* 1990, Fuku *et al.* 1995).  
354 In preliminary trials, CG distribution pattern difficult to be categorized as in Fig. 1 was  
355 observed in bovine oocytes immediately after warming (data not shown). Ultrastructure of  
356 bovine oocytes immediately after OPS vitrification and warming indicated the presence of  
357 small membrane-bound vesicles and the partial lack of CGs aligned along the oolemma  
358 (Hyttel *et al.* 2000). Same authors also noted that postwarming oocytes after additional 2 h  
359 culture had less abundant small vesicles and more degenerating CG clusters.

360 Two quality analyses of blastocysts (total cell number and chromosomal ploidy) did not  
361 show any disadvantageous features in Day 8 blastocysts derived from  $\alpha$ -tocopherol-treated  
362 postwarming oocytes when compared to fresh control blastocysts. There might be a larger  
363 part of blastocysts developed from multiaster-formed zygotes, which had suffered delayed  
364 pronuclear development and migration, in untreated control group. However, increased total  
365 cell number of Day 8 blastocysts derived from  $\alpha$ -tocopherol-treated versus untreated  
366 postwarming oocytes (Fig. 3) is not explained by their different developmental kinetics until  
367 Day 8, because Hoechst-staining was performed only for fully expanding blastocysts. This  
368 difference may be due to improved ooplasmic environment including elevation of MPF  
369 activity (Motlik & Kubelka 1990), which can organize normal microtubule assembly after the  
370 subsequent IVF. Any possible epigenetic differences, which might result from  $\alpha$ -tocopherol  
371 treatment, have not been investigated using the resultant blastocysts in the present study, and  
372 remained to be investigated in future. Ultimate quality analysis of vitrified-warmed bovine  
373 oocytes is undoubtedly the production of live calves following transfer of the resultant  
374 blastocysts into uteri of recipient cows. Proof whether the  $\alpha$ -tocopherol treatment for

375 post-warming oocytes is not only supportive for higher formation of blastocysts, but also for  
376 normal offspring production would be of great impact in the veterinary field.

377 In conclusion,  $\alpha$ -tocopherol treatment of bovine IVM oocytes during recovery culture  
378 after Cryotop vitrification can improve their revivability, as shown by the high blastocyst  
379 yield and the higher mean total cell number in the blastocysts.

380

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384

### 385 **Declaration of interest**

386 The authors have no conflict of interest to declare.

387

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**Table 1** Effect of L-ascorbic acid and  $\alpha$ -tocopherol during recovery culture on developmental competence of vitrified-warmed oocytes

Chemicals	No. (%) of oocytes		No. (%) of blastocysts	
	Inseminated	Cleaved	Harvested on Day 7	Harvested on Day 7+8
Untreated control	108	89 (83.3 $\pm$ 6.0)	22 (20.5 $\pm$ 6.0) <sup>a</sup>	28 (25.8 $\pm$ 6.6) <sup>a</sup>
L-ascorbic acid	106	75 (70.9 $\pm$ 2.7)	30 (22.6 $\pm$ 2.7) <sup>a</sup>	30 (27.5 $\pm$ 2.5) <sup>a</sup>
$\alpha$ -tocopherol	106	73 (69.6 $\pm$ 2.9)	24 (23.0 $\pm$ 2.9) <sup>a</sup>	38 (36.3 $\pm$ 5.2) <sup>b</sup>
Fresh control	105	79 (75.4 $\pm$ 1.9)	43 (41.3 $\pm$ 1.9) <sup>b</sup>	55 (52.6 $\pm$ 5.5) <sup>b</sup>

Percentages are expressed as mean  $\pm$  SE of 5 replicates in each group.

<sup>a,b</sup> Different superscripts within columns denote significant difference from untreated control group (paired Student's *t*-test with Bonferroni correction,  $P < 0.017$ ).

**Table 2** Effect of different  $\alpha$ -tocopherol concentrations during recovery culture on developmental competence of vitrified-warmed oocytes

Concentration of $\alpha$ -tocopherol ( $\mu$ M)	No. (%) of oocytes		No. (%) of blastocysts	
	Inseminated	Cleaved	Harvested on Day 7	Harvested on Day 7+8
0 (untreated control)	125	103 (82.5 $\pm$ 2.2)	15 (12.1 $\pm$ 3.5) <sup>a</sup>	24 (19.2 $\pm$ 4.7) <sup>a</sup>
10	127	108 (85.1 $\pm$ 2.2)	24 (17.3 $\pm$ 1.5) <sup>a</sup>	39 (30.8 $\pm$ 4.9) <sup>a</sup>
30	129	108 (83.7 $\pm$ 1.1)	26 (20.2 $\pm$ 4.8) <sup>a</sup>	36 (27.9 $\pm$ 3.6) <sup>a</sup>
100	131	104 (79.5 $\pm$ 4.6)	24 (18.4 $\pm$ 3.9) <sup>a</sup>	35 (26.9 $\pm$ 4.4) <sup>a</sup>
300	126	110 (87.4 $\pm$ 3.1)	30 (23.8 $\pm$ 2.1) <sup>a</sup>	44 (35.1 $\pm$ 3.0) <sup>b</sup>
Fresh control	130	101 (77.7 $\pm$ 4.3)	66 (50.6 $\pm$ 5.9) <sup>b</sup>	78 (60.0 $\pm$ 2.7) <sup>b</sup>

Percentages are expressed as mean  $\pm$  SE of 6 replicates in each group.

<sup>a,b</sup> Different superscripts within columns denote significant difference from untreated control group (paired Student's *t*-test with Bonferroni correction,  $P < 0.01$ ).

**Table 3** Effect of  $\alpha$ -tocopherol treatment during recovery culture on sperm aster formation of vitrified-warmed and in vitro-fertilized oocytes

Groups	No. (%) of oocytes		No. (%) of aster-forming zygotes		
	Inseminated	Fertilized: 2PN	Total	Single aster	Multiple asters
Untreated control	52	28 (57.7 $\pm$ 2.5)	27 (96.0 $\pm$ 4.0)	13 (48.0 $\pm$ 2.0) <sup>a</sup>	14 (52.0 $\pm$ 2.0) <sup>a</sup>
$\alpha$ -tocopherol-treated	50	33 (59.1 $\pm$ 3.4)	31 (94.2 $\pm$ 3.6)	28 (90.3 $\pm$ 4.1) <sup>b</sup>	3 (9.7 $\pm$ 4.1) <sup>b</sup>
Fresh control	94	58 (60.6 $\pm$ 5.4)	67 (98.3 $\pm$ 1.7)	58 (84.7 $\pm$ 4.5) <sup>b</sup>	9 (15.3 $\pm$ 4.5) <sup>b</sup>

Percentages are expressed as mean  $\pm$  SE of 6 replicates in each group.

<sup>a,b</sup> Different superscripts within columns denote significant differences among groups (Tukey's test,  $P < 0.05$ ).

## Figure legends

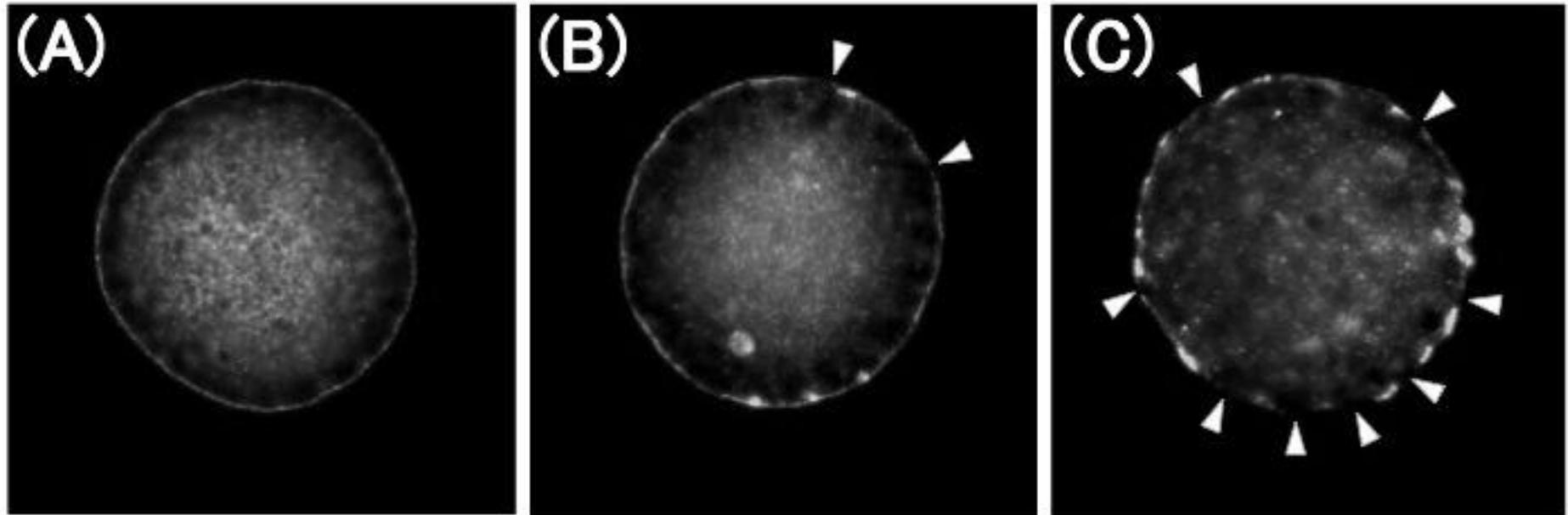
**Figure 1** Classification of peripheral cortical granule (CG) distribution. A: Intact CG alignment periphery to oolemma (100% stained). B: Minor CG loss ( $\geq 90\%$  stained). C: Major CG loss ( $< 90\%$  stained). Arrowheads indicate periphery areas without CG alignment.

**Figure 2** Pronuclear zygotes immunostained against  $\alpha$ -tubulin (green) and counterstained with DAPI (blue). A: Normal zygote with a single sperm aster. B: Abnormal zygote with multiple sperm asters.

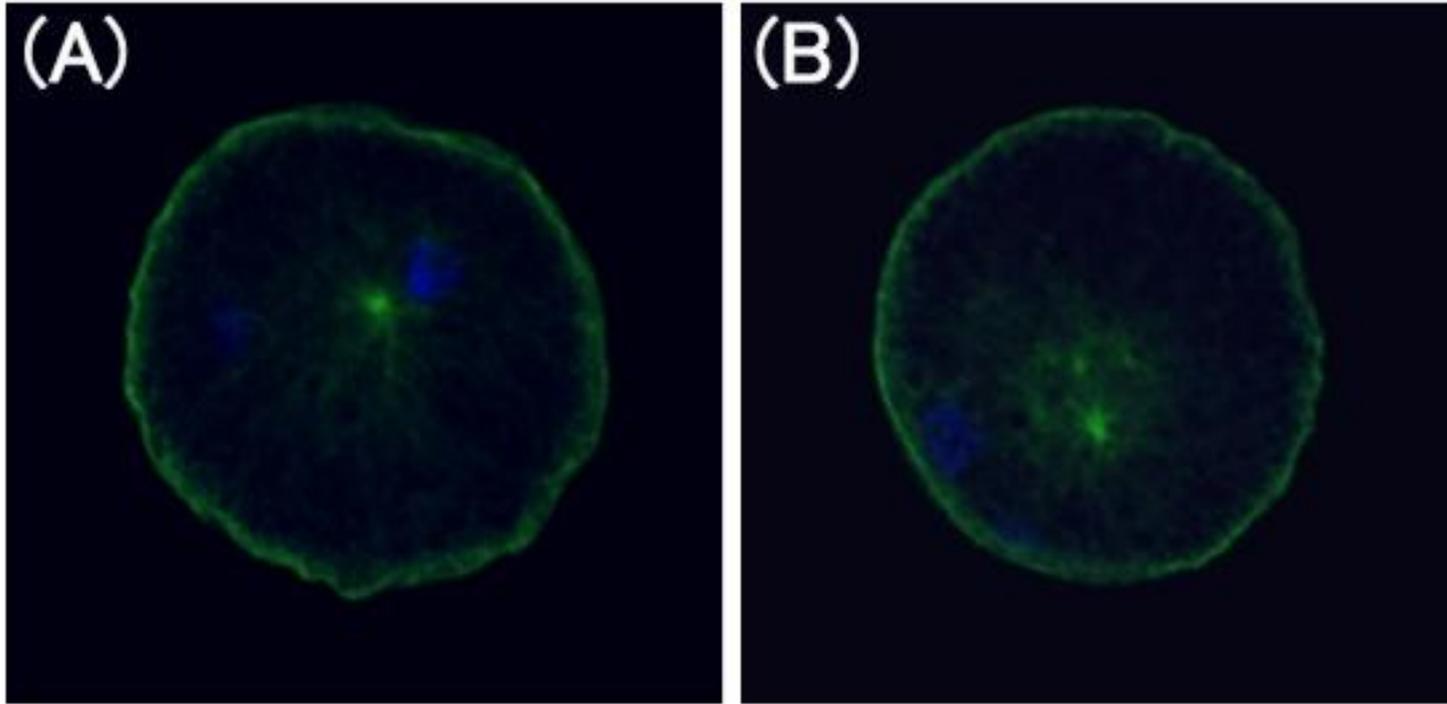
**Figure 3** Total cell number of Day 8 expanded blastocysts derived from fresh oocytes, as well as vitrified-warmed oocytes after recovery culture with or without  $\alpha$ -tocopherol. Different letters show significant differences ( $P < 0.05$ ).

**Figure 4** Level of reactive oxygen species (A), mitochondrial activity (B), and distribution of cortical granules (C) in vitrified-warmed oocytes after recovery culture with or without  $\alpha$ -tocopherol. Categories in panel-C; Black column: Intact, Gray column: Minor loss, White column: Major loss.

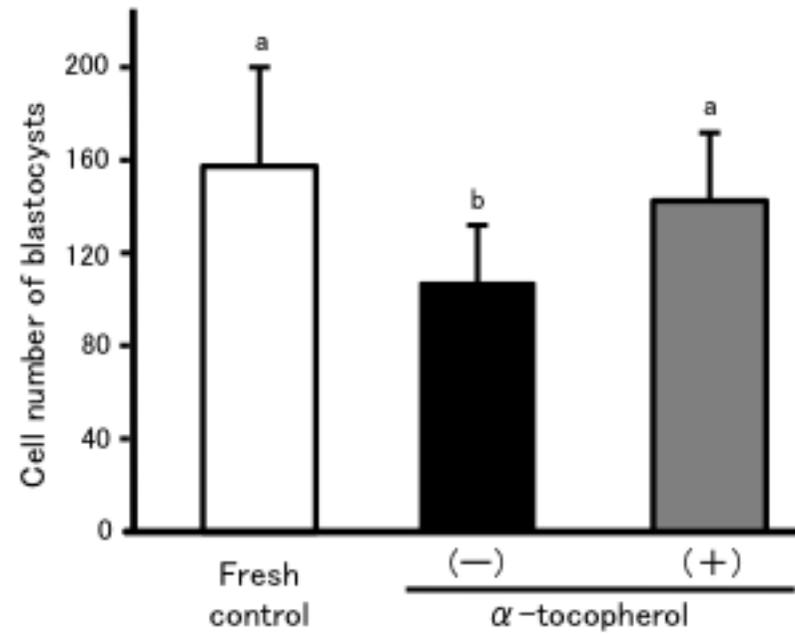




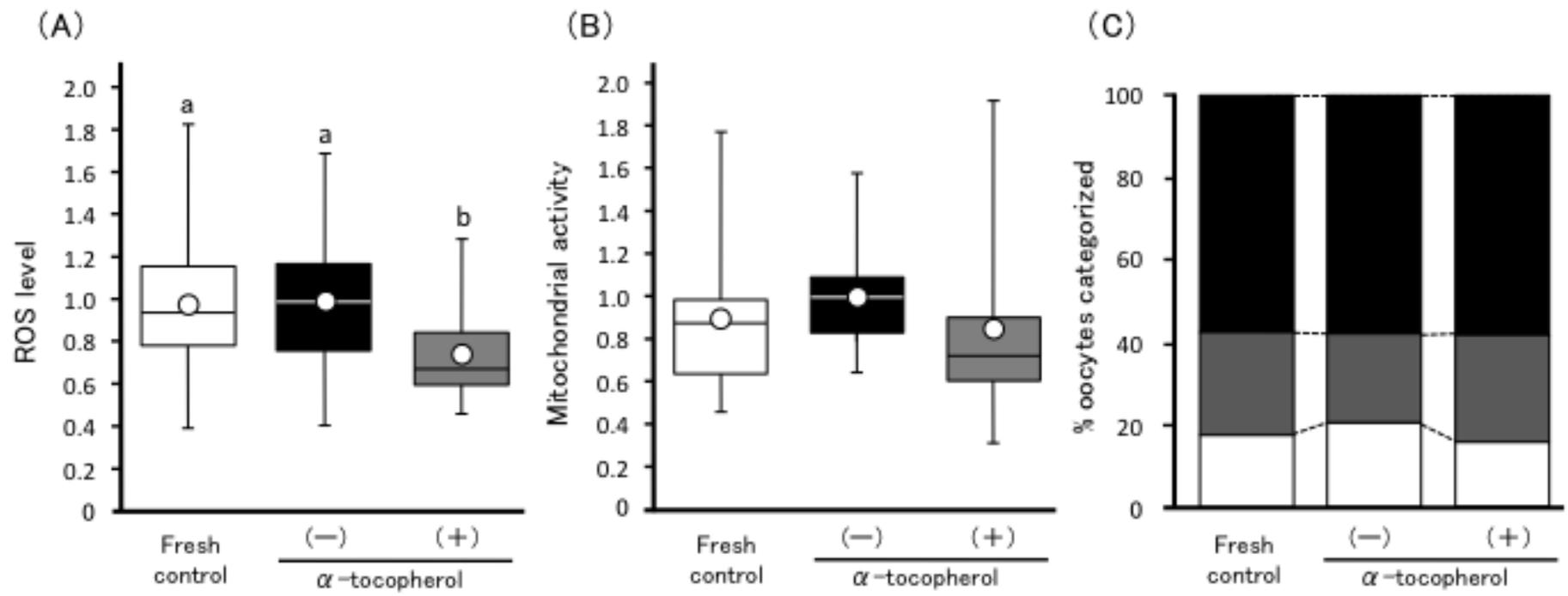
(Figure 1)



(Figure 2)



(Figure 3)



(Figure 4)