

Endocrinology

Adrenomedullin ameliorates pulmonary fibrosis by regulating TGF- β -Smads signaling and myofibroblast differentiation

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March 30, 2021
Dr. Carol A. Lange

Editor-in-Chief, Endocrinology

Dear Dr. Lange:

We would be very grateful if you would consider our manuscript, entitled "Adrenomedullin ameliorates pulmonary fibrosis by regulating TGF- β -Smads signaling and myofibroblast differentiation" by Yangxuan Wei et al., for publication in Endocrinology.

Endogenous bioactive peptides and their receptors play pivotal roles in the maintenance of homeostasis, and they are considered to be important drug targets for the treatment of various diseases. Adrenomedullin (AM) is a peptide hormone originally identified as a vasodilator. Using gene engineering to alter expression of AM and its related molecules in mice, we have reported on the various pathophysiological functions of AM in vivo. We and other groups have shown that AM's functions are regulated by receptor activity-modifying protein 2, or RAMP2: homozygous AM or RAMP2 knockout is embryonically lethal.

In the present study, we investigated the pathophysiological significance of the AM-RAMP2 system in the lung using the bleomycin (BLM)-induced pulmonary fibrosis model in mice. In heterozygous AM (AM \pm) or RAMP2 \pm knockout mice, inflammation during the early acute phase and fibrosis during the later chronic phase were both exacerbated compared to control wild-type mice. Contrary, AM administration suppressed the severity of fibrosis.

The TGF- β -Smads pathway is a major mediator of tissue fibrosis. In the lungs of BLM-administered AM \pm mice, activation of Smad3, a receptor activated Smad, was enhanced, whereas Smad7, an antagonistic Smad, was downregulated. We also found that miR-21, a pro-fibrotic microRNA that targets and suppresses Smad7, was upregulated. TGF- β -stimulated lung fibroblasts derived from AM \pm mice, preferentially differentiated into myofibroblasts. Notably, nonproliferating myofibroblasts (non-p-MyoFbs), which are larger in size and show greater contractility with higher α -SMA expression and greater production of extracellular matrix and chemokines, but lower proliferative capacity, were specifically increased in AM \pm mice. We suggest that non-p-MyoFbs are related to the severity of pulmonary fibrosis.

These observations indicate that in addition to suppressing inflammation during the early phase of fibrosis, the AM-RAMP2 system also suppresses fibrosis progression by regulating miR-21 expression, the TGF- β -Smads pathway, and non-p-MyoFb differentiation during the chronic phase. This makes the AM-RAMP2 system a promising new target for the treatment of pulmonary fibrosis, for which there are currently limited therapeutic options.

We believe this paper will be of great interest to the readers of Endocrinology. The manuscript has not been published and is not being considered for publication elsewhere in whole or in part in any language.

Dr. Kathleen Caron (University of North Carolina) and Hiroki Kurihara (University of Tokyo) are our competitors generating the same gene-engineered mice, so please do not send them our manuscript.

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Authors' contributions
YW carried out the experiments and wrote the manuscript. MT helped gene expression analysis. TS and AK generated genetically engineered mice. YI and HK helped histological analysis. NC and SK helped Western blot analysis. YZ and KA helped cellular experiments. HS helped FACS analysis. TS planned the experiments and supervised the manuscript.

Conflicts of interest
The authors declare no conflicts of interest associated with this manuscript.

1 **Adrenomedullin ameliorates pulmonary fibrosis**
2 **by regulating TGF- β -Smads signaling and myofibroblast differentiation**

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16 **Short running head:** Amelioration of pulmonary fibrosis by AM

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55 expression analysis. TS and AK generated genetically engineered mice. YI and HK
56 helped histological analysis. NC and SK helped Western blot analysis. YZ and KA helped
57 cellular experiments. HS helped FACS analysis. TS planned the experiments and
58 supervised the manuscript.

59

60 **Conflicts of interest**

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62

63

64 **Abstract**

65 Pulmonary fibrosis is an irreversible, potentially fatal disease. Adrenomedullin
66 (AM) is a multifunctional peptide whose activity is regulated by receptor activity-
67 modifying protein 2 (RAMP2). In the present study, we used the bleomycin (BLM)-
68 induced mouse pulmonary fibrosis model to investigate the pathophysiological
69 significance of AM-RAMP2 system in the lung. In heterozygous AM knockout mice
70 (AM^{+/-}), hydroxyproline content and Ashcroft score representing the fibrosis severity
71 were significantly higher than in wild-type mice (WT). During the acute phase after
72 BLM administration, FACS analysis showed significant increases in eosinophil,
73 monocyte, and neutrophil infiltration into the lungs of AM^{+/-}. During the chronic phase,
74 fibrosis-related molecules were upregulated in AM^{+/-}. These changes were also
75 confirmed in RAMP2^{+/-}. Contrary, AM administration suppressed the severity of
76 fibrosis. In the lungs of BLM-administered AM^{+/-}, the activation level of Smad3, a
77 receptor-activated Smad, was higher than in WT. Smad7, an antagonistic Smad, was
78 downregulated, and microRNA 21, which targets Smad7, was upregulated compared to
79 WT. Isolated AM^{+/-} lung fibroblasts showed lower proliferation and migration capacity
80 than WT fibroblasts. Stimulation with TGF- β increased the number of α -SMA-positive
81 myofibroblasts, which were more prominent among AM^{+/-} cells. TGF- β -stimulated
82 AM^{+/-} myofibroblasts were larger and exhibited greater contractility and extracellular
83 matrix production than WT cells. These cells were α -SMA (+), F-actin (+) and Ki-67(-)
84 and appeared to be nonproliferating myofibroblasts (non-p-MyoFbs), which contribute
85 to the severity of fibrosis. From these results, we suggest that in addition to suppressing
86 inflammation, the AM-RAMP2 system ameliorates pulmonary fibrosis by suppressing
87 TGF- β -Smad3 signaling, microRNA-21 activity and differentiation into non-p-MyoFbs.

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96 **Non-standard Abbreviations**

97 AM: Adrenomedullin

98 RAMP: Receptor activity-modifying protein

99 CLR: Calcitonin receptor-like receptor

100 BLM: Bleomycin

101 WT; wild-type

102 α -SMA; α -smooth muscle actin

103 MT; Masson trichrome

104 TGF- β ; transforming growth factor- β

105 non-p-MyoFb: nonproliferating myofibroblasts

106

107 **Key Words**

108 Adrenomedullin ■ RAMP2 ■ Pulmonary fibrosis ■ Myofibroblast ■ TGF- β ■ Smad ■

109 microRNA-21

110

111 **Introduction**

112 Idiopathic interstitial pneumonia is an intractable disease in which pulmonary
113 fibrosis gradually progresses over a chronic course in most cases. As respiratory failure
114 worsens, the patient's quality of life is significantly reduced, and the average survival time
115 after diagnosis is reportedly only 3 to 5 years (1,2). Although several antifibrotic drugs
116 have been launched in recent years, they provide little relief to this group of patients.
117 Consequently, providing patients suffering from idiopathic interstitial pneumonia and
118 pulmonary fibrosis with therapeutic drugs with new mechanisms of action is expected to
119 improve their quality of life and prognosis.

120 Adrenomedullin (AM) is a 52-amino acid vasodilating peptide first identified from
121 human pheochromocytoma (3). AM is now known to play important roles in circulatory
122 regulation and the pathogenesis of cardiovascular disease, and is, itself, is a promising
123 therapeutic agent for the treatment of cardiovascular disease. Although AM is mainly
124 secreted in the cardiovascular system, it is widely distributed in numerous tissues and
125 organs (4), where it functions as a local autocrine/paracrine mediator exhibiting anti-
126 inflammatory, anti-oxidative, anti-apoptotic and antifibrotic effects, among others (5).
127 AM production and secretion are induced by inflammatory cytokines such as tumor
128 necrosis factor- α and interleukin (IL)-1. Conversely, AM induces downregulation of
129 inflammatory cytokines in cultured cells and various animal models (6). In fact, AM is
130 currently undergoing clinical trials for patients with chronic and refractory inflammatory
131 bowel disease (7,8).

132 We have generated various mouse knockout models for AM and related molecules.
133 Using those models, we previously observed that homozygous AM knockout (AM^{-/-}) is
134 embryonically lethal at midgestation, with systemic edema and bleeding that are mainly
135 caused by abnormal vascular development (9). These observations make it clear that AM
136 is essential for proper development of the vascular system. On the other hand,
137 heterozygous AM knockout mice (AM^{+/-}) survive, though their AM levels are reduced
138 by about half. Interestingly, AM^{+/-} mice are prone to the development of inflammation
139 and fibrosis (10-12). Conversely, transgenic mice overexpressing AM exhibit resistance
140 to various forms of organ damage (9,13,14), suggesting AM acts as an anti-inflammatory,
141 anti-fibrotic and organ-protective factor.

142 AM is a member of the calcitonin superfamily and acts via a G protein-coupled 7-

143 transmembrane domain receptor, calcitonin receptor-like receptor (CLR) (15). The
144 specificity of CLR for its ligands is regulated by three receptor activity-modifying
145 proteins, RAMP1, -2 and -3 (16). Interestingly, among RAMP knockout mice, only
146 homozygous RAMP2 knockout mice (RAMP2^{-/-}) die at midgestation and reproduce the
147 phenotypes observed in AM^{-/-} mice (17). RAMP2 thus appears to be the key determinant
148 of AM's function during vascular development. As conventional RAMP2 knockout is
149 lethal, we generated vascular endothelial cell-specific RAMP2^{-/-} mice. In these mice, we
150 observed marked accumulation of inflammatory cells around blood vessels and, with
151 aging, spontaneous development of organ fibrosis (18). These results suggest the AM-
152 RAMP2 system is deeply involved in the pathogenesis of inflammation and fibrosis,
153 which in turn raises the possibility of new treatments targeting the activity of the AM-
154 RAMP2 system.

155 Bleomycin (BLM) is a chemotherapeutic agent used to treat cancer, but one of its
156 side effects is pulmonary toxicity. In a BLM-induced pulmonary fibrosis model, it is
157 thought that intratracheally administered BLM directly damages alveolar epithelial cells,
158 leading to the infiltration of inflammatory cells and the development of interstitial fibrosis
159 (19). In the present study, we used the BLM-induced pulmonary fibrosis model to
160 evaluate the pathophysiological significance of AM-RAMP2 and to establish a basis for
161 the treatment and prevention of pulmonary fibrosis using AM itself or through regulation
162 of the AM-RAMP2 system.

163

164 **Methods**

165

166 **Animals**

167 Because homozygous AM or RAMP2 knockout is lethal in utero, we used
168 heterozygous AM (AM+/-) and RAMP (RAMP2+/-) knockout mice, which were
169 previously generated in our group (9,17). In these mice, expression of the affected genes
170 is reduced to approximately half that in wild-type (WT) mice. WT littermates from each
171 knockout mouse line were used as controls. The background of mice used in this study
172 was C57BL/6J. For time course observation of the BLM-induced pulmonary fibrosis
173 model and experiments entailing exogenous administration of AM, male C57BL/6J mice
174 purchased from Charles River Laboratories Japan (Kanagawa, Japan) were used. All mice
175 were maintained according to a strict procedure under specific pathogen-free conditions
176 in an environmentally controlled (12 h light/dark cycle; room temperature, 22 ± 2 °C)
177 breeding room at the Division of Laboratory Animal Research, Department of Life
178 Science, Research Center for Human and Environmental Sciences, Shinshu University.
179 All animal experiments were conducted in accordance with the ethical guidelines of
180 Shinshu University, the Declaration of Helsinki and the NIH Guide for the Care and Use
181 of Laboratory Animals. All experiments were approved by the Shinshu University Ethics
182 Committee for Animal Experiments. Before all invasive procedures, mice were
183 anesthetized through intraperitoneal injection with a combination of 0.3 mg/kg
184 medetomidine (Nippon Zenyaku Kogyo Co. Ltd., Koriyama Japan), 4.0 mg/kg
185 midazolam (Astellas Pharma Inc. Tokyo Japan) and 5.0 mg/kg butorphanol (Meiji Seika
186 Pharma Co. Ltd., Tokyo Japan).

187

188 **BLM-induced pulmonary fibrosis model**

189 Ten- to 12-week-old male AM+/-, RAMP2+/- and WT mice weighing 25 g were
190 intratracheally instilled with 2 mg/kg BLM (NIPPON KAYAKU, Tokyo, Japan) in 50 μ l
191 of sterile saline. The lungs were subsequently removed 3 to 28 days after BLM
192 administration. Left lungs were formalin fixed, paraffin embedded and used for
193 histological analysis. Right lungs were snap frozen and processed for mRNA. Left lungs
194 were also used for hydroxyproline content measurements.

195

196 **Administration of AM to mice**

197 Ten- to 12-week-old male C57BL/6J mice weighing 25 g (Charles River
198 Laboratories Japan) were administered recombinant human AM (provided by Dr. Kenji
199 Kangawa) as described previously (20). Using an osmotic pump (Alzet; DURECT Co,
200 Cupertino, CA), mice in the AM-treated group received continuous subcutaneous
201 administration of AM dissolved in sterile saline. The saline-treated group was used as a
202 control. The infusion rate was 0.05 µg/kg/min. Infusion was started 1 day before BLM-
203 administration and was continued for an additional 3, 7 or 14 days. The effectiveness of
204 human AM in mice is well established (21,22), and the dosage used was selected based
205 on earlier studies (23,24).

206

207 **Hydroxyproline assay**

208 Hydroxyproline assays (Quick Zyme Biosciences, Leiden, The Netherlands) were
209 performed as described previously (25). Briefly, left lungs were homogenized in 6 N
210 hydrochloric acid and hydrolyzed for 20 h at 95°C. After hydrolysis, the tubes were
211 cooled to room temperature and then centrifuged for 10 min at 13,000 rpm, after which
212 the hydrolyzed samples were diluted with water to 4 M HCl, and 35-µl aliquots of
213 standard solution and 4 M HCl samples were pipetted into the appropriate wells. Assay
214 buffer was then added and incubated for 20 min at room temperature while shaking the
215 plate. A mixture of reagents A and B (2:3) was then added, and the samples were
216 incubated at 60°C for 60 min. After cooling the samples to room temperature, absorbance
217 was measured at 570 nm. The hydroxyproline content was determined against a standard
218 curve generated with pure hydroxyproline.

219

220 **FACS analysis**

221 Total lungs were minced into 1 mm pieces and digested for 30 min at 37°C with
222 gentle shaking in 20 ml of Hanks' balanced salt solution (HBSS (+); Wako, Osaka, Japan)
223 supplemented with 0.5 mg/ml collagenase IV (Sigma-Aldrich, St. Louis, MO) and 50
224 U/ml DNase I (Wako). Single-cell suspensions were then filtered through a cell strainer
225 (mesh 100 µm) (AS ONE, Osaka, Japan), and cells resuspended in 1 ml of HBSS with
226 2% FBS were counted using a microscopic counting chamber. After excluding the dead
227 cells using trypan blue, the cell density was adjusted to 1-10 x 10⁶ cells/ml. The cells were

228 then centrifuged to remove the supernatant, after which the Fc Block reaction was run for
229 10 min at 4°C followed by staining with fluorochrome-conjugated antigen-specific
230 antibodies for 20 min at 4°C in the dark. After suspending the cells in 700 µl of FACS
231 buffer (1x PBS, 1% BSA, 2 nM EDTA, 0.05% NaN₃) in a glass tube, 10 µl of 20 µg/ml
232 propidium iodide (PI) was added to each tube.

233 The reagents and fluorochrome-conjugated antibodies used in this research were as
234 follows: TCRβ (H57-597) (RRID: AB_2562562, Cat# 109230) (26), MHC II
235 (M5/114.15.2) (RRID: AB_2290801, Cat# 107629) (27), CD11b (M1/70) (RRID:
236 AB_2629529, Cat# 101263) (28), CD11c (HL3) (RRID: AB_2562414, Cat# 117339)
237 (29), Ly6c (HK1.4) (RRID: AB_2565852, Cat# 128041) (30), Ly6G (1A8) (RRID:
238 AB_1236488, Cat# 127605) (31), CD4 (RM4-5) (RRID: AB_2563054, Cat# 100548)
239 (32), all from BioLegend (San Diego, CA); SiglecF (E50-2440) (RRID: AB_10896143,
240 Cat# 562068) (33), NK1.1 (PK136) (RRID: AB_10563422, Cat# 561117) (34) from BD
241 Bioscience (San Jose, CA); CD45 (30-F11) (RRID: AB_1548790, Cat# 47-0451-80) (35)
242 from Thermo Fisher Scientific (Carlsbad, CA). Anti-CD16/CD32 (Mouse Fc Block)
243 (2.4G2) (RRID: AB_394657, Cat# 553142) (36) from BD Bioscience. PI was purchased
244 from Sigma-Aldrich. Stained cells were analyzed using a FACS Celesta flow cytometer
245 (BD Bioscience). Flow cytometry data were analyzed with Kaluza software (Beckman
246 Coulter, Brea, CA). Gating was performed as shown in Supplementary Figure 1.

247

248 **Real-time qPCR analysis**

249 Total RNA was prepared using TRI REAGEN (Molecular Research Center,
250 Cincinnati, OH) and a DNA-free DNA Removal kit (Ambion, Naugatuck, CT) according
251 to the manufacturer's instructions. For cDNA synthesis, RNA was reverse-transcribed
252 using a High Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City,
253 CA). PCR primers and probes were designed using NCBI Primer-BLAST
254 (<https://www.ncbi.nlm.nih.gov/tools/primer-blast/>) and synthesized by Integrated DNA
255 Technologies (Coralville, IA). The primers and probes used are listed in Table 1.
256 qRT-PCR was performed using SYBR Green (Toyobo, Osaka, Japan) or Realtime PCR
257 Master Mix (Toyobo) and TaqMan probes (MBL, Aichi, Japan) on an ABI Prism 7300
258 Sequence Detection System (Applied Biosystems). The cycling conditions were 50°C for
259 2 min and 95°C for 2 min, followed by 40 cycles of 95°C for 15 s and 60°C for 1 min.

260 Relative mRNA levels were normalized to mouse glyceraldehyde-3-phosphate
261 dehydrogenase mRNA (Pre-Developed TaqMan assay reagents; Applied Biosystems) and
262 calculated using the comparative cycle threshold method ($\Delta\Delta C_t$).

263

264 **Real-time qPCR analysis of microRNA-21 expression**

265 A miRNeasy Mini Kit (QIAGEN, Venlo, Nederland) was used to purify the cellular
266 microRNA. The specific primers were as follows: for microRNA-21 (miR-21), 5'-
267 UAGCUUAUCAGACUGAUGUUGA-3' (mmu-miR-21a-5p, MIMAT0000530,
268 QIAGEN) and for normalization control RNA U6, 5'-
269 GUGCUCGCUUCGGCAGCACAUAUACUAAAAUUGGAACGAUACAGAGAAG
270 AUUAGCAUGGCCCCUGCGCAAGGAUGACACGCAAUUCGUGAAGCGUUC
271 AUAUUUUU-3' (Hs_RNU6-2_11 MS00033740, QIAGEN). For cDNA synthesis, RNA
272 was reverse-transcribed using a miScript Reverse Transcription Kit (QIAGEN), and a
273 miScript SYBR Green PCR Kit was used according to the manufacture's instructions
274 (QIAGEN). Quantitative real-time RT-PCR was performed using a StepOnePlus real-
275 time PCR system (Thermo Fisher Scientific).

276

277 **Histological examination**

278 Lung sections were fixed in 4% formalin neutral buffer, embedded in paraffin, and
279 cut into 4- μ m-thick sections. Some sections were used for hematoxylin/eosin (H&E) and
280 Masson trichrome staining. Immunohistochemical staining was performed using
281 anti-CD45 (RRID: AB_357485, Cat# MAB114, Wako, Osaka, Japan) (37), anti-F4/80
282 (RRID: AB_323806, Cat# MCA497GA, BioRad, Hercules, CA) (38), anti-CD3 (RRID:
283 AB_305055, Cat# ab5690, Abcam, Cambridge, England) (39), and anti- α -SMA (RRID:
284 AB_2223500, Cat# M0851, Dako) (40) antibodies. Biotin-conjugated secondary
285 antibodies and 3,3'-diaminobenzidine (DAB) (Histofine kit, Nichirei, Tokyo, Japan) were
286 used to visualize the labeling of α -SMA, CD3 or F4/80. A VECTASTAIN ABC kit
287 (Vector Laboratories, Burlingame, CA) was used to visualize CD45 labeling, and the
288 nuclei were counterstained with hematoxylin. Inspections were performed using a
289 microscope (BZ-X710; Keyence, Osaka, Japan). Quantification was performed using a
290 BZ analyzer (Keyence).

291

292 **Modified Ashcroft score**

293 Pulmonary fibrosis severity was scored using a modified Ashcroft score (41).
294 Based on the histological features of the pulmonary fibrosis, the severity was graded from
295 0 (Alveolar septa: no fibrotic burden at the most flimsy small fibers in some alveolar
296 walls. Lung structure: Normal lung) to 8 (Alveolar septa: nonexistent. Lung structure:
297 microscope fields show complete obliteration with fibrotic masses).

298

299 **Western blot analysis**

300 Lungs and cells were lysed in an ice-cold RIPA Lysis Buffer System (Santa Cruz
301 Biotechnology, Santa Cruz, CA) supplemented with PosSTOP phosphatase inhibitor
302 (Roche Applied Science, Upper Bavaria, Germany) and then sonicated. Samples of the
303 resultant lysate (1 µg/well for cells, 10 µg/well for the lungs) were subjected to
304 electrophoresis in TGX gel (Bio-Rad Laboratories, Hercules, CA), and the resolved
305 proteins were transferred to PVDF membranes (Bio-Rad Laboratories). After blocking
306 with 5% skim milk, the membranes were incubated and probed using primary antibodies
307 against Smad2 (RRID: AB_10626777, Cat# 5339S) (42), Smad3 (RRID: AB_2193182,
308 Cat# 9523S) (43), p-Smad3 (RRID: AB_2193207, Cat# 9520S) (44) (Cell Signaling
309 Technology, Danvers, MA) at 1:1000 dilution, p-Smad2 (RRID: AB_2889838, Cat#
310 ab184557) (45) and Smad7 (RRID: AB_2889839, Cat# ab216428) (46) (Abcam) at
311 1:1000 dilution, followed by appropriate secondary antibodies (Santa Cruz). Anti-β-actin
312 antibody (RRID: AB_2223172, Cat# 4970S, Cell Signaling Technology) (47) at 1:8000
313 dilution served as a loading control. The bound antibodies were visualized using
314 chemiluminescent horseradish peroxidase substrate (Merck Millipore, Burlington, MA),
315 and the chemiluminescence was analyzed using an Image Quant LAS 4000 system (GE
316 Healthcare). Levels of Smad2 and Smad3 activation were determined based on the ratio
317 of band intensities after blotting with antibodies specific for the phosphorylated and
318 unphosphorylated proteins. For quantification, images of the blots were captured and
319 analyzed using Image Quant TL software (GE Healthcare).

320

321 **Isolation of lung fibroblasts**

322 Mouse lung fibroblasts were established as described previously (48). Fresh
323 samples collected from lungs were washed with serum-free Dulbecco's modified Eagle
324 medium (DMEM; Wako), finely minced into small pieces of approximately 0.5-1.0 mm
325 and digested enzymatically with 2 mg/ml collagenase type I (Wako) in DMEM for 3 h
326 at 37 °C. After cell dissociation, the samples were filtered through a cell strainer (mesh
327 40 µm) (AS ONE, Osaka, Japan), centrifuged, washed with PBS and cultured in 3.5 cm
328 dishes in DMEM supplemented with 10% FBS and 1% penicillin-streptomycin. Cells
329 were allowed to grow on the plate for 4 days. During that period, the medium was
330 replenished every 2 days. To ensure minimal contamination of epithelial cells prior to
331 their use in experiments, the cells were tested to confirm >95% positive staining for
332 vimentin and negative staining for E-cadherin. Primary cultured pulmonary fibroblasts
333 with 3-4 passages were used for experiments.

334

335 **TGF-β-stimulation of primary cultured lung fibroblasts**

336 Cultured lung fibroblasts were pre-treated with AM (10^{-7} M) or PBS for 2 h
337 followed by treatment with transforming growth factor-β1 (TGF-β1) (10 ng/mL) for 24
338 h. The dosage and treatment period were chosen based on previous studies (49-51). In
339 some experiments, the cells were also treated for 24 h with 10 µM SB431542 (Cayman
340 Chemical, Ann Arbor, MI), a selective TGF-β receptor 1 (TGFβR1) inhibitor (52).
341 Alternatively, cells were pre-treated with 3 µM SIS3 (Merck, Darmstadt, Germany), a
342 selective Smad3 inhibitor (53), for 1 h followed by treatment with TGF-β1 (10 ng/mL)
343 for 24 h (53).

344 For immunostaining, plates were dipped in 4% paraformaldehyde for 10 min,
345 blocked, and immunostained with anti-α-SMA (Code# M0851, Dako) (40),
346 anti-vimentin (RRID: AB_10562134, Cat# ab92547, Abcam) (54) or anti-Ki67 (RRID:
347 AB_443209, Cat# ab15580, Abcam) (55) antibodies. Cells were also stained with
348 phalloidin (Thermo Fisher Scientific) to visualize actin fibers. Nuclei were
349 counterstained using DAPI (Thermo Fisher Scientific). Cells were then examined under
350 a fluorescence microscope (BZ-X710). Positive areas were determined using Hybrid
351 Cell Count (BZ analyzer) under the same conditions.

352

353 **Gel contraction assay**

354 Collagen gel contraction assays were performed according to the manufacturer's
355 instructions (Cell Biolabs; San Diego, CA) (56). Briefly, cells were pre-treated for 2 h
356 with AM (10^{-7} M) or PBS followed by stimulation for 24 h with TGF- β 1 (10 ng/mL). The
357 cells were then collected from plates and suspended at a density of 4.0×10^5 cells per 100
358 μ l of medium to which 400 μ l of neutralized collagen solution were added. The resultant
359 mixture was added to one well of a 24-well culture plate and allowed to gel for 2 h at
360 37 °C. After polymerization, 1.0 mL of culture medium was added on top of the gel lattice
361 and incubated for 24 h. The stress was released by running a sterile pipette tip along the
362 sides of the well. The culture dish was then scanned 12 h after the stress was released.
363 The area of the collagen gel was measured using ImageJ software version 1.53f (NIH,
364 Bethesda, MD; <http://imagej.nih.gov/ij>).

365

366 **Cell proliferation assay**

367 One hundred-microliter aliquots of fibroblasts suspended at a density of 5×10^4
368 cells/ml in DMEM containing 10% FBS were plated in 96-well plates and incubated for
369 24 h. The cells were then treated with 10 ng/ml TGF- β 1 for 24 h, after which the culture
370 medium was changed and 10 μ l of Cell Counting Kit-8 (CCK-8) solution (Dojindo,
371 Kumamoto, Japan) were added to each well. The plate was then incubated for 1 h at 37°C
372 in the incubator, and the absorbance at 450 nm was measured using a microplate reader.
373 Experiments were performed 4 times independently.

374

375 **Scratch assay**

376 For scratch assays, cells were plated in 6-well plates at 2×10^5 cells/well, treated
377 with TGF- β 1 (10 ng/ml) and grown into a monolayer. The assays were performed as
378 described previously (57). Briefly, 5 μ g/ml mitomycin C (Kyowa Kirin, Tokyo, Japan)
379 was added to the medium for 3 h to block cell proliferation, and a linear scratch/wound
380 was made on the cell monolayer using a sterile pipette. Photomicrographs were taken of
381 the culture at 40x magnification, and the distance migrated was observed within
382 appropriate times. The distances were measured using CellSens standard software
383 (OLYMPUS, Tokyo, Japan). Experiments were performed 3 times independently.

384

385 **Downregulation of miR-21**

386 Downregulation of miR-21 was performed as described previously (58). The miR-
387 21 inhibitor, LNA-5'-UCAACAUCAGUCUGAUAAGCUA-3', a chemically modified
388 and optimized oligonucleotide designed to specifically target the microRNA molecule
389 in cells, and its negative control, LNA-5'-CAGUACUUUUGUGUAGUACAA-3', were
390 purchased from Genepharma (Shanghai, China). Cells were transfected with the
391 oligonucleotides using Lipofectamine 3000 (Thermo Fisher Scientific) at a final
392 concentration of 100 nM following the manufacturer's instructions. The efficiency of
393 transfection was assessed with miR-21 qPCR (StepOnePlus real-time PCR system,
394 Thermo Fisher Scientific) and fluorescence microscopy (BZ-X710).

395

396 **Statistics**

397 Statistical analysis was performed with GraphPad Prism software version 7.03.
398 (GraphPad Software Inc., San Diego, CA). Quantitative values are expressed as the mean
399 \pm SEM. The significance of differences was assessed using Student's t test, one-way
400 ANOVA with Tukey's or Dunnett's test, or two-way ANOVA with Tukey's test. Values
401 of $p < 0.05$ were considered significant. "*" represents compared between the groups, "#"
402 represents compared with control WT mice, "†" represents compared with control
403 knockout mice. *, #, † represent $p < 0.05$, **, ##, †† represent $p < 0.01$ and ***, ###, †††
404 represent $p < 0.001$.

405

406 **Results**

407 **Time course of the pathogenesis of bleomycin-induced pulmonary fibrosis**

408 C57BL/6J WT mice were intratracheally administered bleomycin (BLM) to induce
409 pulmonary fibrosis. Lung weights and lung weight / body weight ratios were increased
410 from day 3 to day 14 after BLM administration (Supplementary Figure 2A-C). The
411 expression of genes encoding AM's receptor, CLR, and RAMP2 and RAMP3 (*Calcr1*,
412 *Ramp2* and *Ramp3*) gradually declined over the 28-day observation period after BLM
413 administration (Supplementary Figure 2D). Expression of the gene encoding AM (*Adm*)
414 was transiently and significantly elevated on day 3 after BLM administration but returned
415 to the control level by day 7, and then continued to decline until day 28. This indicates
416 that *Adm* expression was strongly induced during the acute phase of the response to BLM
417 and there was a compensatory downregulation of AM's receptor system, which suggests
418 AM has important pathological significance in the BLM-induced lung injury.

419 BLM-induced pulmonary fibrosis progresses from inflammation to collagen
420 deposition leading to interstitial fibrosis (59). Expression of genes encoding
421 inflammation-related factors, such as IL-6 and MCP-1 (*Il-6*, *Ccl2*), peaked on day 3 after
422 BLM administration then gradually decreased until day 28, suggesting that marked
423 inflammation was induced during the acute phase and then gradually disappeared
424 (Supplementary Figure 2E, F). Expression of the gene encoding α -SMA (*Acta2*), a
425 myofibroblast marker, as well as the fibrosis-related factors fibronectin and type I
426 collagen $\alpha 1$ (*Fnl1*, *Colla1*) peaked on day 14 after BLM administration but had decreased
427 by day 28. In addition, expression of the gene encoding osteopontin (*Spp1*), which is
428 related to both inflammation and fibrosis, was elevated on days 7 and 14 and had
429 decreased slightly, but remained elevated, on day 28 (Supplementary Figure 2G-J). These
430 results indicate that a strong fibrotic response occurred during the later phase, beginning
431 14 days after BLM administration.

432 The pathological changes in the lungs after BLM administration were then
433 observed (Supplementary Figure 3A). Modified Ashcroft scores, which indicate the
434 severity of pulmonary fibrosis, and the fibrotic area peaked on day 14 after BLM
435 administration (Supplementary Figure 3B, C). The area positive for α -SMA-
436 immunostaining was largest at 14 days, which was temporally consistent with the change
437 in its gene expression (Supplementary Figure 3D). By contrast, the numbers of CD45-

438 positive leukocytes (Supplementary Figure 3E), CD3-positive T cells (Supplementary
439 Figure 3F) and F4/80-positive macrophages (Supplementary Figure 3G) peaked on day
440 7. These pathological findings are consistent with the results of gene expression
441 indicating a strong inflammatory response during the acute phase after BLM
442 administration (day 3 to 7) and a strong fibrotic response during the later phase (day 14
443 to 28).

444

445 **Pulmonary fibrosis is exacerbated in both AM^{+/-} and RAMP2^{+/-} mice**

446 To determine the pathophysiological significance of endogenous AM in pulmonary
447 fibrosis, we compared BLM-induced pulmonary fibrosis between AM knockout (AM^{+/-})
448 mice and their wild-type (WT) littermates. Although there was no significant difference
449 in survival after BLM administration, AM^{+/-} mice tended to have a lower survival rate
450 than WT mice over time (Supplementary Figure 4). Lung weight increased over time in
451 both groups but was significantly greater in AM^{+/-} than WT mice on days 14 and 28
452 (Figure 1A-C). To quantify the amount of collagen in the tissues, hydroxyproline levels
453 were measured in the lung and were found to be significantly higher in AM^{+/-} than
454 in WT mice on day 14 (Figure 1D).

455 Gene expression analysis showed that *Il-6* expression was significantly higher in
456 AM^{+/-} than WT mice during the earlier phase after BLM administration (day 3) (Figure
457 1E), and *Ccl2* expression also tended to be upregulated (Figure 1F). By contrast, *Acta2*
458 expression was significantly higher in AM^{+/-} than WT mice on day 14 (Figure 1J), *Spp1*
459 on day 28, and *Colla1* and *Fnl* on days 14 and 28 (Figure 1G-I) after BLM administration.
460 Pathological analysis showed that AM^{+/-} lungs exhibited significantly increased
461 inflammatory cell infiltration during the acute phase (Figure 2B, F-H) and significantly
462 increased fibrosis and α -SMA expression during the chronic phase (Figure 2A, C-E).

463 Because the pathological findings showed increased infiltration of inflammatory
464 cells during the acute phase in AM^{+/-} lungs, we performed a FACS analysis to
465 quantitatively evaluate each leukocyte fraction (Figure 3A-C). When the inflammatory
466 cell infiltration was followed chronologically, the numbers of eosinophils, monocytes and
467 neutrophils were significantly higher in AM^{+/-} than WT mice during the acute phase after
468 BLM administration (Figure 3D). These findings indicate that endogenous AM
469 suppresses inflammation during the acute phase and fibrosis during the chronic phase

470 after BLM administration.

471 Among RAMPs, RAMP2 is highly expressed in the lung. We previously showed
472 that the anti-inflammatory and antifibrotic effects of AM are mainly regulated by RAMP2
473 and that endothelial cell-specific RAMP2 knockout leads to strong inflammatory cell
474 infiltration around blood vessels and progression of organ fibrosis with aging (60). To
475 clarify whether the suppressive effect of endogenous AM on pulmonary fibrosis is
476 mediated by RAMP2, BLM-induced fibrosis was compared between RAMP2 knockout
477 (RAMP2^{+/-}) mice and their WT littermates. The results were nearly identical to those
478 obtained with AM^{+/-} mice. That is, RAMP2^{+/-} mice had heavier lung weights
479 (Supplementary Figure 5A-C) and higher hydroxyproline contents (Supplementary
480 Figure 5D) than WT mice. In addition, gene expression of inflammatory cytokines was
481 upregulated during the acute phase (Supplementary Figure 5E, F), and gene expression
482 of fibrosis-related genes was upregulated during the chronic phase (Supplementary
483 Figure 5G-J). Pathological findings were also similar to those of AM^{+/-} mice, with
484 greater inflammatory cell infiltration during the acute phase (Supplementary Figure 6B,
485 F-H) and greater fibrosis during the chronic phase in RAMP2^{+/-} than WT mice
486 (Supplementary Figure 6A, C-E). These results suggest that the inhibitory effects of
487 endogenous AM on inflammation and fibrosis are mediated mainly via the CLR-RAMP2
488 receptor complex.

489

490 **Continuous administration of AM ameliorates pulmonary fibrosis**

491 To assess the therapeutic effect of exogenously administered AM on pulmonary
492 fibrosis, WT mice were administered BLM and then continuously infused with AM for 3,
493 7 or 14 days using an osmotic pump. With AM treatment, mice tended to have lighter
494 lungs, although the effect was not significant (Supplementary Figure 7A-C). Gene
495 expression analysis showed that expression of pro-inflammatory cytokines during the
496 acute phase was suppressed in AM-treated mice (Supplementary Figure 7D, E), as was
497 expression of fibrosis-related factors during the chronic phase (Supplementary Figure 7F).
498 Similarly, pathological analysis showed that both inflammatory cell infiltration during the
499 acute phase and fibrosis during the chronic phase were suppressed in AM-treated mice as
500 compared to saline-treated mice (Supplementary Figure 8A-H). These results suggest that,
501 like endogenous AM, exogenously administered AM suppresses the pathogenesis of

502 pulmonary fibrosis and that continuous administration of AM would be an effective mean
503 of treating pulmonary fibrosis.

504

505 **TGF- β -signaling is enhanced during pulmonary fibrosis in AM \pm mice**

506 Earlier studies suggest that the transforming growth factor- β (TGF- β)-Smads
507 pathway is involved in the process of BLM-induced pulmonary fibrosis (19,61,62). To
508 explore the mechanism of the antifibrotic effect of AM, we focused on TGF- β and its
509 intracellular signaling during the chronic phase (days 14 and 28) after BLM
510 administration. The lungs of BLM-administered mice showed increased expression of the
511 gene encoding TGF- β 1 (*Tgfb1*), but there was no significant difference between AM \pm -
512 and WT mice (Figure 4A). On the other hand, activation of Smad3, a downstream
513 mediator of TGF- β 1 signaling, was significantly enhanced in AM \pm - lungs on days 14
514 and 28 after BLM administration compared with WT mice (Figure 4B). Similarly,
515 activation of Smad2 also tended to be upregulated in AM \pm - mice, though the effect was
516 not significantly different from that in WT mice (Figure 4C).

517

518 **Stimulation of AM \pm fibroblasts with TGF- β results in the appearance of larger** 519 **myofibroblasts**

520 We next examined the effects of TGF- β on primary cultures of fibroblasts collected
521 from the lungs of AM \pm - and WT mice that had not been administered BLM. Figure 5A
522 shows the results of immunostaining the primary lung fibroblasts. We also quantified the
523 α -SMA-positive cell fraction (Figure 5B) and measured their size (Figure 5C). In Figure
524 5B, the ratio of α -SMA-positive to vimentin-positive cells (α -SMA / vimentin) indicates
525 the percentage of myofibroblasts among the primary mesenchymal cells (mostly
526 fibroblasts). Compared with WT, cells cultured from AM \pm - lungs tended to have a higher
527 proportion of myofibroblasts that were positive for α -SMA immunostaining (Figure 5B,
528 control). In addition, α -SMA-positive myofibroblasts from AM \pm - lungs tended to be
529 larger in size, even when unstimulated (Figure 5C, control). Among the cells from WT
530 lungs, the number of α -SMA-positive myofibroblasts increased after TGF- β -stimulation,
531 though the change was not significant (Figure 5B, compare white columns between
532 control and TGF- β 1). These cells also tended to be enlarged (Figure 5C, compare white
533 columns between control and TGF- β 1). Among the cells from AM \pm - lungs, the increase

534 in α -SMA-positive cells (Figure 5B, compare black columns between control and TGF-
535 β 1) and their cellular enlargement (Figure 5C, compare black columns between control
536 and TGF- β 1) were made much more pronounced by TGF- β stimulation. Notably,
537 however, the TGF- β -induced changes observed in AM $^{+/-}$ cells were canceled by
538 application of AM to the cells (Figure 5B and Figure 5C, compare black columns between
539 TGF- β 1 and TGF- β 1+AM). These results indicate that under conditions where AM levels
540 are decreased while TGF- β levels are increased, the numbers of α -SMA-positive
541 myofibroblasts are increased and the cells are larger.

542 Comparison of the proliferative and migratory capacities of TGF- β -stimulated
543 AM $^{+/-}$ and WT cells revealed that the proliferative capacity of AM $^{+/-}$ cells was
544 significantly lower than that of WT cells (Figure 6A). Likewise, scratch assays showed
545 that AM $^{+/-}$ cells had a significantly lower migratory capacity than WT cells (Figure 6B).
546 These results suggest that when fibroblasts derived from the lungs of AM $^{+/-}$ mice are
547 stimulated with TGF- β , they likely to differentiate into myofibroblasts characterized by
548 larger size and lower proliferative and migratory capacities.

549

550 **Stimulation of AM $^{+/-}$ fibroblasts with TGF- β increases nonproliferating** 551 **myofibroblasts**

552 Given the findings in the previous section, we classified lung-derived cells based
553 on their intracellular actin fiber formation, the presence or absence of α -SMA expression,
554 and cell proliferation potential in addition to their morphology. As described previously
555 (63), fluorescence microscopy was used to classify the cells into four types based on their
556 actin fiber formation (phalloidin staining), α -SMA expression and proliferative potential
557 (Ki-67 immunostaining) (Figure 7). Cells with mild actin fiber formation, no expression
558 of α -SMA, and high proliferative potential were classified as fibroblasts (Fbs). Cells with
559 actin fiber formation but no expression of α -SMA and high proliferative potential were
560 classified as proto-myofibroblasts (proto-MyoFbs). Cells with high proliferative potential
561 and both actin fiber formation and α -SMA expression were classified as proliferating
562 myofibroblasts (p-MyoFbs). And cells with actin fiber formation and α -SMA expression
563 but without proliferative capacity were classified as nonproliferating myofibroblasts
564 (non-p-MyoFbs) (Figure 7). Cells that could not be classified based on immunostaining
565 were excluded from the counting; about 70-80% of the cells examined were classified

566 into these 4 types. Figure 8 shows the Fb (Figure 8A), proto-MyoFb (Figure 8B), p-
567 MyoFb (Figure 8C) and non-p-MyoFb (Figure 8D) fractions expressed as percentages of
568 the total classified cells. Only after stimulation with TGF- β 1 were there significant
569 differences in the percentages of each cell type between AM^{+/-}-derived and WT-derived
570 cells. In other words, TGF- β 1 stimulation of AM^{+/-} lung-derived fibroblasts led to a
571 decrease in cells classified as p-MyoFbs (Figure 8B) and an increase in cells classified as
572 non-p-MyoFbs (Figure 8D). On the other hand, the change in cell profile (decrease of p-
573 MyoFbs and increase of non-p-MyoFbs) observed among TGF- β 1-stimulated AM^{+/-}-
574 derived cells was blocked when AM was applied to the cells (Figure 8B, C, TGF- β 1 +
575 AM).

576 We also immunostained AM^{+/-} and WT lung specimens to determine how the cell
577 profiles in the lung had changed 14 days after BLM administration. The results showed
578 that numbers of p-MyoFbs (α -SMA (+), Ki67 (+)) were decreased and non-p-MyoFb (α -
579 SMA (+), Ki67 (-)) were increased in AM^{+/-} lungs after BLM administration
580 (Supplementary Figure 9), which is consistent with the *in vitro* study (Figure 8).

581

582 **Nonproliferating myofibroblasts are highly productive and contractile**

583 To further investigate the cells classified as non-p-MyoFbs, we examined the
584 characteristics of TGF- β 1-stimulated AM^{+/-} cells. We found that expression of the genes
585 encoding type I collagen α 1 (*Colla1*), a central component of extracellular matrix,
586 TIMP-1 (*Timp-1*), a suppressor of collagen degradation, and MCP-1 (*Ccl2*), a
587 chemoattractant of inflammatory cells, were all significantly upregulated in
588 TGF- β 1-stimulated AM^{+/-} cells (Figure 9A-C). These gene expression changes were
589 cancelled when AM was added. On the other hand, expression of the gene encoding
590 Mefflin (*Islr*), a recently discovered marker of steady-state fibroblasts (64,65), was greatly
591 reduced in both AM^{+/-} and WT cells upon stimulation with TGF- β 1 (Figure 9D). The
592 marked downregulation of *Islr* by TGF- β 1 was not reversed when AM was added.

593 As the differentiated myofibroblasts exhibited higher levels of actin filaments,
594 some of which were α -SMA-positive, we examined their ability to contract within a
595 three-dimensional collagen matrix (Figure 10A). AM^{+/-} and WT cells both contracted
596 upon TGF- β 1-stimulation, but the contractions were significantly greater in AM^{+/-} cells
597 (Figure 10B, TGF- β 1). These TGF- β 1-induced contractions were also canceled by

598 application of AM (Figure 10B, TGF- β 1 + AM).

599 Collectively, these findings indicate that non-p-MyoFbs are larger in size, have
600 lower capacities for proliferation and migration, but higher capacities for filamentous
601 actin formation, contraction, and production of extracellular matrix and chemoattractant
602 for recruitment of inflammatory cells.

603

604 **TGF- β downstream signaling is activated in nonproliferating myofibroblasts**

605 Because TGF- β signaling was more activated in the lungs of BLM-administered
606 AM+/- mice than WT mice, we investigated whether it was more activated in
607 TGF- β -stimulated AM+/- fibroblasts than WT fibroblasts. In the absence of stimulation,
608 the activation levels of Smad2 and Smad3, two downstream TGF- β signaling molecules,
609 did not differ between AM+/- and WT cells (Figure 11A and 11B, control). By contrast,
610 when stimulated with TGF- β , AM+/- cells showed a significantly greater increase in
611 Smad3 activation than WT cells (Figure 11A, TGF- β 1), but that effect was suppressed by
612 application of AM (Figure 11A, TGF- β 1 + AM). Smad2 activation tended to increase
613 when AM+/- cells were stimulated with TGF- β , but the effect did not significantly differ
614 from WT cells (Figure 11B, TGF- β).

615 Those results suggest that TGF- β and its downstream signaling molecules are
616 involved in the differentiation of AM+/- lung-derived fibroblasts into non-p-MyoFbs. To
617 further test that idea, we examined how non-p-MyoFbs were effected by treatment with
618 SB431542, a selective TGF- β receptor-1 (TGF β R1) inhibitor, or SIS3, a Smad3-selective
619 inhibitor (Figure 12A). We found that treatment with SB431542 or SIS3 reduced the
620 increase in non-p-MyoFb seen when AM+/- cells were stimulated with TGF- β and
621 eliminated the significant difference between AM+/- and WT cells (Figure 12B, C). The
622 effect of these TGF- β signaling inhibitors (SB431542 or SIS3) on the appearance of non-
623 p-MyoFbs was similar to the effect of external AM seen in Figure 5.

624

625 **Smad7 expression is downregulated in AM+/- lungs and TGF- β -stimulated AM+/- 626 fibroblasts after BLM administration**

627 Unlike Smad2 and Smad3, two receptor-activated Smads (R-Smads), Smad7, an
628 antagonistic Smad, stably binds to TGF β R1, thereby suppressing activation of Smad2,
629 Smad3 and TGF- β signaling. We found that Smad7 expression was significantly

630 downregulated in the lungs of AM^{+/-} mice compared to WT mice, both in the controls
631 (Figure 13A, control) and 14 days after BLM administration (Figure 13A, Day14).
632 Furthermore, Smad7 expression was also significantly downregulated in TGF- β -
633 stimulated AM^{+/-} cells as compared to WT cells (Figure 13B, TGF- β). However, when
634 AM was added, the downregulation of Smad7 was reversed (Figure 13B, TGF- β +AM).
635 In addition, treating WT cells with AM alone significantly upregulated Smad7 expression
636 (Figure 13C), which may in turn suppress TGF- β -Smad3 signaling.

637

638 **miR-21 expression was upregulated in BLM-administered AM^{+/-} lungs and TGF- β -**
639 **stimulated AM^{+/-} fibroblasts**

640 It is now apparent that microRNAs are involved in a wide variety of
641 pathophysiological processes, including pulmonary fibrosis. Among them, we focused on
642 the pro-fibrotic miR-21, encoded by *Mir21* (66). In control lungs, there was no difference
643 in the expression of miR-21 between AM^{+/-} and WT mice (Figure 14A, control).
644 However, BLM-administration resulted in a significant elevation in miR-21 expression
645 in AM^{+/-} mice on day 14 (Figure 14A, Day 14). WT mice also showed the tendency
646 toward elevated miR-21 expression after BLM administration; however, the effect was
647 not statistically significant, leading to a significant difference between AM^{+/-} and WT
648 mice on day 14 (Figure 14A, Day14). The upregulated miR-21 expression declined to
649 control levels by day 28 (Figure 14A, Day 28).

650 To confirm whether miR-21 expression is related to myofibroblast differentiation,
651 we also examined its expression in the fibroblasts derived from AM^{+/-} and WT lungs and
652 compared its expression with and without TGF- β and AM administration (Figure 14B).
653 In the absence of TGF- β 1, miR-21 expression did not differ between AM^{+/-} and WT cells
654 with or without AM administration (Figure 14B, TGF- β 1(-)). By contrast, upon
655 stimulation with TGF- β 1, miR-21 expression was upregulated to a significantly greater
656 degree in AM^{+/-} cells than WT cells (Figure 14B, TGF- β 1(+), AM(-)). When AM was
657 added in addition to TGF- β 1, the difference in miR-21 expression between AM^{+/-} and
658 WT cells was eliminated (Figure 14B, TGF- β 1(+), AM(+)). Taken together, these results
659 suggest that 1) administering BLM to WT mice or stimulating WT cells with TGF- β 1
660 elicit only small, non-significant changes in miR-21 expression; 2) miR-21 expression in
661 both AM^{+/-} and WT cells is unaffected by AM alone; and 3) only BLM-administered

662 AM^{+/-} mice and TGF- β 1-stimulated AM^{+/-} cells show significant upregulation of
663 miR-21 expression. Thus, miR-21 is significantly upregulated in myofibroblasts only
664 when TGF- β levels are increased with a simultaneous decrease in AM levels.

665

666 **Downregulation of miR-21 in TGF- β -stimulated AM^{+/-} cells suppresses the**
667 **differentiation of nonproliferating myofibroblasts**

668 To confirm the involvement of miR-21 in the differentiation of non-p-MyoFbs, we
669 next assessed the effect of a miR-21 inhibitor on the differentiation of TGF- β -stimulated
670 AM^{+/-} and WT fibroblasts (Figure 15). Application of the miR-21 inhibitor to the cells
671 significantly reduced the number of large α -SMA-positive myofibroblasts (i.e., non-p-
672 MyoFbs among AM^{+/-}). These results indicate that miR-21 is a regulator of non-p-
673 MyoFb differentiation through activation of TGF- β signaling in AM^{+/-} cells.

674

675

676 **Discussion**

677 In the present study, we used a mouse BLM-induced pulmonary fibrosis model to
678 investigate the pathophysiological significance of the AM-RAMP2 system. Both AM+/-
679 and RAMP2+/- mice showed exacerbation of pulmonary fibrosis. In AM+/- and
680 RAMP2+/- mice, marked inflammation in the lungs was observed during the acute phase
681 after BLM administration. This was followed by marked fibrosis during the chronic phase.
682 Kach et al. reported that transgenic mice overexpressing RAMP2 under the control of the
683 α -SMA promoter had improved survival and reduced pulmonary fibrosis in the BLM
684 model (41). Their results mirror those of our AM+/- or RAMP2+/- mice and support the
685 idea that the AM-RAMP2 system acts as an inhibitory mediator in the pathogenesis of
686 pulmonary fibrosis.

687 The TGF- β -Smads pathway is known to be a major cause of fibrosis. Within the
688 lungs of AM+/- mice administered BLM, the activation level of Smad3, a receptor-
689 activated Smad, was increased. Expression of *Tgfb1*, the gene encoding TGF- β 1, was also
690 upregulated by BLM administration, though the expression level did not significantly
691 differ between WT and AM+/- mice. These observations suggest that in AM+/-, BLM
692 administration does not increase *Tgfb1* expression itself, but instead enhances the
693 activation of downstream mediators of TGF- β . On the other hand, activation of Smad2,
694 another receptor-activated Smad, was not significantly changed in AM+/- as compared to
695 WT. Although Smad2 is structurally highly similar to Smad3, and both Smad2 and Smad3
696 are directly phosphorylated by TGF β R1, a receptor tyrosine kinase, they do not share
697 similar DNA-binding activity (67). Gu et al. reported that it is Smad3, not Smad2, that
698 functions as the major mediator of TGF- β 1 signaling to activate *Acta2* (α -SMA) gene
699 expression in vitro (68). That result was confirmed in Smad3 knockout mice, which
700 showed attenuated lung fibrosis after BLM administration (67). In the present study, we
701 also found a clear and significant difference in the levels of Smad3 activation between
702 AM+/- and WT cells after TGF- β stimulation. These observations suggest that TGF β R1
703 and Smad3 activation are important downstream TGF- β signals involved in exacerbating
704 pulmonary fibrosis in AM+/- mice. This was also confirmed by the experiments using a
705 TGF β R1 or Smad3 inhibitor, both of which suppressed the effect of TGF- β .

706 Fibroblasts are the major mesenchymal cells in the lung, and differentiation from
707 fibroblasts to myofibroblasts is a key event in the process of fibrosis (69). When

708 inflammatory stimuli persist, fibroblasts differentiate into myofibroblasts, which exhibit
709 enhanced extracellular matrix production. The resultant acceleration of extracellular
710 matrix deposition leads to the development of fibrosis (43). TGF- β is a potent inducer of
711 differentiation to α -SMA-positive myofibroblasts (MyoFbs) (70). In the present study,
712 TGF- β -stimulated α -SMA-positive MyoFbs derived from AM^{+/-} mice showed reduced
713 proliferative and migratory potentials. These cells were also larger in size and exhibited
714 enhanced contractility. Driesen, et al. reported that TGF- β promotes differentiation of
715 proliferating MyoFbs (p-MyoFbs) to MyoFbs which exhibit a near absence of
716 proliferation and named them nonproliferating-MyoFbs (non-p-MyoFbs) (71).
717 Non-p-MyoFbs produce large amounts of collagen and chemoattractant molecules that
718 recruit inflammatory cells. In the present study, we also found that TGF- β -stimulated
719 AM^{+/-} cells exhibited higher expression of collagen, TIMP1 and MCP-1 than WT cells.
720 TIMP1 inhibits degradation of extracellular matrix by inactivating matrix
721 metalloproteinases. MCP-1 acts as a migratory factor for monocytes and is associated
722 with chronic inflammation. These results suggest that non-p-MyoFbs, which were
723 increased among TGF- β -stimulated AM^{+/-} cells, are deeply involved in the exacerbation
724 of pulmonary fibrosis. These properties of non-p-MyoFbs were suppressed by adding AM
725 to TGF- β -stimulated AM^{+/-} cells. By contrast, expression of Mefflin, a recently
726 discovered marker of steady-state fibroblasts (64,65), was downregulated by the TGF- β
727 stimulation, but that effect was not reversed by AM treatment. This suggests AM can
728 suppress TGF- β -induced differentiation of p-MyoFbs to non-p-MyoFbs, but it cannot
729 return them to normal steady state fibroblasts.

730 It is now clear that dysregulation of microRNAs is linked to a wide variety of
731 diseases, including fibrosis of the liver (72), kidney (73), heart (74) and lung (66).
732 MicroRNAs work as regulators of gene expression, and some have also attracted attention
733 as regulators of the TGF- β -Smads pathway and fibrosis (66). Among them, we focused
734 on miR-21, encoded by *Mir21*, levels of which are reportedly elevated in the lungs of
735 pulmonary fibrosis patients and BLM-administered mice (75). Furthermore, the enhanced
736 *Mir21* expression is primarily localized in myofibroblasts, where its product, miR-21,
737 activates them to promote the progression of fibrosis (75). The profibrotic properties of
738 miR-21 are thought to be mediated via downregulation of Smad7, an inhibitor of the
739 TGF- β -Smads pathway. Indeed, Smad7 is reported to be a direct target of miR-21 in

740 various diseases including pulmonary fibrosis, renal fibrosis and cancers (66,73,76). In
741 the present study, we were able to confirm that *Mir21* expression is upregulated, while
742 *Smad7* expression is downregulated, in the lungs of AM^{+/-} mice administered BLM. In
743 our *in vitro* experiments, we also found that *Mir21* expression is highly upregulated only
744 when AM^{+/-} cells are stimulated with TGF- β and that addition of AM cancels that effect.
745 These observations suggest that AM works to suppress TGF- β -evoked *Mir21* expression
746 and upregulate *Smad7* expression. We also confirmed that the effects of inhibiting miR-
747 21 on the differentiation of p-MyoFbs to non-p-MyoFbs were similar to those of AM or
748 TGF- β -*Smad3* inhibitors.

749 Figure 16 summarizes our findings on the effects of the AM-RAMP2 system in the
750 pathogenesis of pulmonary fibrosis. In addition to suppressing inflammation during the
751 early phase, the AM-RAMP2 system also suppresses fibrosis progression by regulating
752 miR-21 expression, the TGF- β -Smads pathway, and non-p-MyoFb differentiation during
753 the chronic phase. These results indicate that the AM-RAMP2 system suppresses the
754 progression of pulmonary fibrosis, making it a promising new target for the treatment of
755 pulmonary fibrosis, for which there are currently limited therapeutic options.

756 In the treatment of pulmonary fibrosis, pirfenidone and nintedanib are two newer
757 drugs that have recently come into use (77). The primary mechanism of action of
758 pirfenidone is inhibition of TGF- β production and suppression of differentiation of type
759 2 alveolar epithelial cells into fibroblasts and myofibroblasts. Nintedanib is a small
760 molecule tyrosine kinase inhibitor that acts on the vascular endothelial growth factor
761 receptor (VEGFR), fibroblast growth factor receptor (FGFR), and platelet-derived growth
762 factor receptor (PDGFR). So far, these drugs have not proved adequately effective and
763 have several adverse side effects. In the context of fibrosis, AM suppresses both
764 inflammation and fibrosis. In addition, because AM is an endogenous bioactive peptide,
765 it is expected to be a safer therapeutic agent than steroids, immunosuppressive agents,
766 anti-inflammatory drugs and the two aforementioned antifibrotic drugs. However, the
767 indications for AM are limited due to its short half-life; AM treatment would require
768 continuous intravenous infusion under hospitalization. In that context, RAMP2 could be
769 an alternative therapeutic target for AM.

770

771 **Figure legends**

772

773 **Figure 1**

774 **Bleomycin-induced pulmonary fibrosis is more severe in AM+/- mice**

775 **A:** Appearance of the lungs from control and bleomycin-administered AM+/- and WT
776 mice (Day 14). **B:** Lung weight ratios. The mean of the WT control group was assigned
777 a value of 1 (n=6-14). **C:** Lung weight / body weight (mg/g) ratios (n=6-14). **D:**
778 Hydroxyproline levels in the lungs of AM+/- and WT mice (n=5). **E, F:** Quantitative real-
779 time PCR analysis of inflammation-related genes (n=5). **G-J:** Quantitative real-time PCR
780 analysis of fibrosis-related genes (n=5-6). In **E-J**, the means of the WT control groups
781 were assigned a value of 1. Bars are means \pm SEM. “*” indicates comparison between
782 the groups, “#” indicates comparison with WT control, “†” indicates comparison with
783 AM+/- control. p-values were calculated using two-way ANOVA with Tukey’s test.

784

785 **Figure 2**

786 **Pathology of bleomycin-induced inflammation and fibrosis in lungs of AM+/- mice**

787 **A, B:** Representative photomicrographs of lung tissues stained with hematoxylin / eosin
788 (H&E) or Masson's trichrome (MT) or immunostained for α -smooth muscle actin (α -
789 SMA) on day 14 after bleomycin treatment (**A**) and immunostaining for CD45, F4/80 or
790 CD3 on day 7 after bleomycin treatment (**B**). **Left column:** WT lungs, **Right column:**
791 AM+/- lungs. Scale bars with H&E and MT staining = 100 μ m. Scale bars with α -SMA,
792 CD45, F4/80 and CD3 immunostaining = 50 μ m. **C:** Modified Ashcroft score quantifying
793 pulmonary fibrosis (n=5-9). **D:** Percentage of the Masson's trichrome stained fibrotic area
794 / HPF (400x) (n=5). **E:** Percentage of α -SMA-positive area / HPF (400x) (n=5-9). **F-H:**
795 Numbers of CD45-positive leukocytes (**F**), F4/80-positive macrophages (**G**) and CD3-
796 positive T cells (**H**) / HPF (400x) (n=4-11). Bars are means \pm SEM. “*” indicates
797 comparison between the groups, “#” indicates comparison with WT control, “†” indicates
798 comparison with AM+/- control. p-values were calculated using two-way ANOVA with
799 Tukey’s test.

800

801 **Figure 3**

802 **Changes of inflammatory cell populations during bleomycin-induced pulmonary**
803 **fibrosis in AM+/- mice**

804 **A-C:** Flow cytometric analysis of lung inflammation in AM+/- and WT mice after
805 treatment with bleomycin. **A:** Eosinophils (SiglecF⁺CD11b⁺ in CD45⁺CD11c⁻Ly6G⁻).
806 **B:** Monocytes (Ly6C⁺CD11b⁺ in CD45⁺CD11c⁻Ly6G⁻SiglecF⁻). **C:** Neutrophils
807 (Ly6G⁺CD11b⁺ in CD45⁺CD11c⁻). Numbers indicate the percentage of the cell
808 population in each plot. Gating was performed as shown in Supplementary Figure 1. **D:**
809 Absolute numbers of eosinophils, monocytes and neutrophils in lungs from mice left
810 untreated or treated with bleomycin (n=4-6). Bars are means ± SEM. “*” indicates
811 comparison between the groups, “#” indicates with comparison with WT control, “†”
812 indicates comparison with AM+/- control. p-values were calculated using Two-way
813 ANOVA with Tukey’s test.

814

815 **Figure 4**

816 **TGF-β-signaling is enhanced in bleomycin-administered AM+/- mice**

817 **A:** Quantitative real-time PCR analysis of *Tgfb1* expression 14 and 28 days after
818 bleomycin administration to AM+/- and WT mice. The mean of the WT control was
819 assigned a value of 1 (n=5). Bars are means ± SEM. **B, C: Upper row:** Representative
820 Western blots of Smad3 and p-Smad3 (**B**) and Smad2 and p-Smad2 (**C**) in AM+/- and
821 WT lungs left untreated (control) and on days 14 and 28 after bleomycin administration.
822 β-actin was used as a loading control. **B, C: Lower row:** Levels of Smad2 and Smad3
823 activation as indicated by band intensity ratios (p-Smad2 / Smad2 and p-Smad3 / Smad3)
824 Means of WT controls were assigned a value of 1 (n=3-4). Bars are means ± SEM. “*”
825 indicates compared between the groups, “#” indicates comparison with WT control, “†”
826 indicates comparison with AM+/- control. p-values were calculated using two-way
827 ANOVA with Tukey’s test.

828

829 **Figure 5**

830 **TGF-β1-induced differentiation of fibroblasts to myofibroblasts and its suppression**
831 **by AM**

832 **A:** Representative images of immunostained (Green: α-SMA, Red: vimentin, Blue:
833 DAPI) primary cultured fibroblasts isolated from the lungs of AM+/- and WT mice.

834 Cells were grown to 70% confluence. Immunostaining was performed in control cells
835 and cells pretreated with AM (10^{-7} M) or PBS for 2 h and then stimulated with TGF- β 1
836 (10 ng/mL) for 24 h. Scale bars = 100 μ m. **B:** Percentage of α -SMA-positive area /
837 vimentin-positive area. **C:** Size of α -SMA-positive cells (**B, C**). Data are from 3
838 independent experiments. Bars are means \pm SEM. “*” indicates comparison between
839 the groups, “†” indicates comparison with AM+/- control. p-values were calculated
840 using two-way ANOVA with Tukey’s test.

841

842 **Figure 6**

843 **Cell proliferation and migration is reduced in primary cultured AM+/- lung** 844 **fibroblasts stimulated with TGF- β**

845 **A:** Cell proliferation was assessed using a cell counting kit with water-soluble tetrazolium
846 salt as a substrate. Data are shown as the ratio of cell proliferation when the mean of the
847 WT cells was assigned a value of 1 (n = 4). **B:** Cell migration was assessed using scratch
848 assays. **Upper row:** Representative photomicrographs showing the status of the scratch
849 in a cultured cell monolayer 0 h and 6 h after scratching. Scale bars = 200 μ m. **Lower**
850 **row:** The cell migration distance was calculated from change in the width of the scratch
851 between 0 h and 6 h. The data are from 3 independent experiments. Bars are means \pm
852 SEM. “*” indicates comparison between the groups. p-values were calculated using
853 Student’s t test.

854

855 **Figure 7**

856 **Classification of the lung fibroblasts stimulated with TGF- β**

857 Shown are phalloidin staining, DAPI staining, and immunostaining for α -SMA and Ki67
858 in representative cells in each indicated category. Cells with mild actin fiber formation,
859 no expression of α -SMA, and high proliferative potential (F-actin (+/-), α -SMA (-), Ki-
860 67 (+)) were defined as fibroblasts (Fbs). Cells with actin fiber formation but no
861 expression of α -SMA and high proliferative capacity (F-actin (+), α -SMA (-), Ki-67 (+))
862 were defined as proto-myofibroblasts (proto-MyoFbs). Cells with high proliferative
863 potential, which showed both actin fiber formation and expression of α -SMA (F-actin (+),
864 α -SMA (+), Ki-67 (+)) were defined as proliferating-myofibroblasts (p-MyoFbs). Cells
865 with actin fiber formation and α -SMA expression but lost proliferative capacity (F-actin

866 (+), α -SMA (+), Ki-67 (-)) were defined as nonproliferating-myofibroblasts (non-p-
867 MyoFbs). Scale bars = 20 μ m.

868

869 **Figure 8**

870 **Stimulation of AM^{+/-} fibroblasts with TGF- β increases nonproliferating** 871 **myofibroblasts**

872 **A-D:** AM^{+/-} and WT lung fibroblasts were classified into 4 categories (**A:** fibroblasts
873 (Fbs), **B:** proto-myofibroblasts (proto-MyoFbs), **C:** proliferating-myofibroblasts (p-
874 MyoFbs) and **D:** nonproliferating-myofibroblasts (non-p-MyoFbs)) based on cell staining.
875 Shown are their percentages among the control, TGF- β 1-stimulated and TGF- β 1-
876 stimulated + AM groups. Data are from 3 independent experiments. Bars are means \pm
877 SEM. “*” indicates comparison between the groups. p-values were calculated using two-
878 way-ANOVA with Tukey’s test.

879

880 **Figure 9**

881 **TGF- β -stimulated AM^{+/-} fibroblasts show upregulation of genes related to fibrosis** 882 **and inflammation but downregulation of a steady-state fibroblast marker**

883 **A-D:** Quantitative real-time PCR analysis of *Coll1* (Type I collagen α 1) (**A**), *Timp1*
884 (TIMP-1) (**B**), *Ccl2* (MCP-1) (**C**) and *Islr* (Meflin) (**D**) in AM^{+/-} and WT lung fibroblasts.
885 The means of the WT control group were assigned a value of 1 (n=5). Bars are means \pm
886 SEM. “*” indicates comparison between the groups, “#” indicates comparison with WT
887 control, “#” indicates comparison with WT control, “†” indicates comparison with AM^{+/-}-
888 control. p-values were calculated using two-way ANOVA with Tukey’s test.

889

890 **Figure 10**

891 **TGF- β -stimulated AM^{+/-} fibroblasts show enhanced contractility**

892 **A:** Representative images of culture dishes in a gel contraction assay. **A:** “Contracture
893 rings” (white dotted circles) show the borders of the measured area 12 h after gel release.
894 Scale bars = 5 mm. **B:** Relative gel area 12 h after collagen gel release from the well’s
895 wall. A smaller gel area indicates greater cellular contraction. The mean of the WT control
896 group was assigned a value of 1. Data are from 3 independent experiments. Bars are

897 means \pm SEM. “*” indicates comparison between the groups, “#” indicates comparison
898 with WT control, “†” indicates comparison with AM+/- control. p-values were calculated
899 using two-way ANOVA with Tukey’s test.

900

901 **Figure 11**

902 **TGF- β -stimulated AM+/- fibroblasts show greater Smad3 activation**

903 **A, B: Upper row:** Representative Western blots showing expression of Smad3 and
904 phosphorylated (p)-Smad3 (**A**) and Smad2 and p-Smad2 (**B**) in AM+/- and WT lung
905 fibroblasts (control and TGF- β 1-stimulated cells with or without AM-treatment). β -actin
906 was used as a loading control. **A, B: Lower row:** p-Smad3 / Smad3 (**A**) and p-Smad2
907 /Smad2 (**B**) band density ratios showing the level of Smad3 (**A**) and Smad2 (**B**) activation.
908 Means of WT controls were assigned a value of 1. Data are from 4 independent
909 experiments. Bars are means \pm SEM. “*” indicates comparison between the groups, “#”
910 indicates comparison with WT control, “†” indicates comparison with AM+/- control. p-
911 values were calculated using two-way ANOVA with Tukey’s test.

912

913 **Figure 12**

914 **T β RI or Smad3 inhibition suppresses the occurrence of nonproliferating 915 myofibroblasts (non-p-MyoFbs) among TGF- β -stimulated AM+/- fibroblasts**

916 **A:** Representative images of immunostained (Green: α -SMA, Red: vimentin, Blue:
917 DAPI) primary cultured lung fibroblasts isolated from AM+/- and WT mice. The cells
918 were grown to 70% confluence. Immunostaining was performed in control cells and in
919 cells stimulated with TGF- β 1 (10 ng/mL) for 24 h with or without SB431542 (10 μ M),
920 an inhibitor of TGF- β type I receptor (TGF β RI) or SIS3 (3 μ M), an inhibitor of Smad3.
921 Scale bars = 100 μ m. **B:** Percentage α -SMA-positive area / vimentin-positive area. **C:**
922 Size of α -SMA-positive cells. Data are from 3 independent experiments. Bars are means
923 \pm SEM. “*” indicates comparison between the groups, “#” indicates comparison with WT
924 control, “†” indicates comparison with AM+/- control. p-values were calculated using
925 two-way ANOVA with Tukey’s test.

926

927 **Figure 13**

928 **Expression of Smad7 is downregulated in AM+/- but is restored by AM treatment**

929 **A, B: Upper row:** Representative Western blots showing expression of Smad7 in lungs
930 from AM+/- and WT mice left untreated (control) and 14 and 28 days after bleomycin
931 administration (**A**) and in AM+/- and WT lung fibroblasts (control cells and TGF- β 1-
932 stimulated cells with or without AM-treatment) (**B**). β -actin was used as a loading control.
933 **A, B: Lower row:** Relative levels of Smad7 expression determined from the
934 corresponding band densities. The means of the WT controls were assigned a value of 1
935 (n=3-4). Bars are means \pm SEM. “*” indicate comparison between the groups, “#”
936 indicates comparison with WT control, “†” indicates comparison with AM+/- control. p-
937 values were calculated using two-way ANOVA with Tukey’s test. **C: Upper row:**
938 Representative Western blots showing expression of Smad7 in WT lung fibroblasts with
939 or without 10^{-7} M AM for 24 h. β -actin was used as a loading control. **C: Lower row:**
940 Relative levels of Smad7 expression determined from the corresponding band densities.
941 The mean of the WT control was assigned a value of 1 (n=3). Bars are means \pm SEM. “*”
942 indicates comparison between the groups. p-value was calculated using Student’s t test.

943

944 **Figure 14**

945 **Expression of miR-21 is upregulated in bleomycin-administered AM+/- mice and** 946 **TGF- β -stimulated AM+/- fibroblasts**

947 **A:** Quantitative real-time PCR analysis of microRNA-21 (miR-21) in AM+/- and WT
948 mice left untreated (control) and 14 and 28 days after bleomycin administration. The
949 mean of the WT control was assigned a value of 1 (n=5). Bars are means \pm SEM. “*”
950 indicates comparison between the groups, “†” indicates comparison with AM+/- control.
951 **B:** Quantitative real-time PCR analysis of miR-21 in AM+/- and WT lung fibroblasts.
952 The mean of the WT control (TGF- β (-), AM (-)) group was assigned a value of 1 (n=5).
953 Bars are means \pm SEM. “*” indicates comparison between the groups, “†” indicates
954 comparison with AM+/- control (TGF- β (-), AM (-)). p-values were calculated using two-
955 way ANOVA with Tukey’s test.

956

957 **Figure 15**

958 **microRNA-21 inhibition suppresses the occurrence of non-p-MyoFbs among TGF-** 959 **β -stimulated AM+/- fibroblasts**

960 **A:** Representative images of immunostained (Green: α -SMA, Red: vimentin, Blue:

961 DAPI) primary cultured lung fibroblasts isolated from the lungs of AM+/- and WT mice.
962 The cells were grown to 70% confluence. Immunostaining was performed with control
963 and TGF- β 1-stimulated (10 ng/mL for 24 h) cells with or without miR-21 inhibitor. Scale
964 bars = 100 μ m. **B:** Percentage α -SMA-positive area / vimentin-positive area. **C:** Size of
965 α -SMA-positive cells. Data are from 3 independent experiments. (**B, C**). Bars are means
966 \pm SEM. “*” indicates comparison between the groups, “#” indicates comparison with WT
967 control, “†” indicates comparison with AM+/- control. p-values were calculated using
968 two-way ANOVA with Tukey’s test.

969

970 **Figure 16**

971 **Roles of the AM-RAMP2 system in the pathogenesis of pulmonary fibrosis**

972 During the pathogenesis of pulmonary fibrosis, the AM-RAMP2 system suppresses
973 inflammation during the early acute phase. Later, during the chronic phase, AM-RAMP2
974 inhibits the progression of fibrosis by suppressing miR-21 expression, signaling in the
975 TGF- β -Smads pathway, and differentiation to nonproliferating myofibroblasts (non-p-
976 MyoFbs).

977

978

979

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983

984 **Data availability statement**

985 Some or all data generated or analyzed during this study are included in this
986 published article or Supplementary data linked this article.

987

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1215

1 **Supplementary Figure Legends**

2

3 **Supplementary Figure 1**

4 Gating strategy used with lungs from bleomycin-administered AM^{+/-} and WT mice.

5

6 **Supplementary Figure 2**

7 **Time course of the lung weight and gene expression in bleomycin-induced**
8 **pulmonary fibrosis in C57BL/6J wild-type mice**

9 **A:** Appearance of lungs from control and bleomycin (BLM)-administered C57BL/6J
10 wild-type (WT) mice. **B:** Lung weight ratios. The mean of the control group was assigned
11 a value of 1 (n=5-9). **C:** Lung weight / body weight (mg/g) ratios (n=5-9). **D:** Quantitative
12 real-time PCR analysis of AM-related genes (n=5). **E, F:** Quantitative real-time PCR
13 analysis of inflammation-related genes (n=5). **G-J:** Quantitative real-time PCR analysis
14 of fibrosis-related genes (n=5). In **D-J**, the means of the control groups were assigned a
15 value of 1. Bars are means \pm SEM. “*” indicates comparison between the groups. p-values
16 were calculated using one-way ANOVA with Dunnett's test.

17

18 **Supplementary Figure 3**

19 **Pathology of bleomycin-induced inflammation and fibrosis in the lungs of WT mice.**

20 **A:** Representative photomicrographs of bleomycin-treated lung tissues from WT mice.
21 Tissues were stained with hematoxylin / eosin (H&E) or Masson's trichrome (MT) or
22 immunostained for α -smooth muscle actin (α -SMA), CD45, F4/80 or CD3. Scale bars in
23 H&E and Masson's trichrome = 100 μ m. Scale bars in α -SMA, CD45, F4/80 and CD3
24 immunostaining = 50 μ m. **B:** Modified Ashcroft scores used to quantify pulmonary

25 fibrosis. **C:** Percentage of the Masson's trichrome stained fibrotic area / high-power field
26 (HPF) (400x). **D:** Percentage of α -SMA-positive area / HPF (400x). **E-G:** Numbers of
27 CD45-positive leukocytes (**E**), CD3-positive T cells (**F**) and F4/80-positive macrophages
28 (**G**) / HPF (400x) (n=5-6). Bars are means \pm SEM. “*” indicates comparison between the
29 groups. p-values were calculated using one-way-ANOVA with Dunnett's test.

30

31 **Supplementary Figure 4**

32 Kaplan-Meier curves of bleomycin-administered AM^{+/-} and WT mice (n=14).

33

34 **Supplementary Figure 5**

35 **Bleomycin-induced pulmonary fibrosis is more severe in RAMP2^{+/-} mice**

36 **A:** Appearance of representative lungs from control and RAMP2^{+/-} and WT mice on
37 Day14 after bleomycin administration. **B:** Lung weight ratios. The mean of the WT
38 control group was assigned a value of 1 (n=5-9). **C:** Lung weight / body weight (mg/g)
39 ratios (n=5-9). **D:** Hydroxyproline levels in the lungs (n=4-8). **E, F:** Quantitative real-
40 time PCR analysis of inflammation-related genes (n=5-7). **G-J:** Quantitative real-time
41 PCR analysis of fibrosis-related genes (n=5-8). In **E-J**, the means of the WT control
42 groups were assigned a value of 1. Bars are means \pm SEM. “*” indicates comparison
43 between the groups, “#” indicates comparison with WT control, “†” indicates comparison
44 with RAMP2^{+/-} control. p-values were calculated using two-way ANOVA with Tukey's
45 test.

46

47 **Supplementary Figure 6**

48 **Pathology of bleomycin-induced inflammation and fibrosis in the lungs of**

49 **RAMP2^{+/-} mice**

50 **A, B:** Representative photomicrographs of lung tissues stained with hematoxylin / eosin
51 (H&E) or Masson's trichrome (MT) or immunostained for α -smooth muscle actin (α -
52 SMA) on day 14 after bleomycin administration (**A**) and immunostaining for CD45,
53 F4/80 or CD3 on day 7 after bleomycin administration (**B**). **Left column:** WT lungs,
54 **Right column:** RAMP2^{+/-} lungs. Scale bars for H&E and MT staining= 100 μ m. Scale
55 bars for α -SMA, CD45, F4/80 and CD3 immunostaining = 50 μ m. **C:** Modified Ashcroft
56 scores quantifying pulmonary fibrosis (n=5). **D:** Percentage of the Masson's
57 trichrome-stained fibrotic area / HPF (400x) (n=5). **E:** Percentage of α -SMA positive area
58 / HPF (400x) (n=5). **F-H:** Numbers of CD45-positive leukocytes (**F**), F4/80-positive
59 macrophages (**G**) and CD3-positive T cells (**H**) / HPF (400x) (n=5). Bars are means \pm
60 SEM. “*” indicates comparison between the groups, “#” indicates comparison with WT
61 control, “†” indicates comparison with RAMP2^{+/-} control. p-values were calculated
62 using two-way ANOVA with Tukey's test.

63

64 **Supplementary Figure 7**

65 **AM-treatment ameliorates bleomycin-induced pulmonary fibrosis**

66 **A:** Appearance of the lungs from control WT mice, bleomycin (BLM)-administered WT
67 mice and BLM-administered WT mice treated with AM (Day 14). **B:** Lung weight ratios.
68 The mean of the WT control group was assigned a value of 1 (n=5-11). **C:** Lung weight
69 / body weight ratios (mg/g) (n=5-11). **D-F:** Quantitative real-time PCR analysis of
70 inflammation-related (**D, E**) and fibrosis-related (**F**) genes in lungs left untreated (control)
71 or bleomycin administration, with or without AM treatment (n=5-10). The means of the
72 control groups were assigned a value of 1. Bars are means \pm SEM. “#” indicates

73 comparison with WT control. “*” indicates comparison between the groups. p-values
74 were calculated using one-way ANOVA with Dunnett's or Tukey's test.

75

76 **Supplementary Figure 8**

77 **Pathology showing the effect of AM on bleomycin-induced inflammation and** 78 **fibrosis in the lung**

79 **A:** Representative photographs of lung tissues stained with hematoxylin/eosin (H&E) or
80 Masson's trichrome (MT) or immunostained for α -smooth muscle actin (α -SMA) on day
81 14 after bleomycin treatment with and without AM (**A**) and immunostained for CD45,
82 F4/80 or CD3 on day 7 after bleomycin treatment with and without AM (**B**). **Left column:**
83 bleomycin-treated lungs, **Right column:** bleomycin-treated lungs with AM. Scale bars
84 with H&E and MT staining = 100 μ m. Scale bars in α -SMA, CD45, F4/80 and CD3
85 immunostaining = 50 μ m. **C:** Modified Ashcroft scores quantifying pulmonary fibrosis
86 (n=4-9). **D:** Percentage of the Masson's trichrome stained fibrotic area / HPF (400x) (n=4-
87 9). **E:** Percentage of α -SMA positive area / HPF (400x) (n=4-9). **F-H:** Numbers of CD45-
88 positive leukocytes (**F**), F4/80-positive macrophages (**G**) and CD3-positive T cells (**H**) /
89 HPF (400x) (n=5). Bars are means \pm SEM. “*” indicates comparison between the groups,
90 “#” indicates comparison with control mice. p-values were calculated using one-way
91 ANOVA with Tukey's test.

92

93 **Supplementary Figure 9**

94 Representative images of immunostained (Green: α -SMA, Red: Ki67, Blue: DAPI) lung
95 sections from AM+/- and WT mice 14 days after bleomycin administration. Scale bars =
96 200 μ m.

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7**Table 1 Primers and probes used for real-time PCR**

<i>Adm</i> (adrenomedullin)	Forward Reverse	5'-GGACACTGCAGGGCCAGAT-3' 5'-GTAGTTCCTCTTCCCACGACTTA-3'
<i>Ramp2</i> (RAMP2)	Probe Forward Reverse	5'-CCCAGAGGATGTGCTCCTGGCCAT-3' 5'-GCAGCCCACCTTCTCTGATC-3' 5'-AACGGGATGAGGCAGATGG-3'
<i>Ramp3</i> (RAMP3)	Forward Reverse	5'-AAAGCCTTCGCTGACATGATG-3' 5'-ATCTCGGTGCAGTTAGTGAAGCT-3'
<i>Calcr1</i> (CLR)	Probe Forward Reverse	5'-ATCGTGGTGGCTGTGTTTGC GGAG-3' 5'-AGGCGTTTACCTGCACACACT-3' CAGGAAGCAGAGGAAACCC-3'
<i>Il-6</i> (IL-6)	Forward Reverse	5'-CTGCAAGAGACTTCCATCCAGTT-3' 5'-GAAGTAGGGAAGGCCGTGG-3'
<i>Ccl2</i> (MCP-1)	Forward Reverse	5'-GCAGTTAACGCCCCACTCA-3' 5'-CCTACTCATTGGGATCATCTTGCT-3'
<i>Colla1</i> (Type I collagen α 1)	Forward Reverse	5'-ATGGATTCCCGTTCGAGTACG-3' 5'-TCAGCTGGATAGCGACATCG-3'
<i>Spp1</i> (Osteopontin)	Probe Forward Reverse	5'-CCCAGCTTCTGAGCATGCCCTCTG-3' 5'-CCCTCGATGTCATCCCTGTT-3' 5'-CCCTTCCGTTGTTGTCCTG-3'
<i>Fnl</i> (Fibronectin)	Forward Reverse	5'-GGCTACATCATCCGCCATCA-3' 5'-GCCCCGATTAAGGTTGGTGA-3'
<i>Acta2</i> (α -SMA)	Forward Reverse	5'-CCACCGCAAATGCTTCTAAGT-3' 5'-GGCAGGAATGATTTGGAAAGG-3'
<i>Tgfb1</i> (TGF- β 1)	Forward Reverse	5'-CCCGAAGCGGACTACTATGC-3' 5'-TAGATGGCGTTGTTGCGGT-3'
<i>Timp1</i> (TIMP-1)	Forward Reverse	5'-CCGCCTAAGGAACGGAAATT-3' 5'-GGGCTCAGAGTACGCCAGG-3'
<i>Islr</i> (Meflin)	Forward Reverse	5'-AGATCCGCTCGGTGGCTATT-3' 5'-AGGTCGCTCCAGGCAAAC-3'

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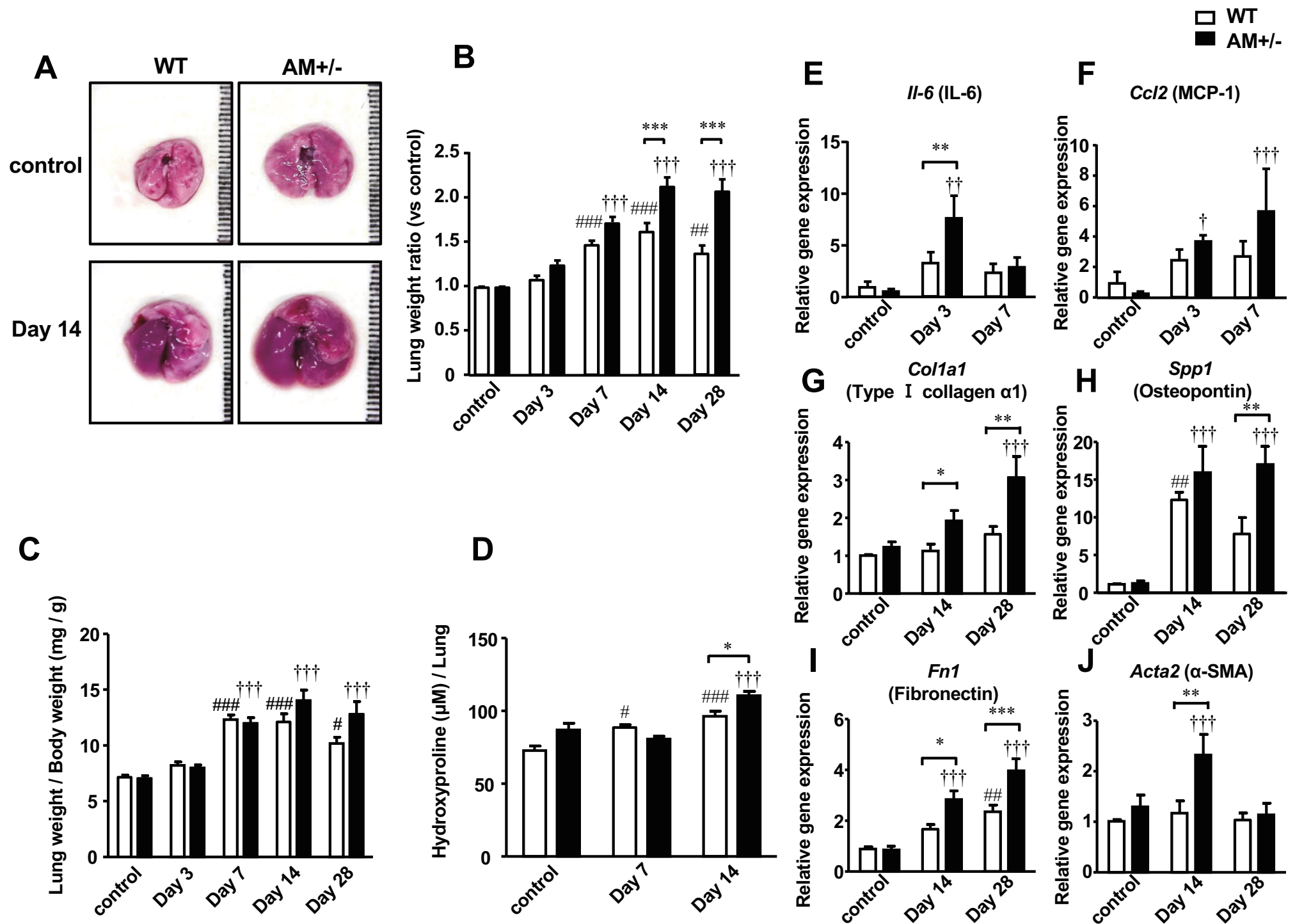


Figure 1

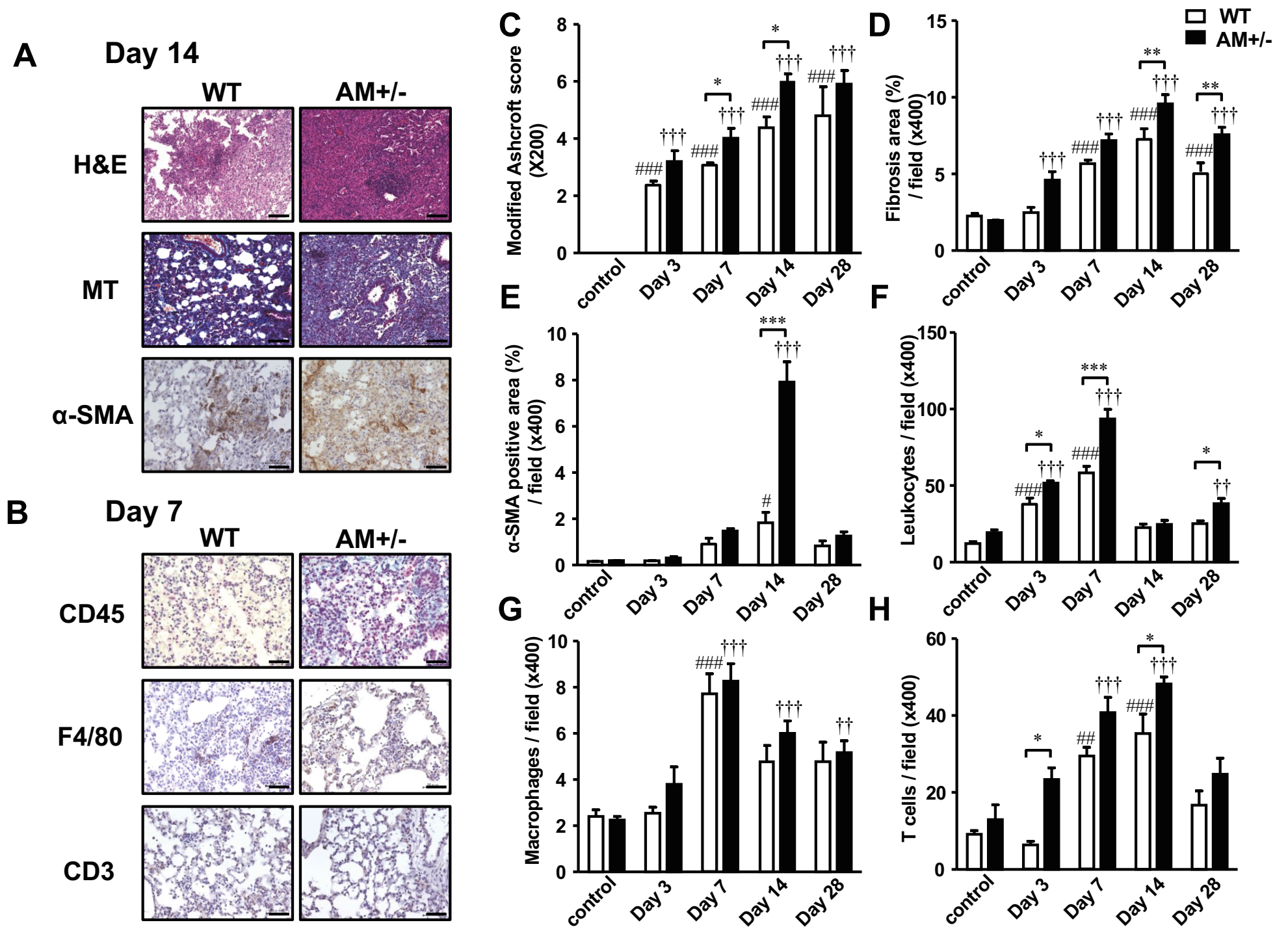
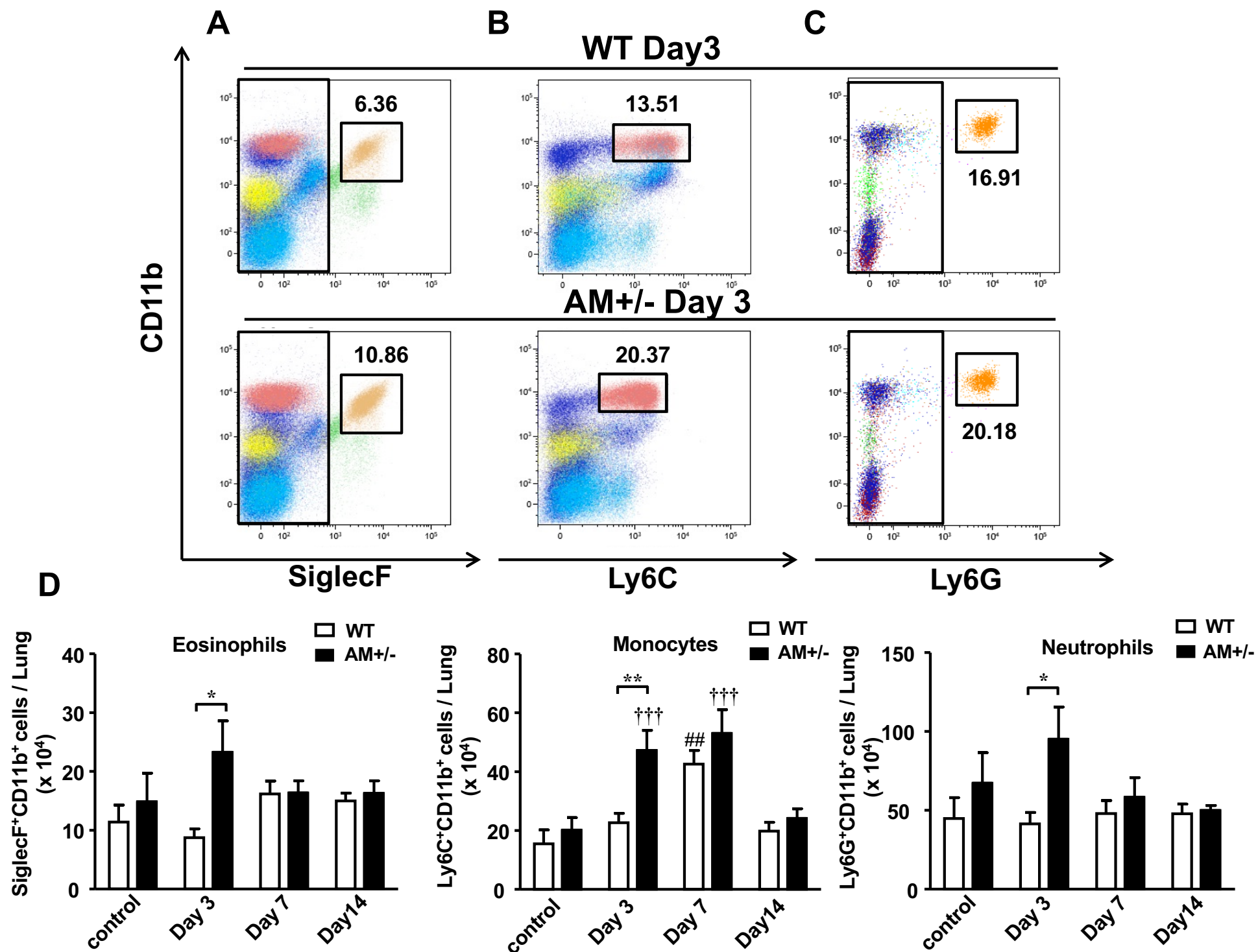


Figure 2



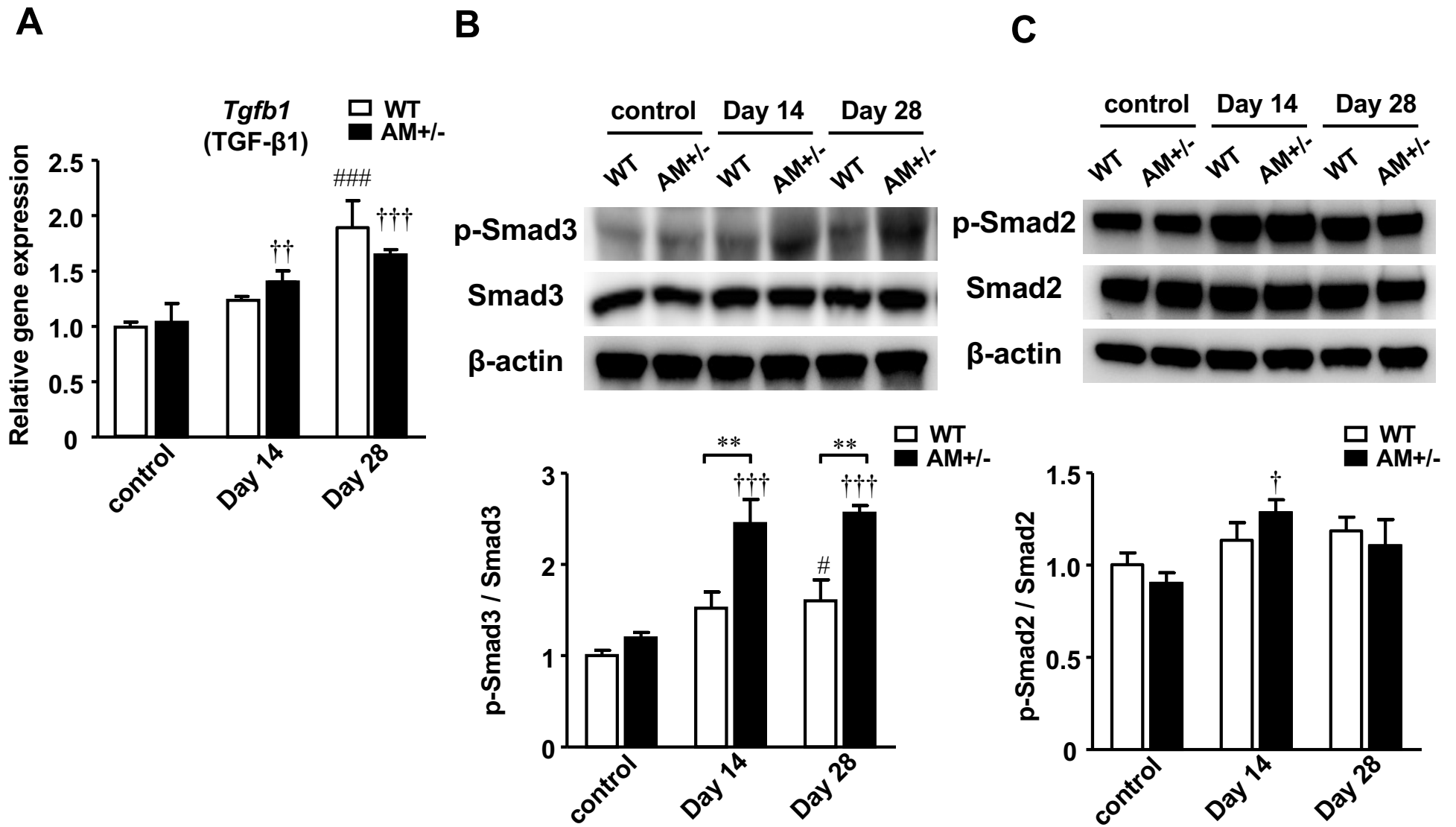


Figure 4

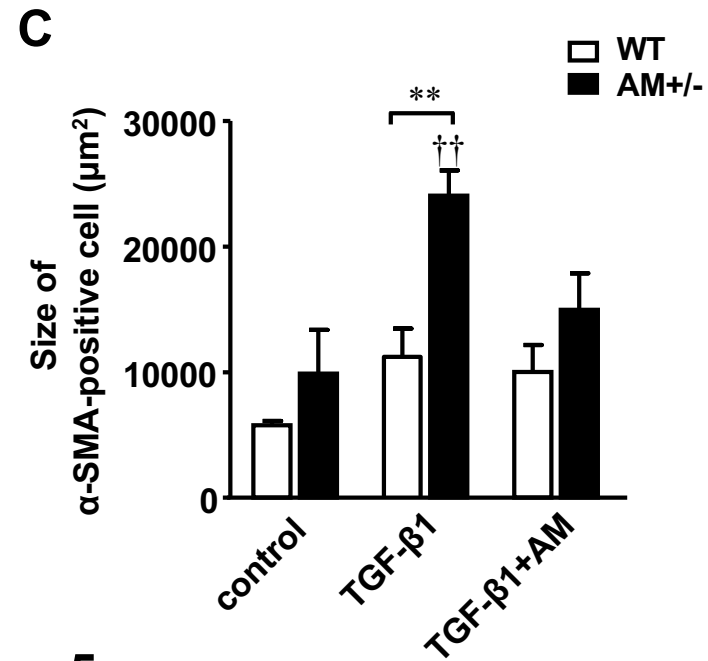
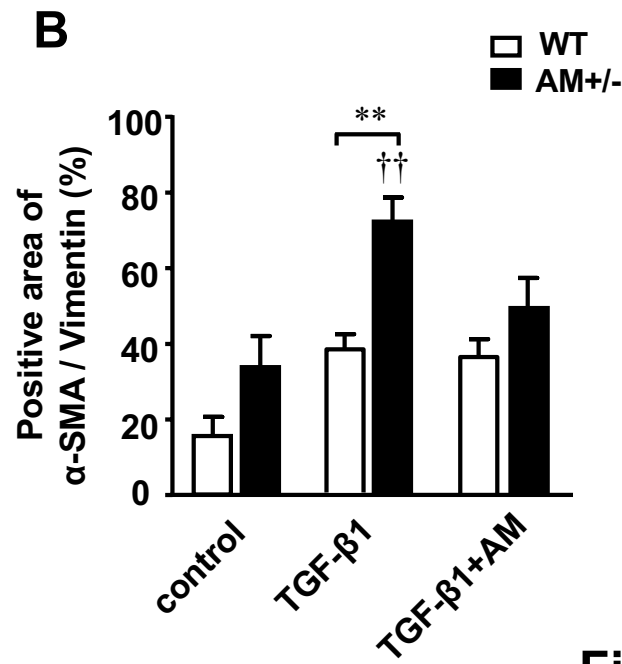
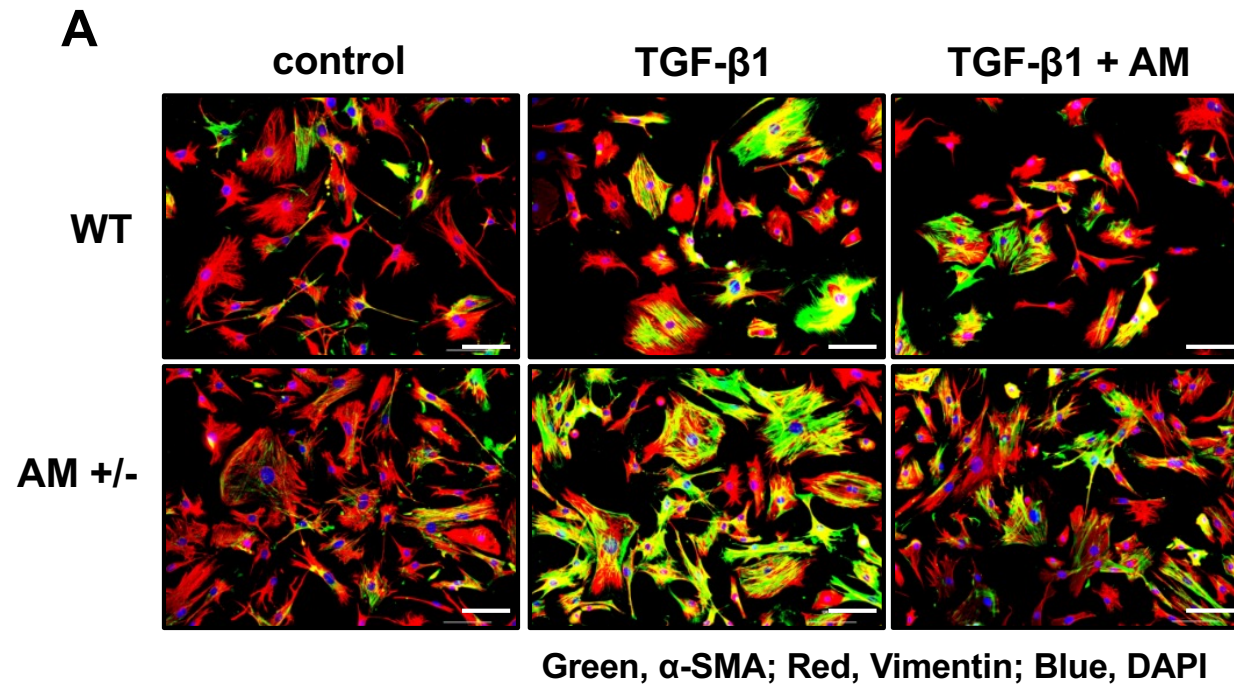
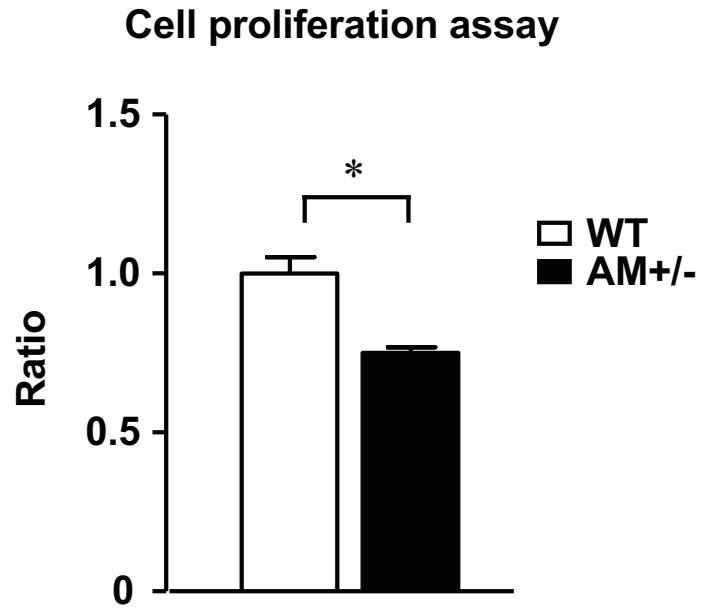


Figure 5

A

**Cell migration assay
(Scratch assay)**

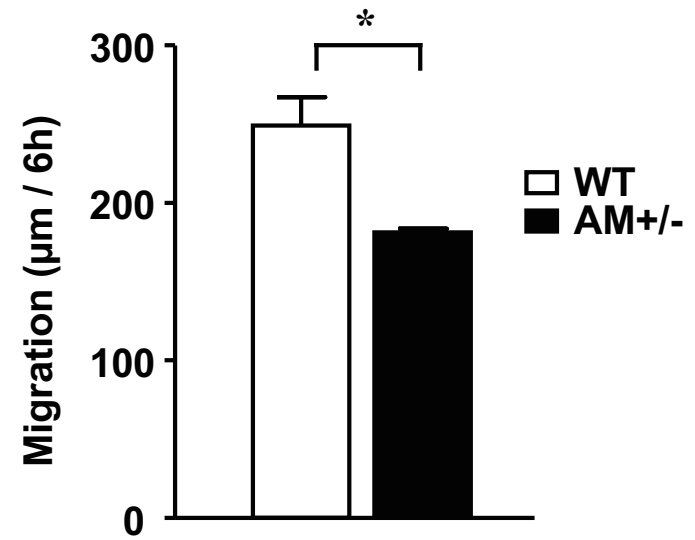
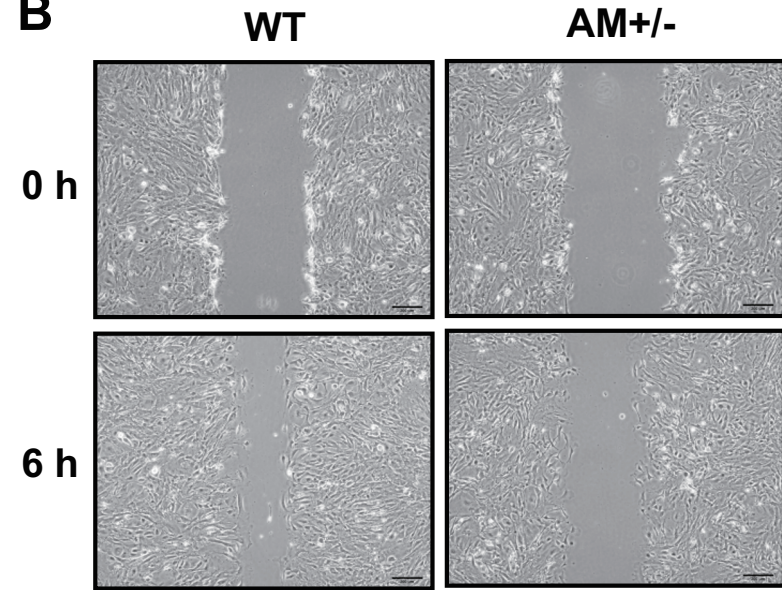
B

Figure 6

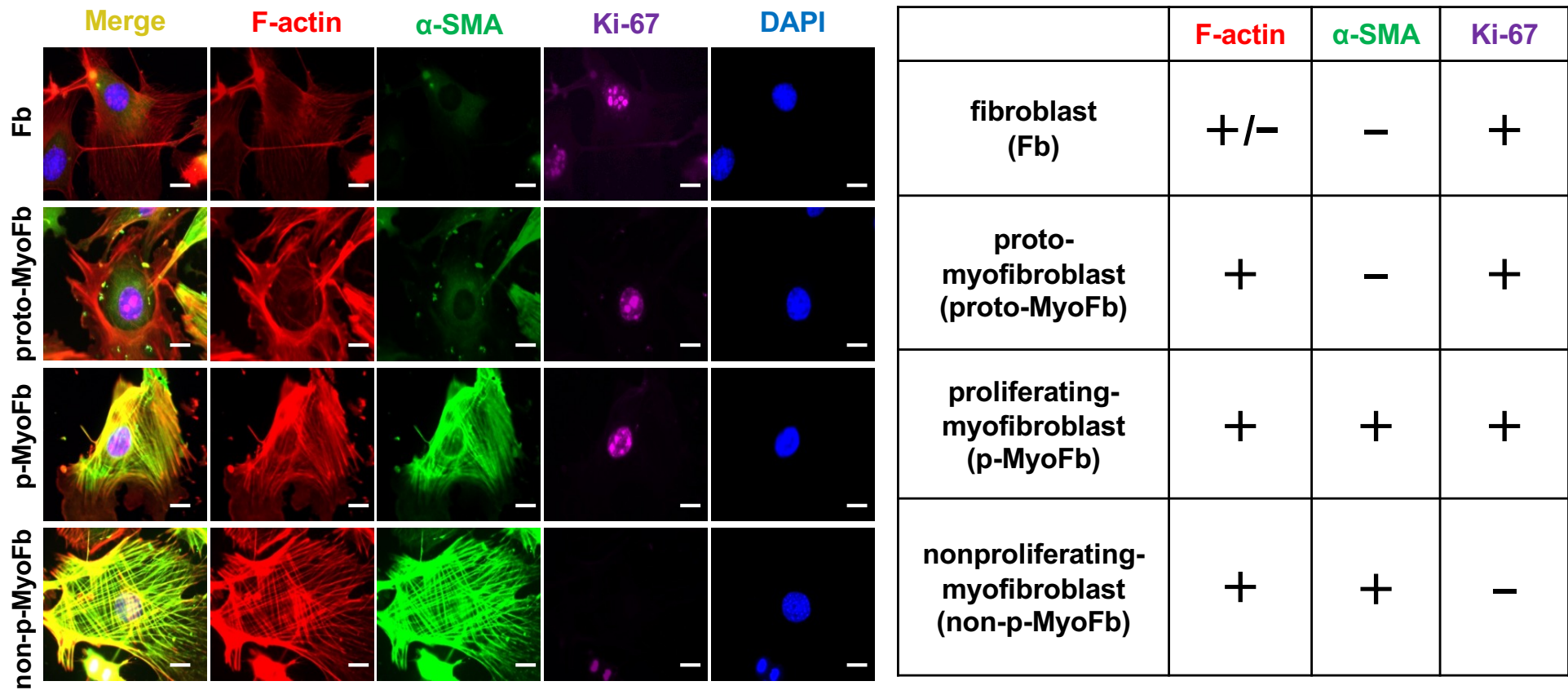


Figure 7

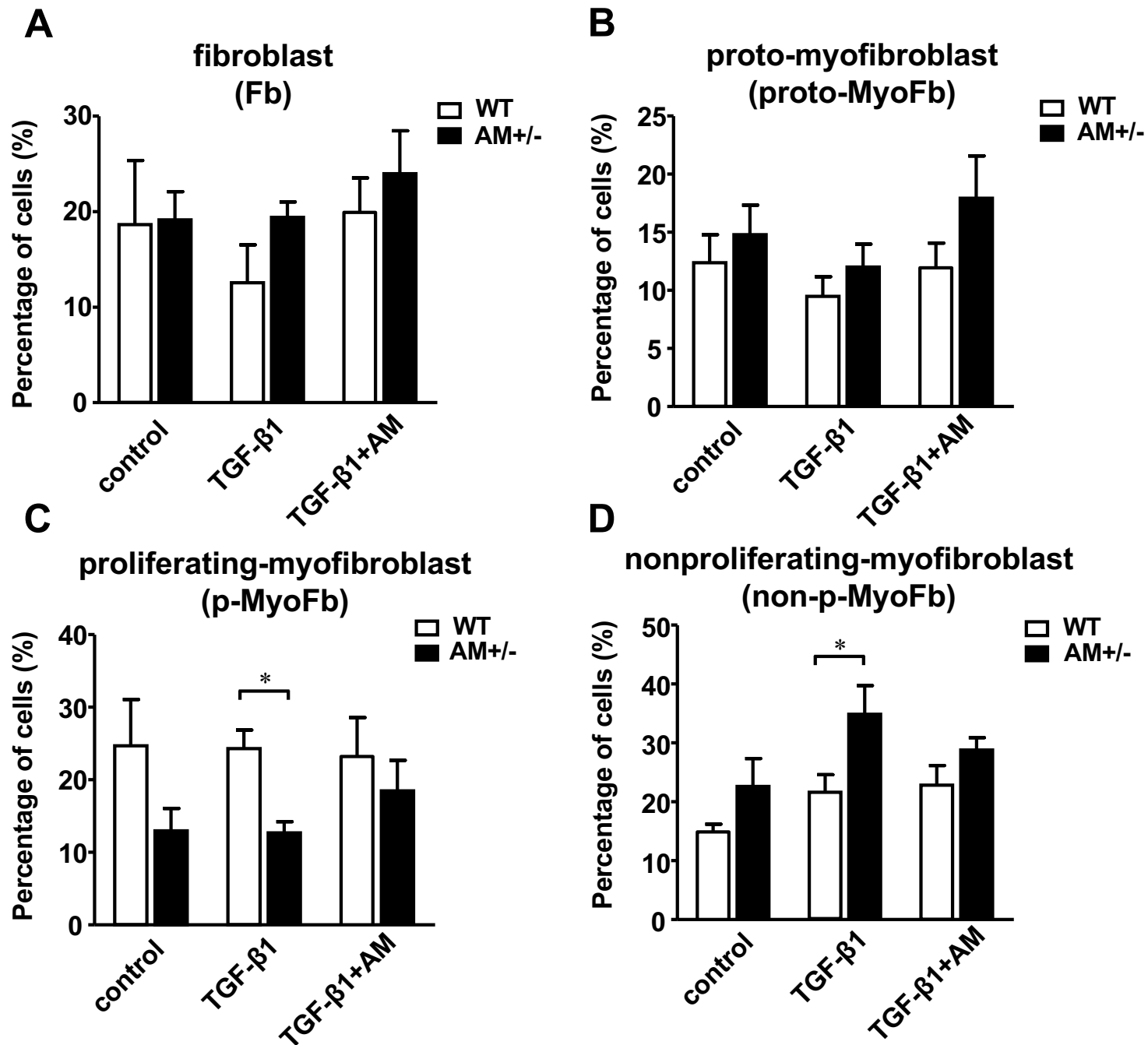


Figure 8

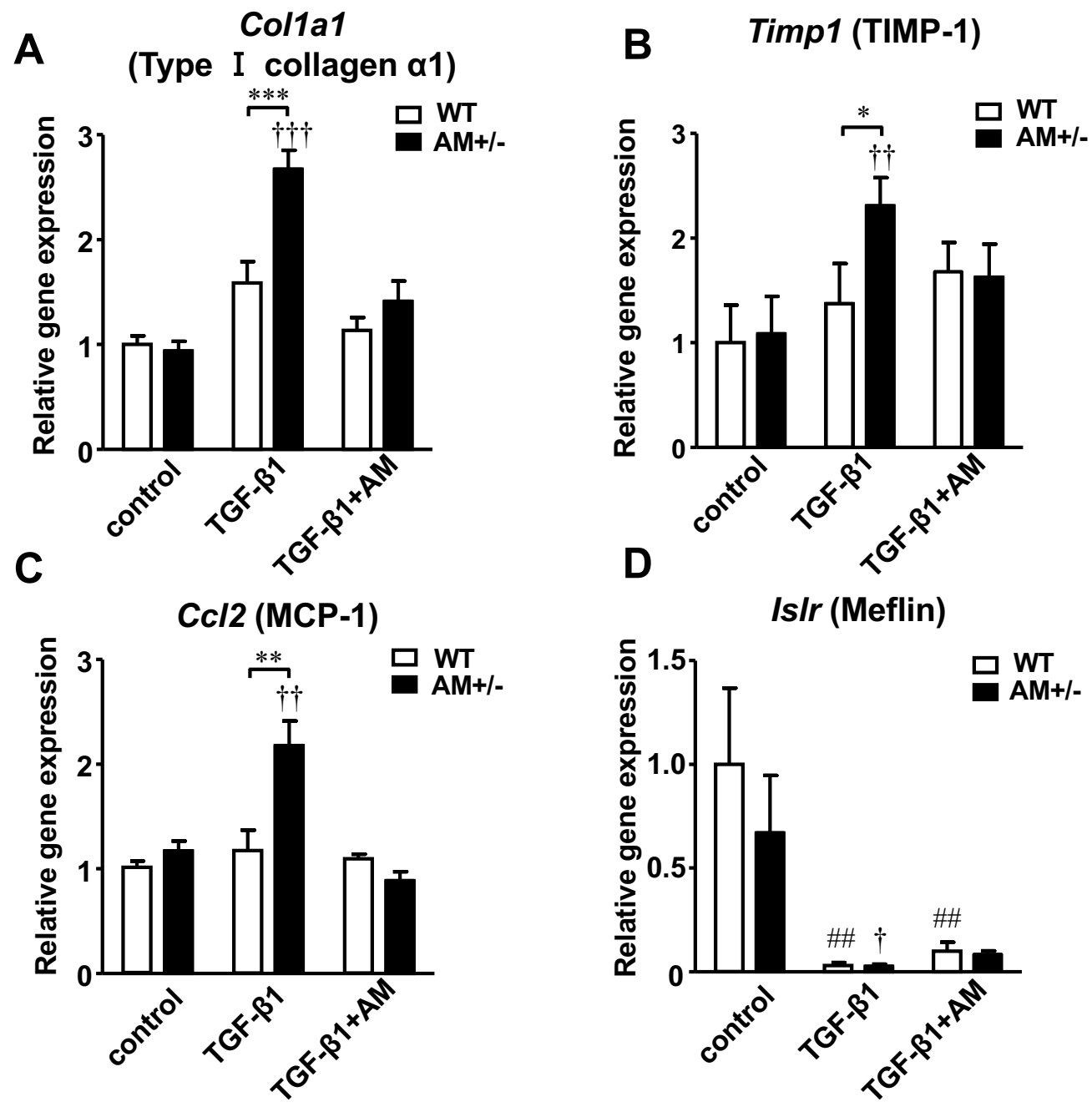


Figure 9

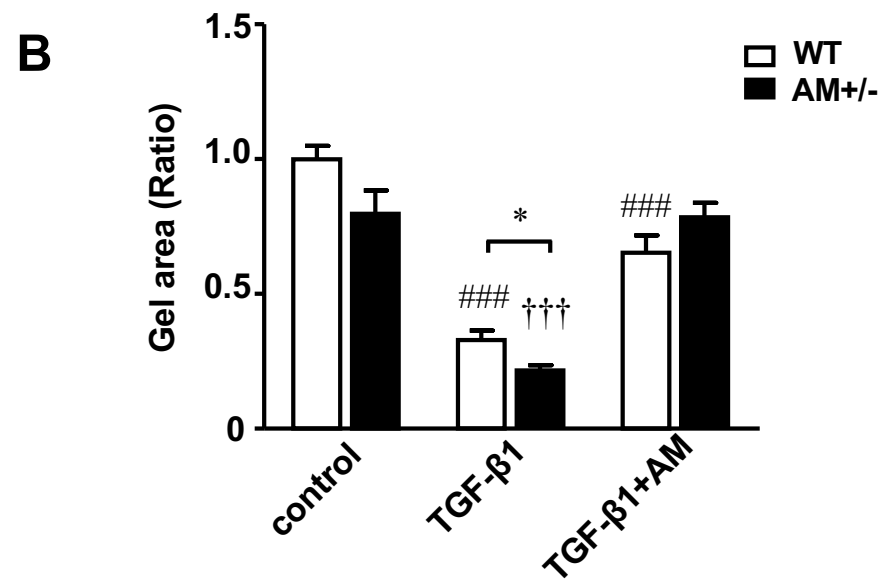
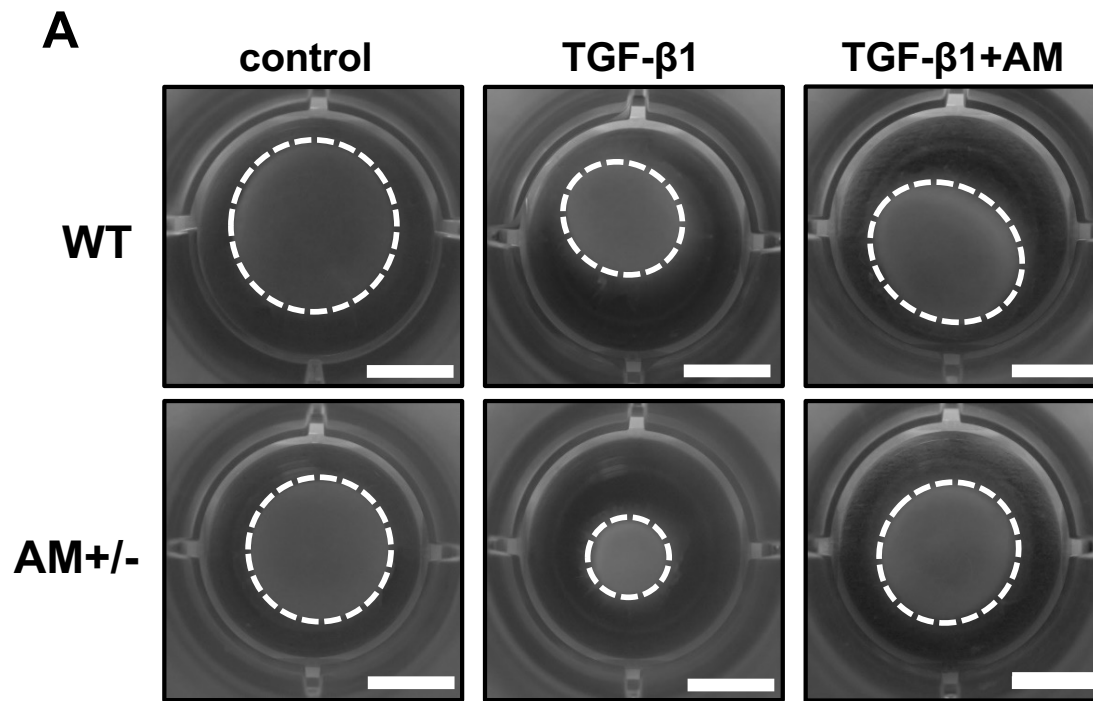


Figure 10

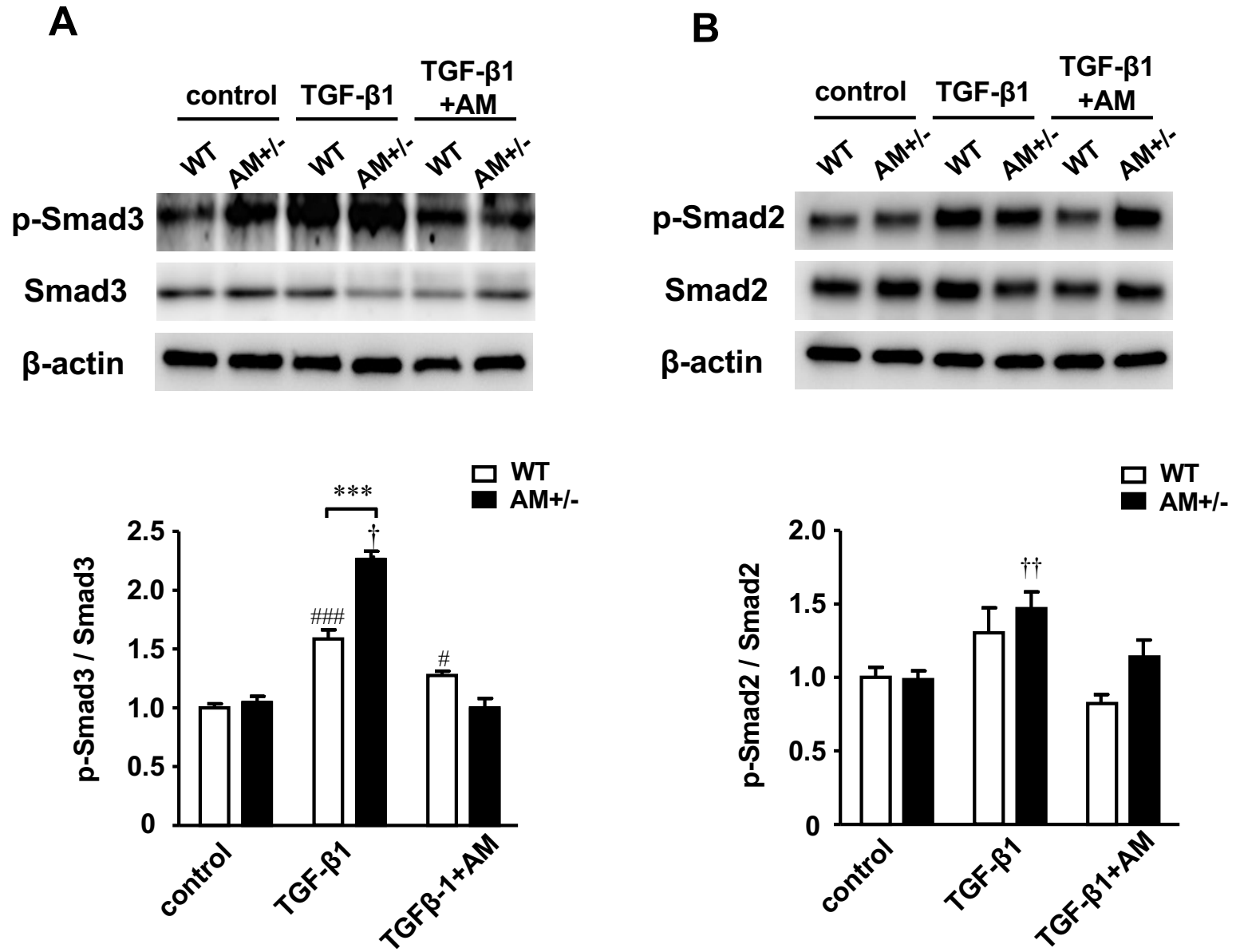
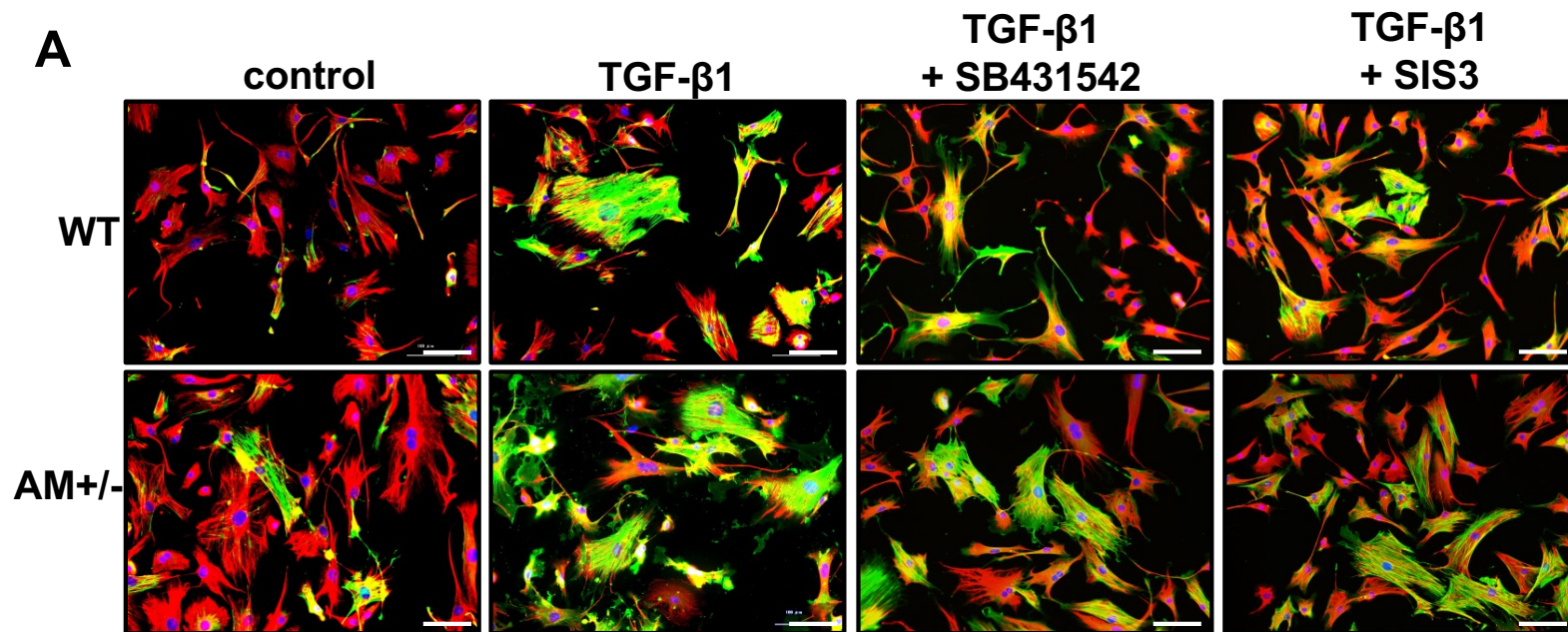


Figure 11



Green, α -SMA; Red, Vimentin; Blue, DAPI

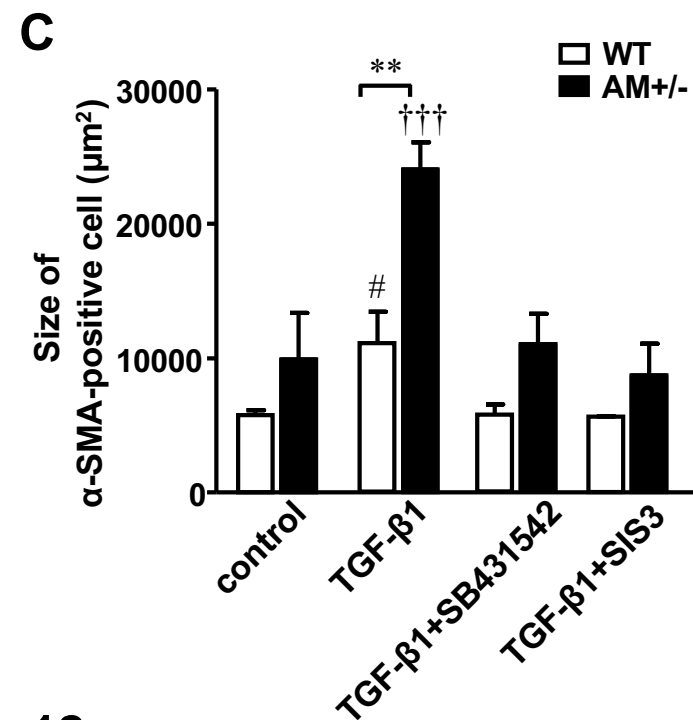
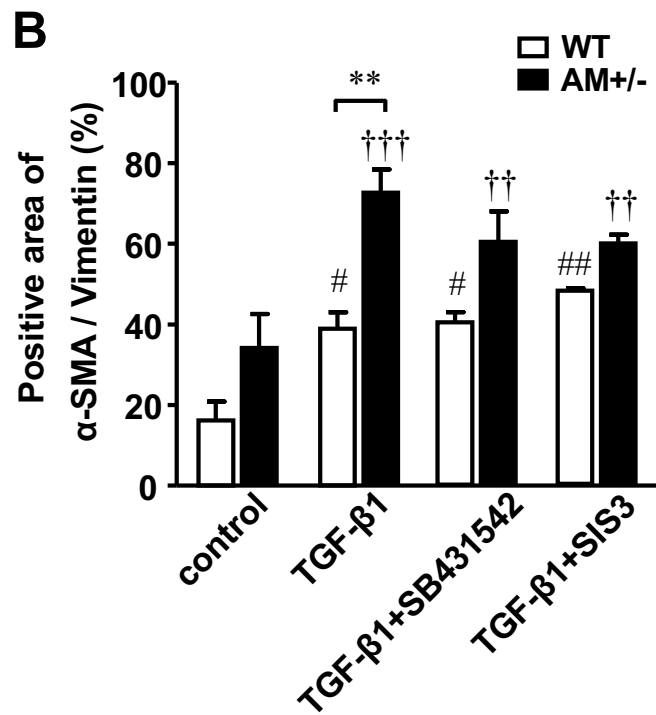
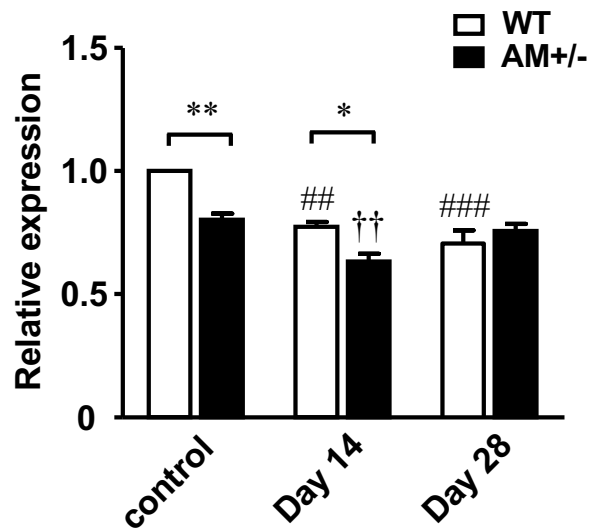
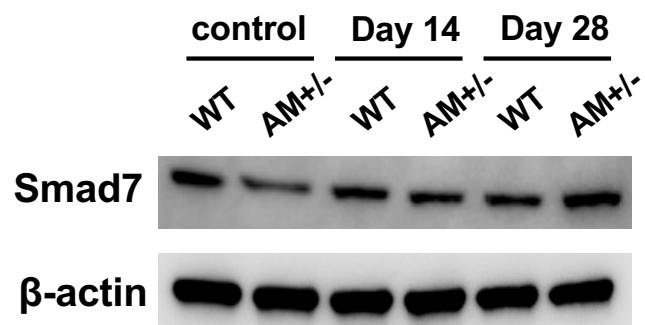
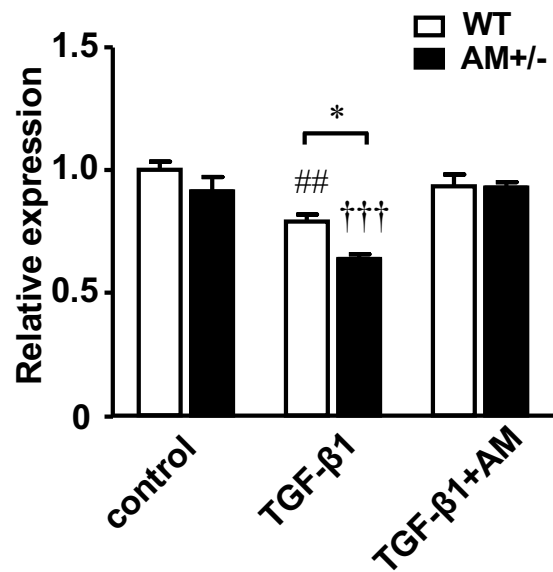
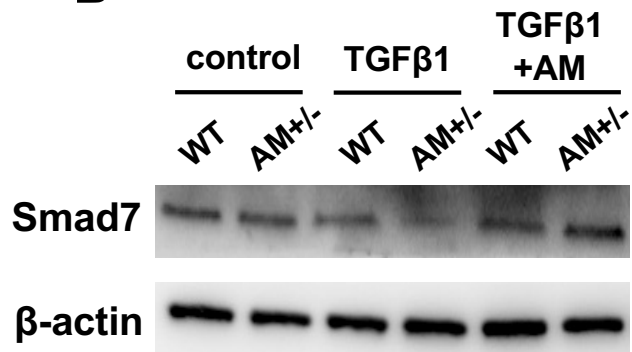
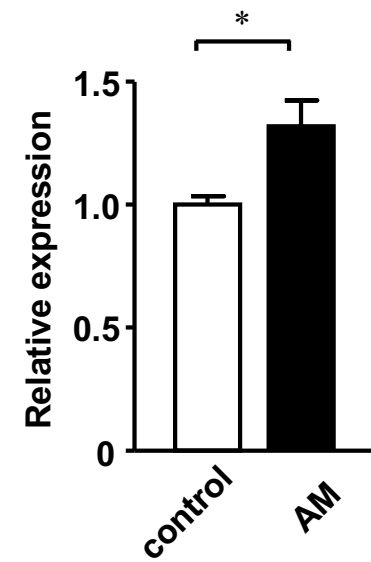
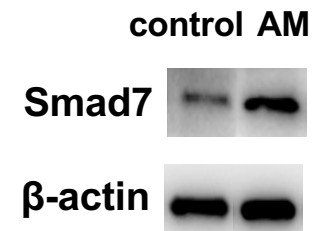


Figure 12

A**B****C****Figure 13**

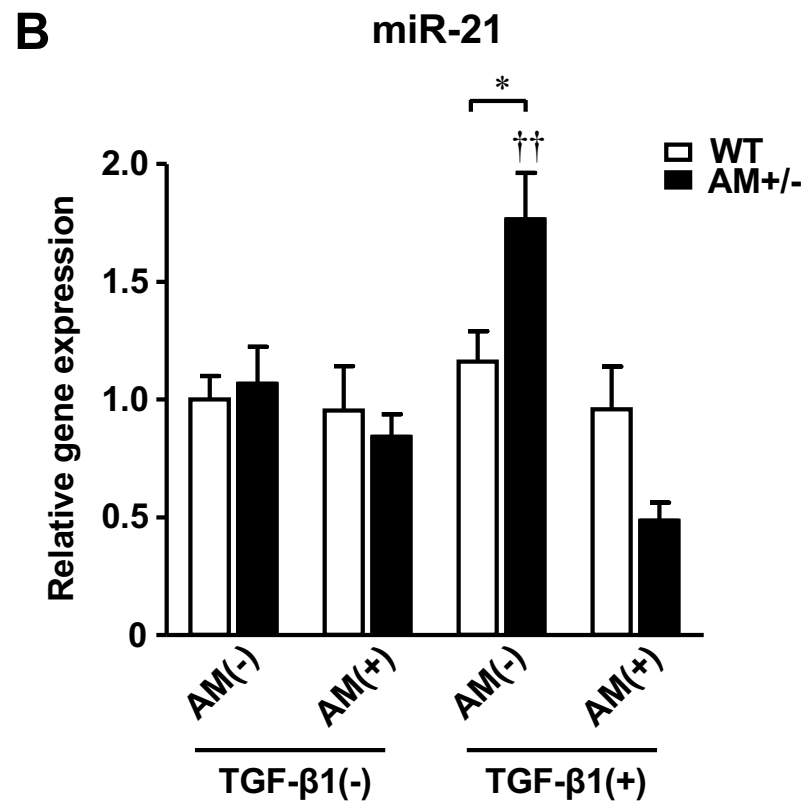
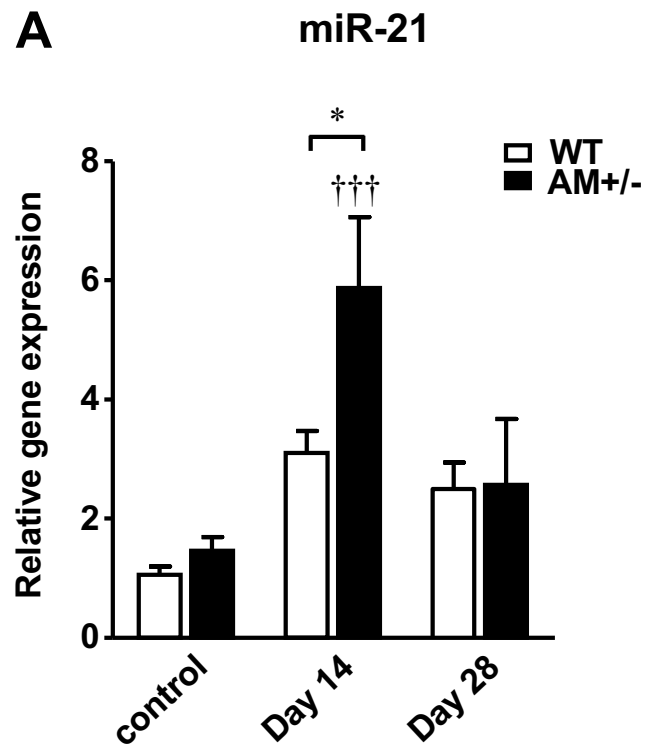


Figure 14

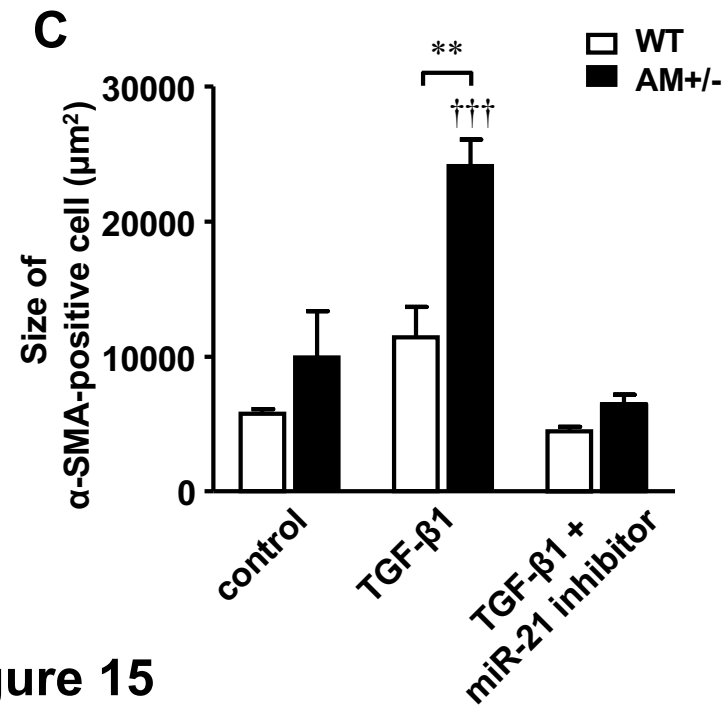
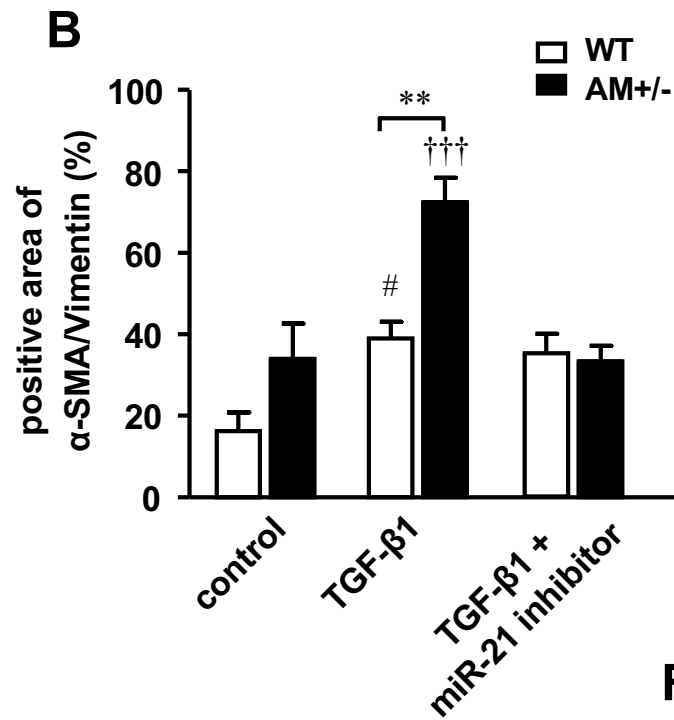
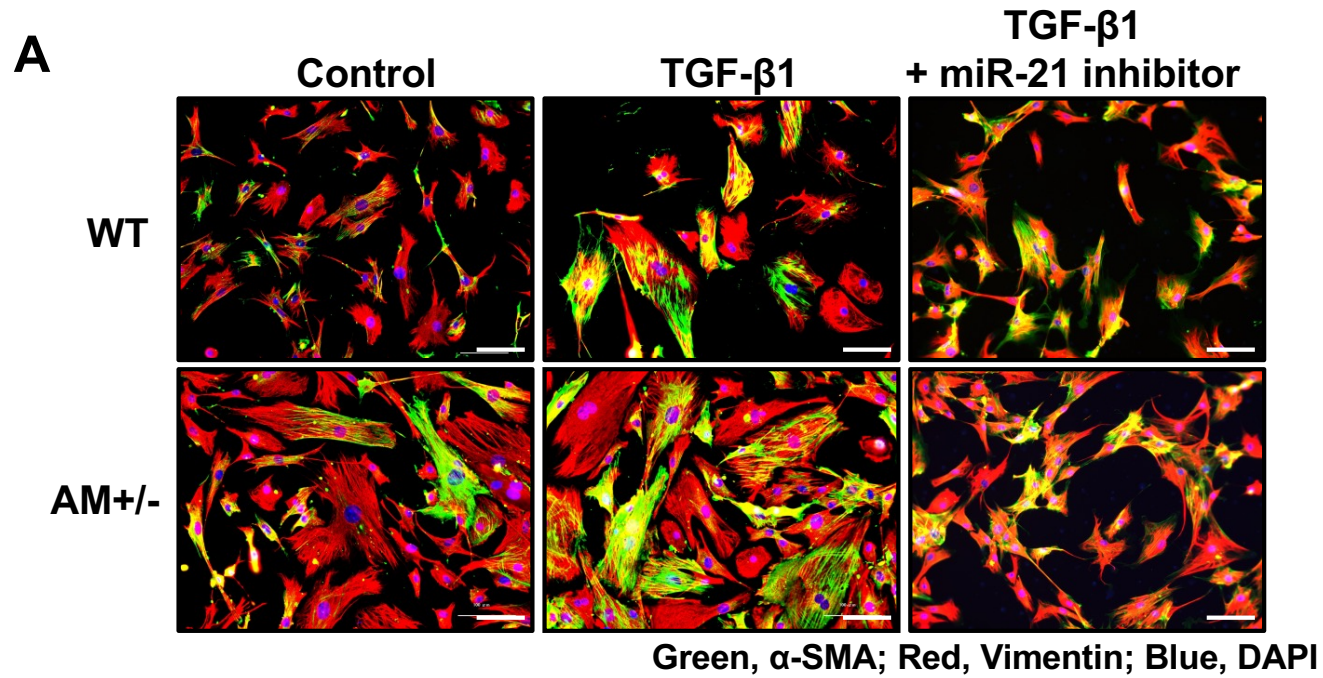


Figure 15

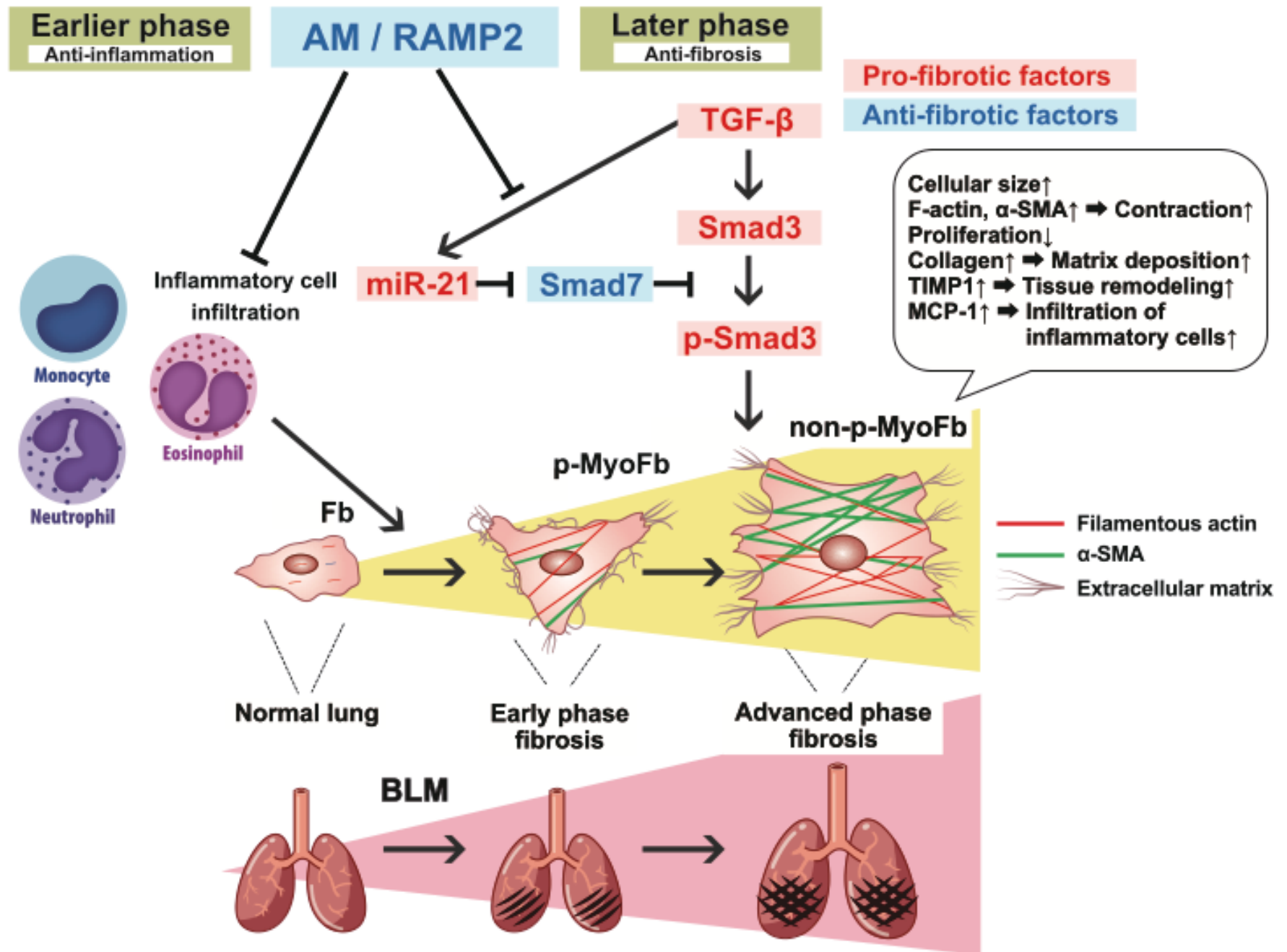
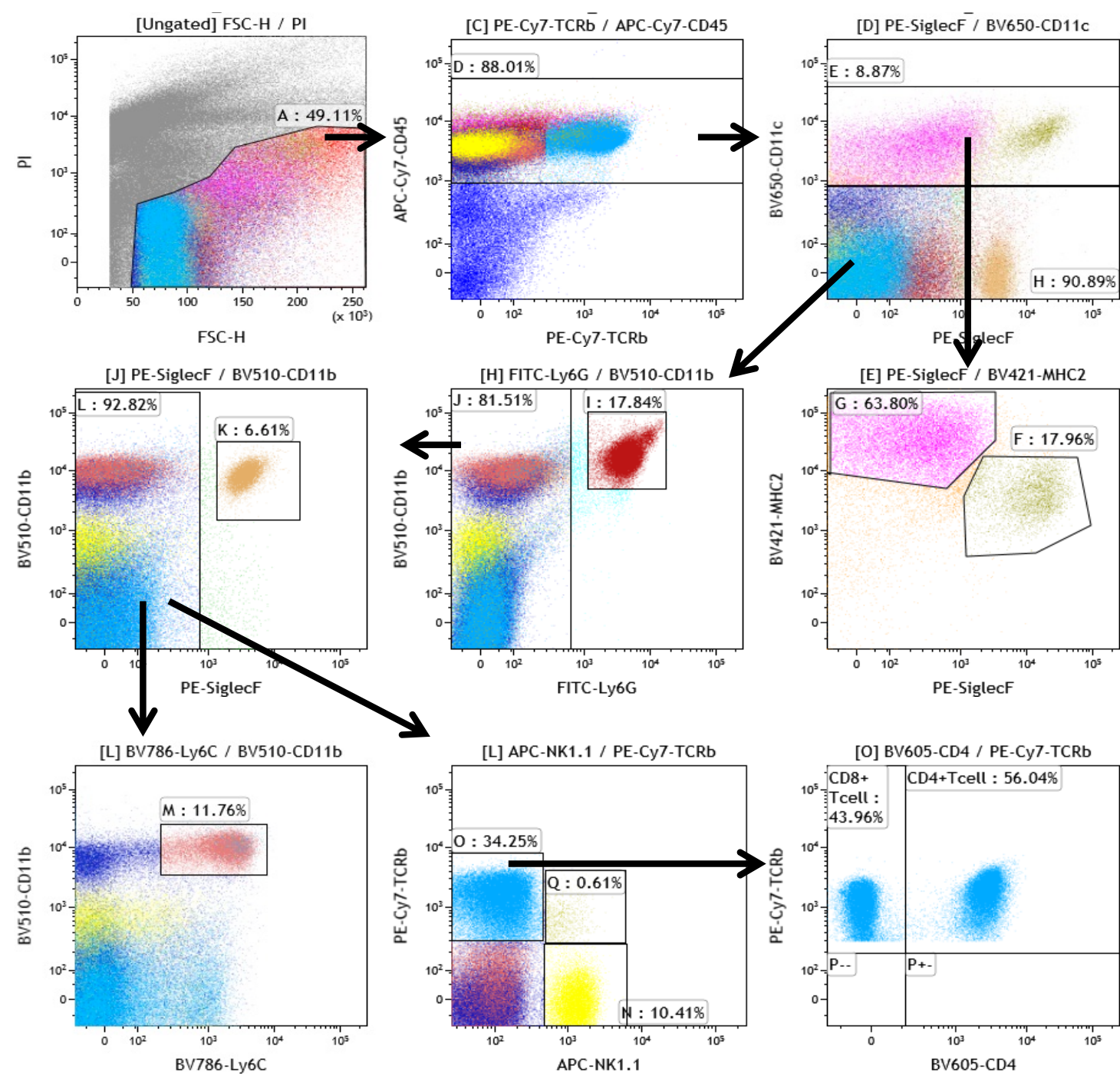
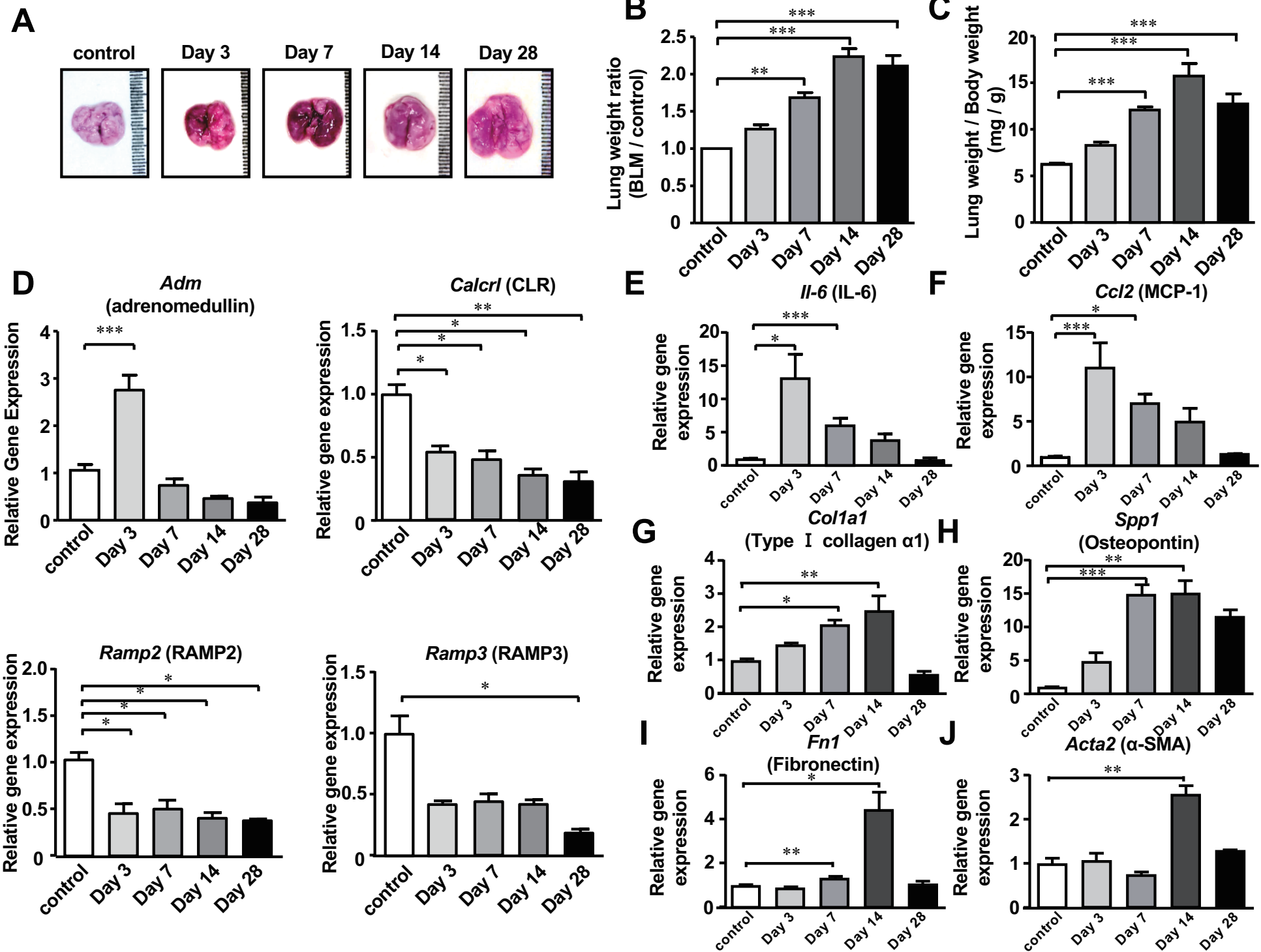


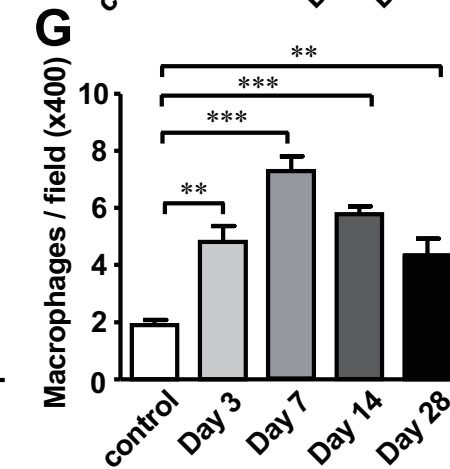
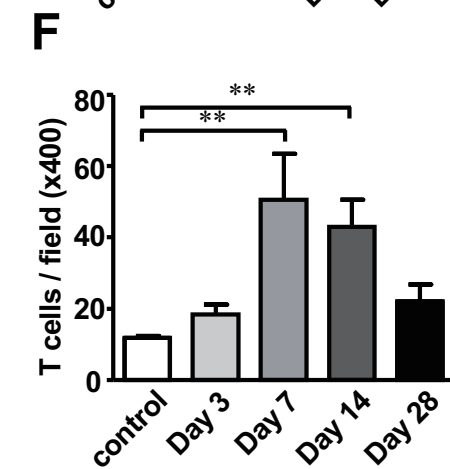
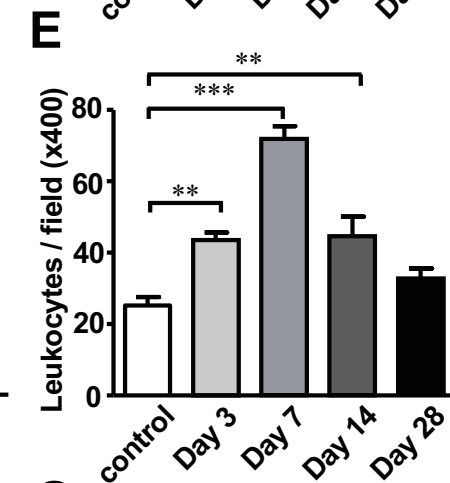
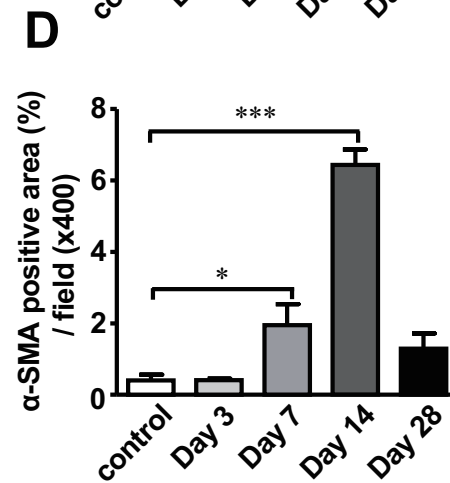
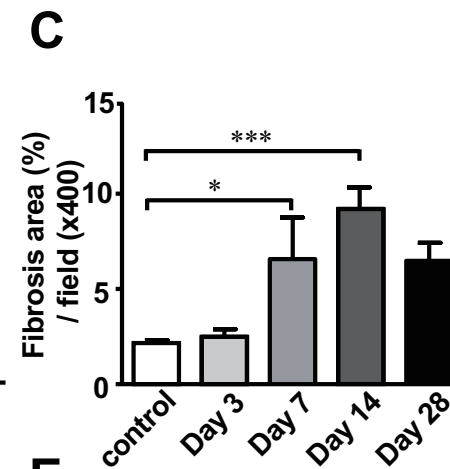
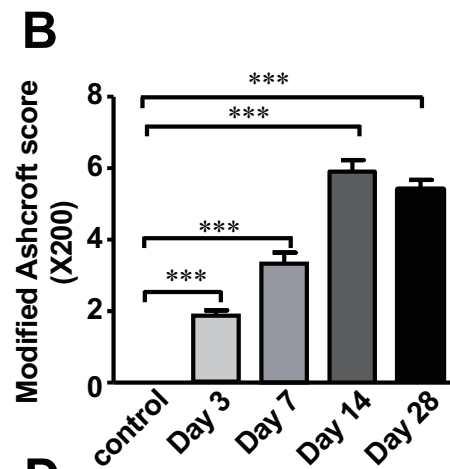
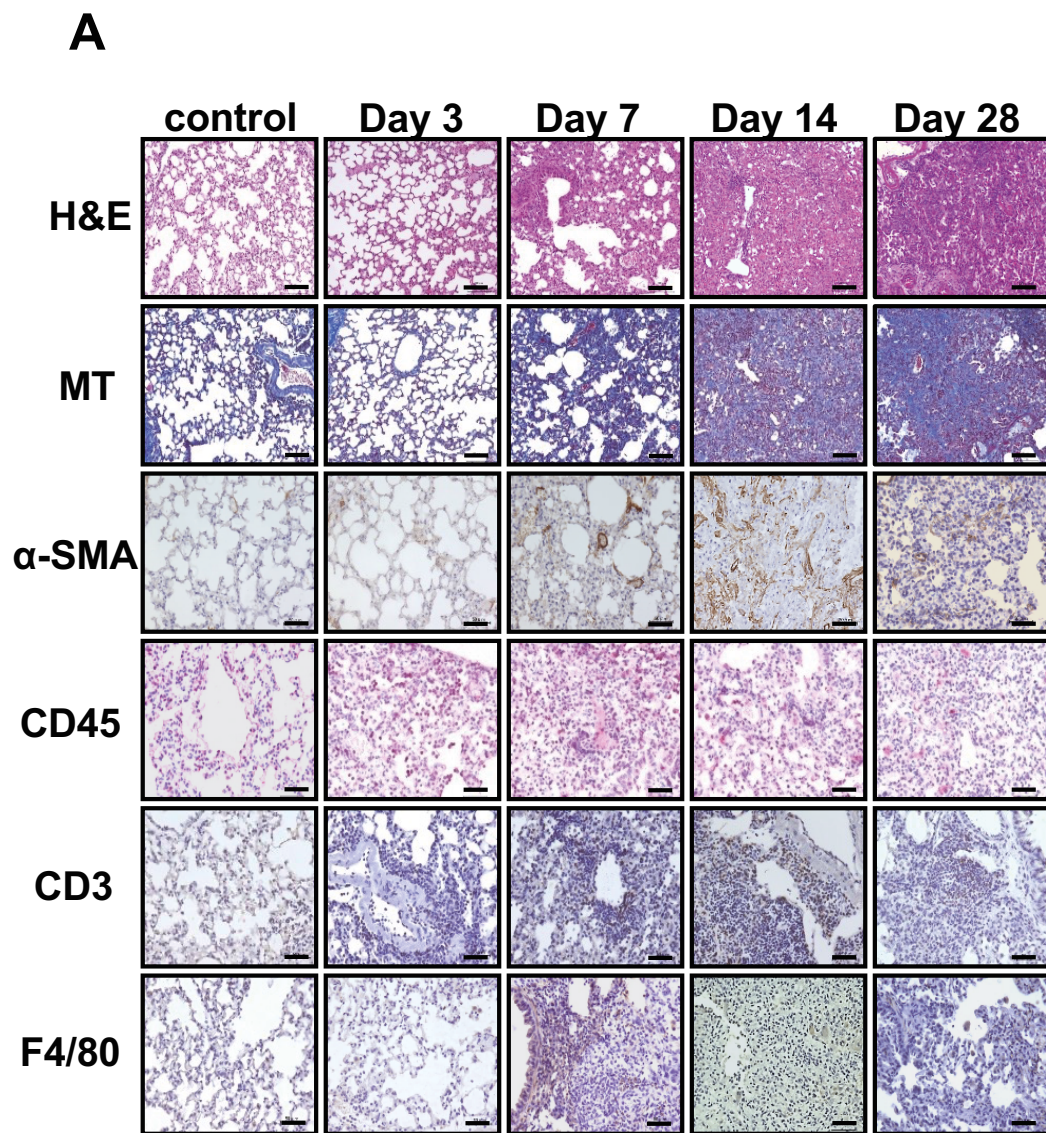
Figure 16



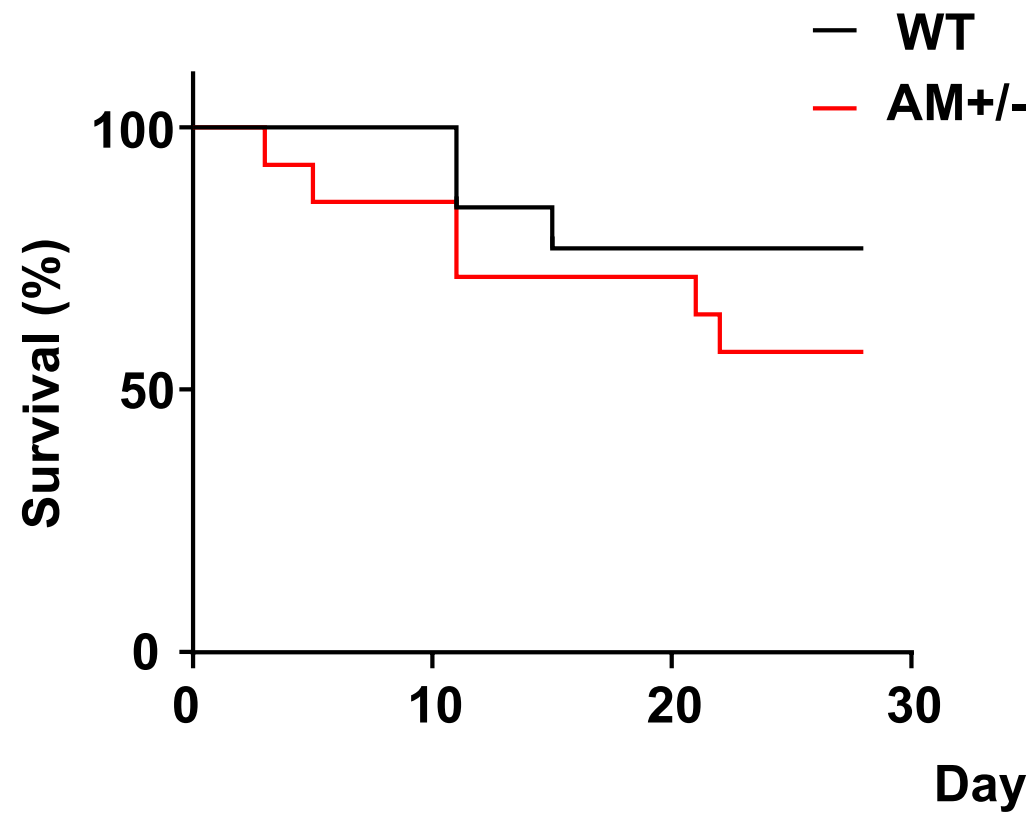
Supplementary Figure 1



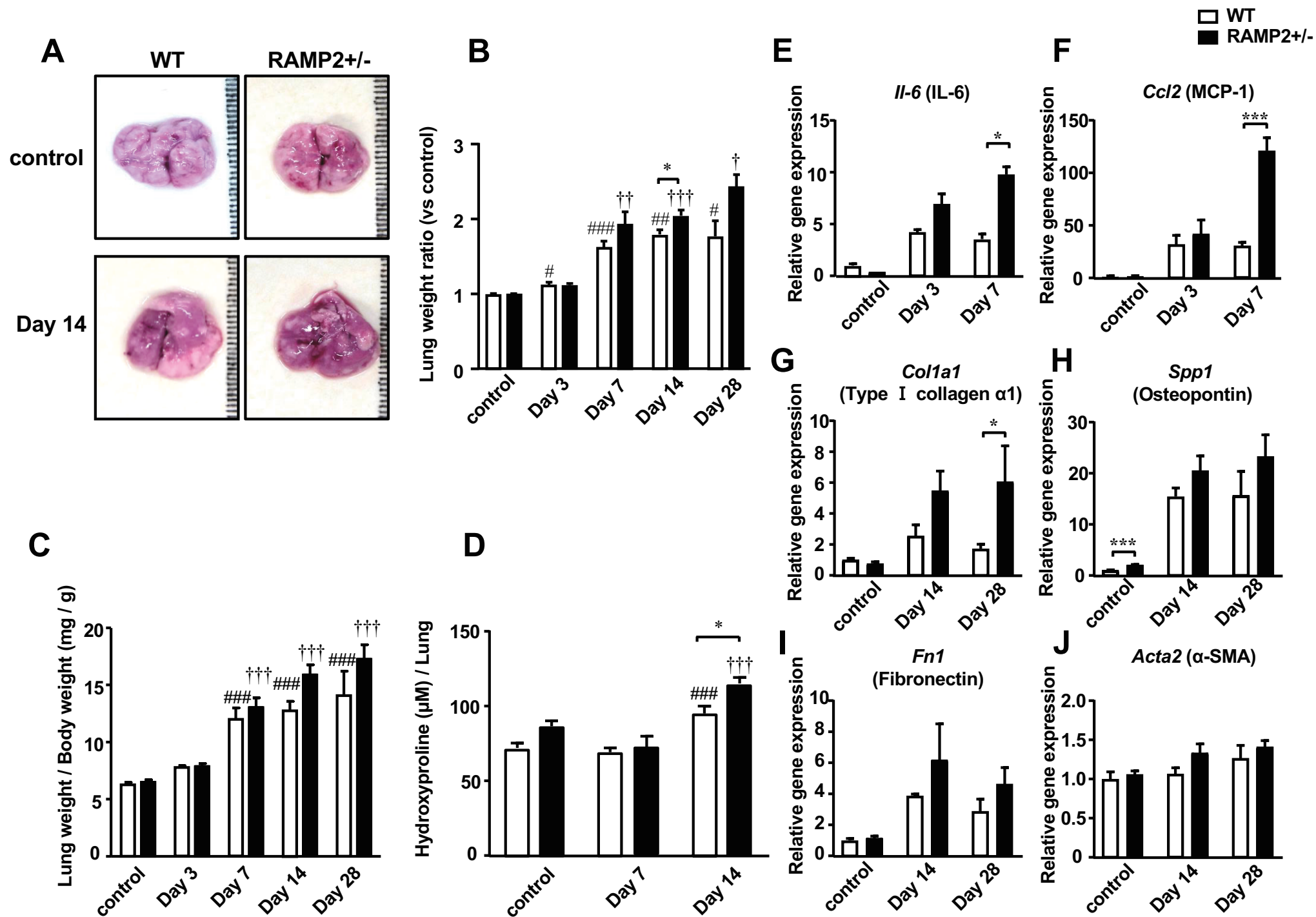
Supplementary Figure 2



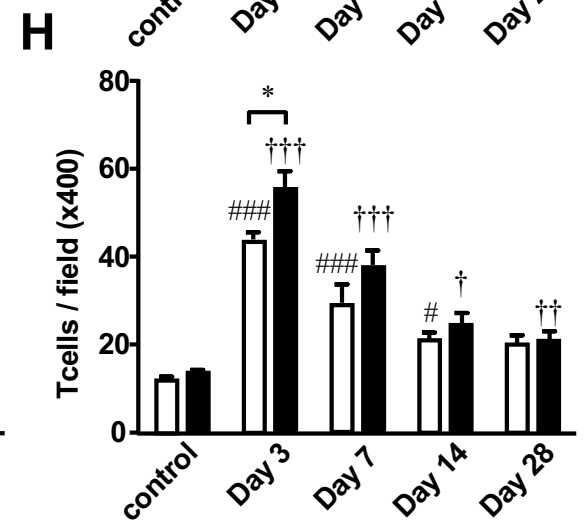
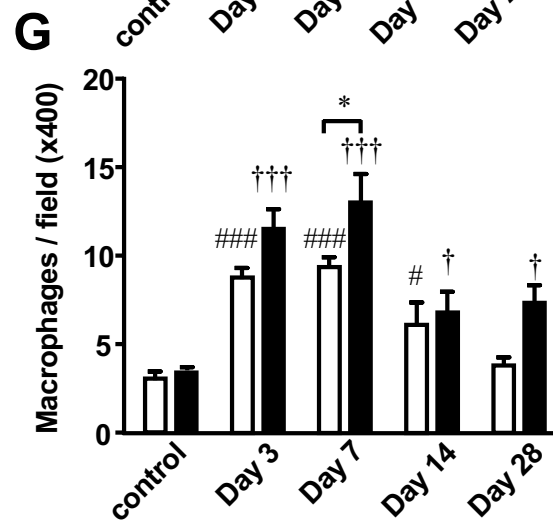
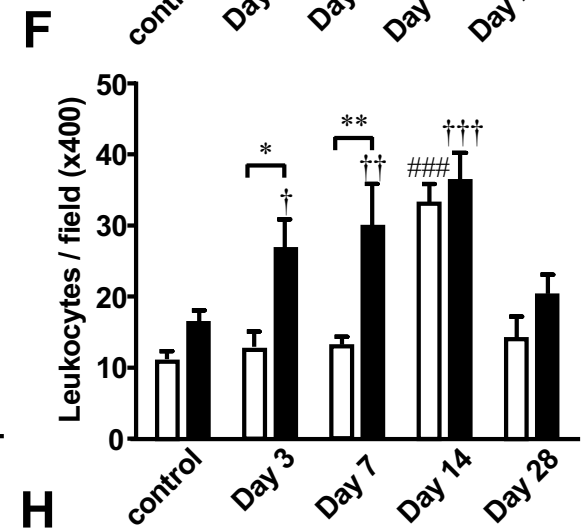
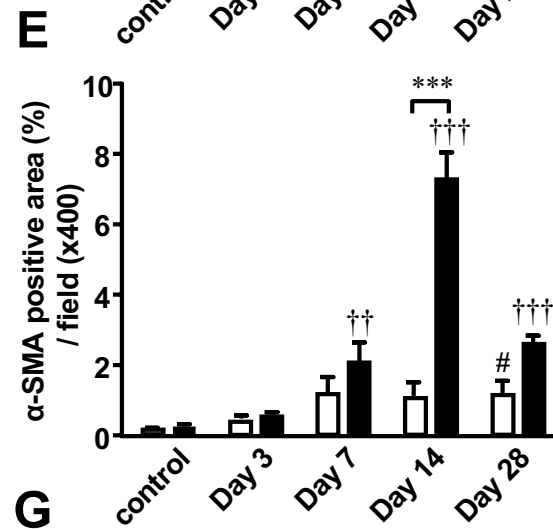
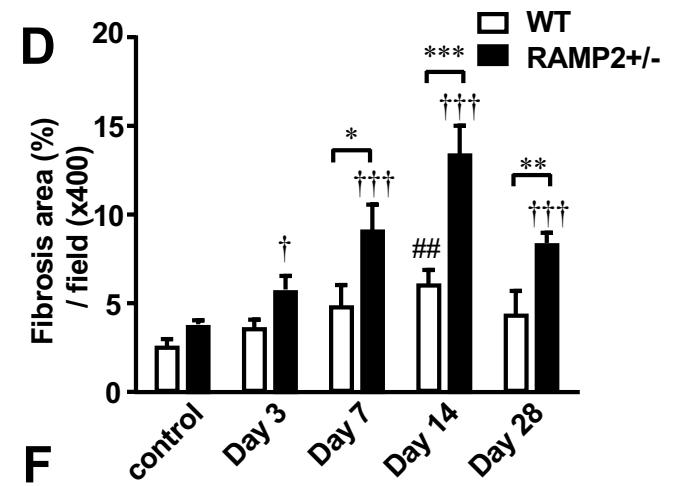
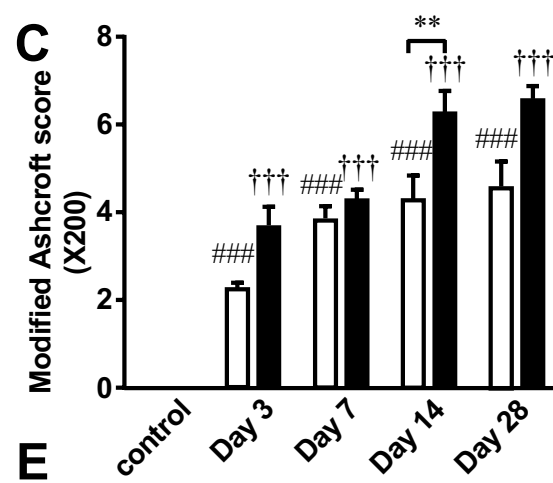
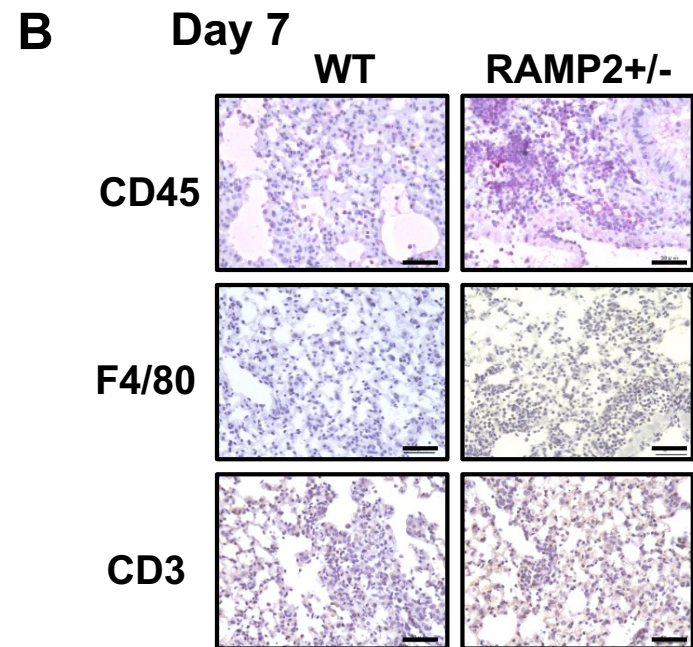
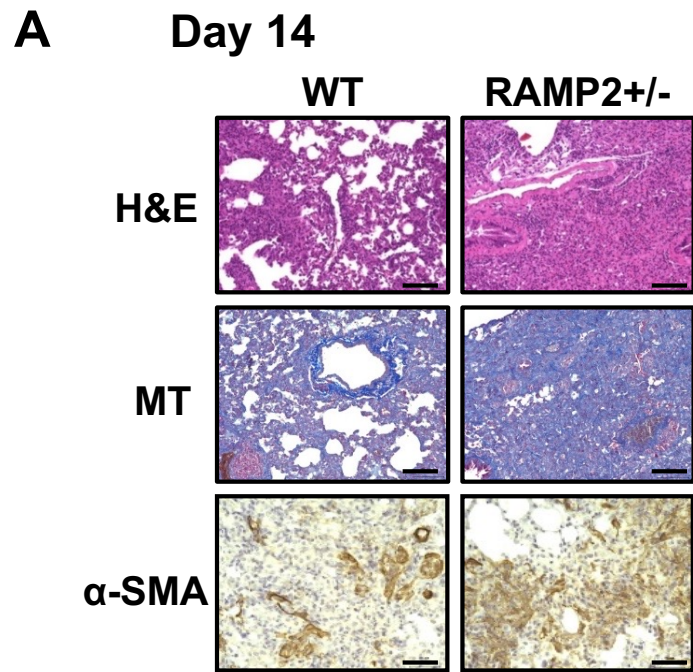
Supplementary Figure 3



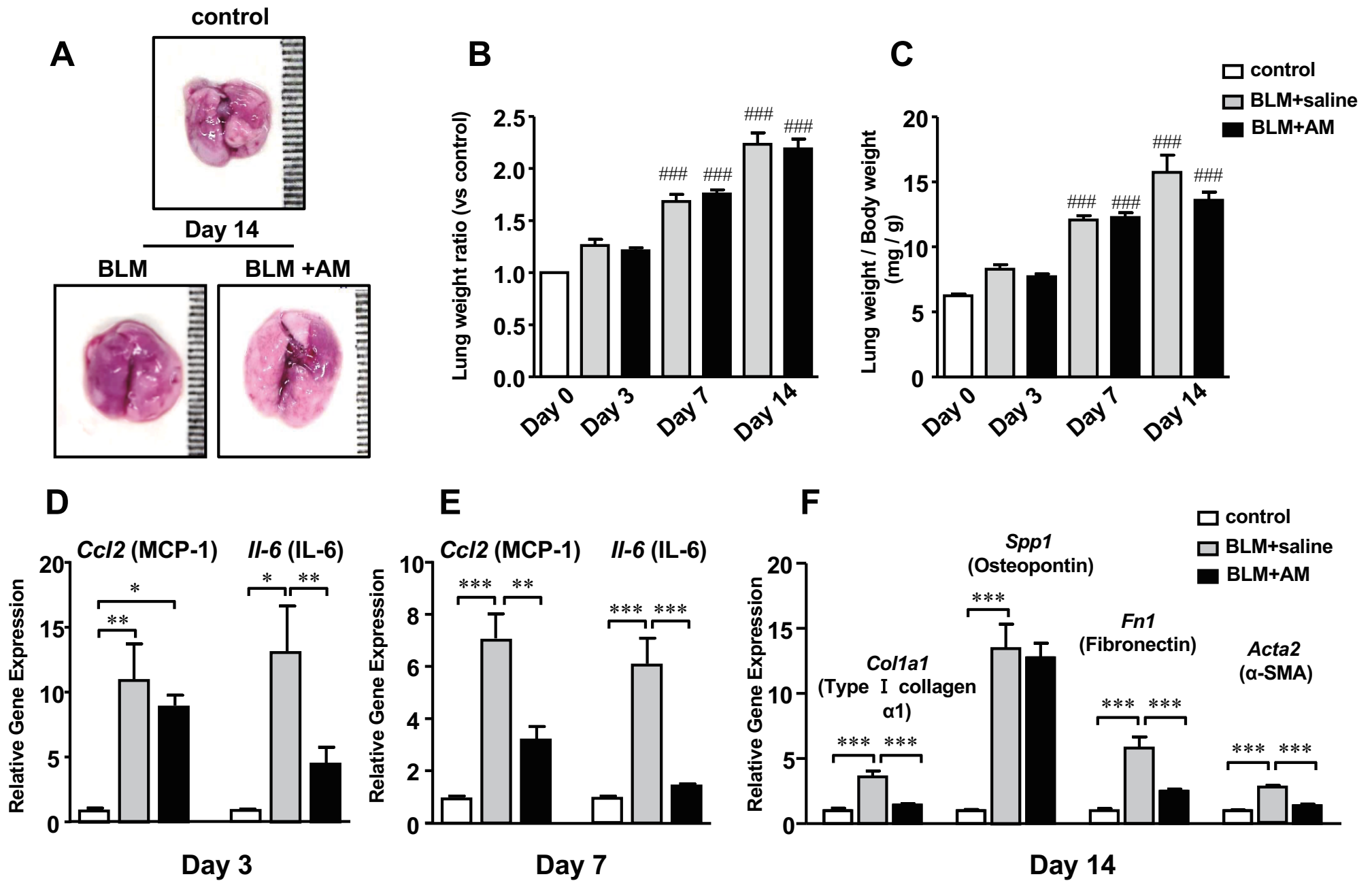
Supplementary Figure 4



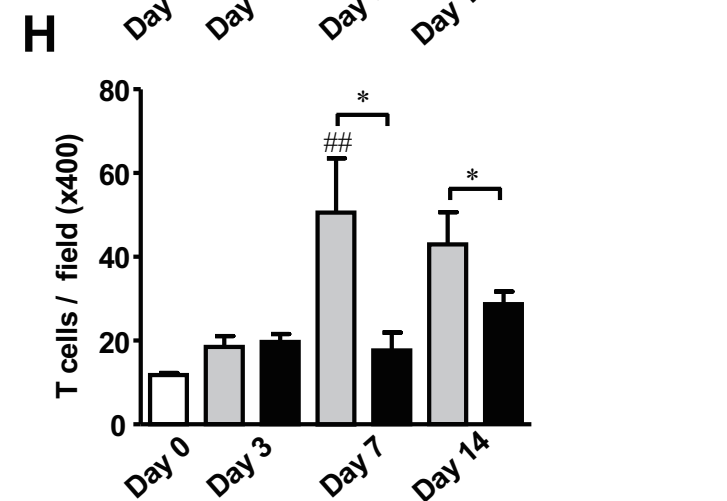
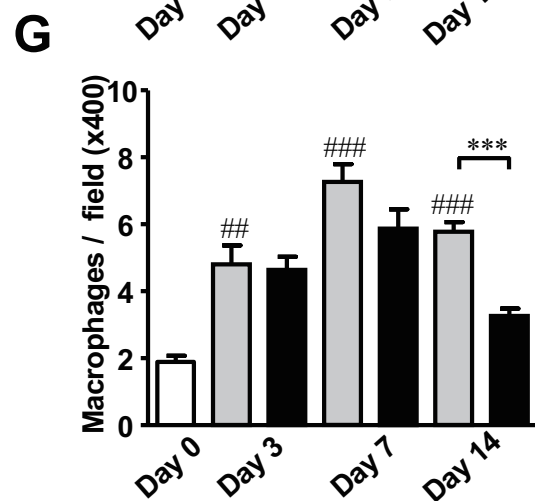
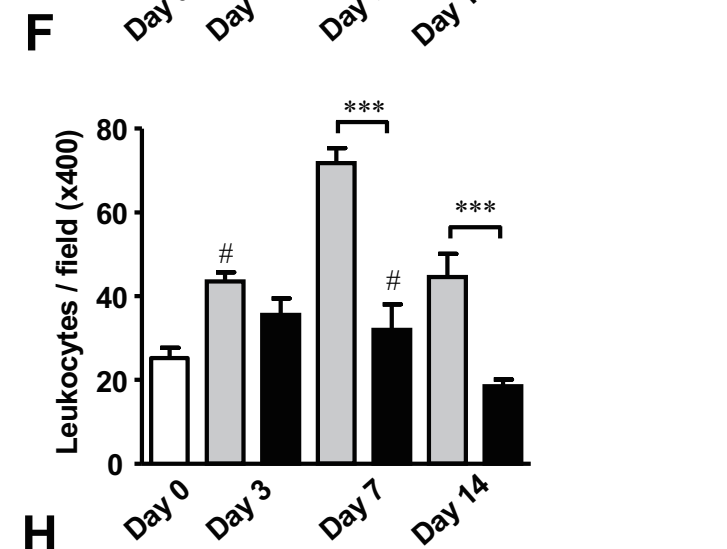
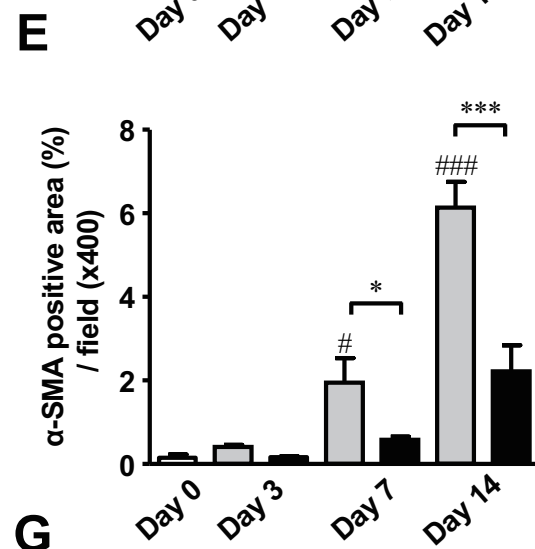
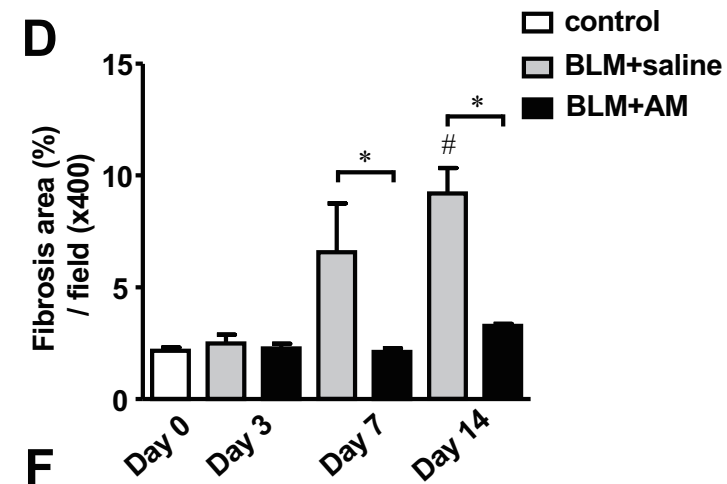
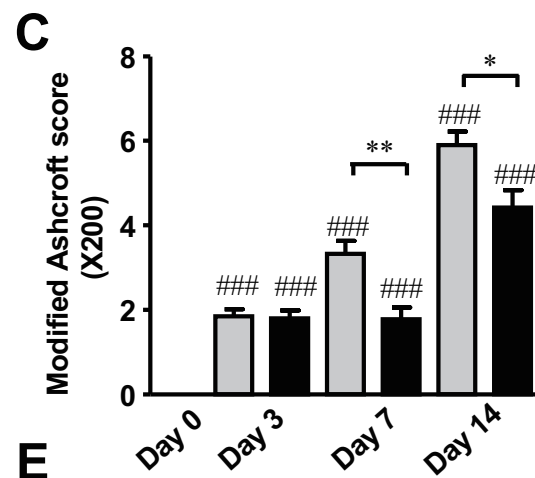
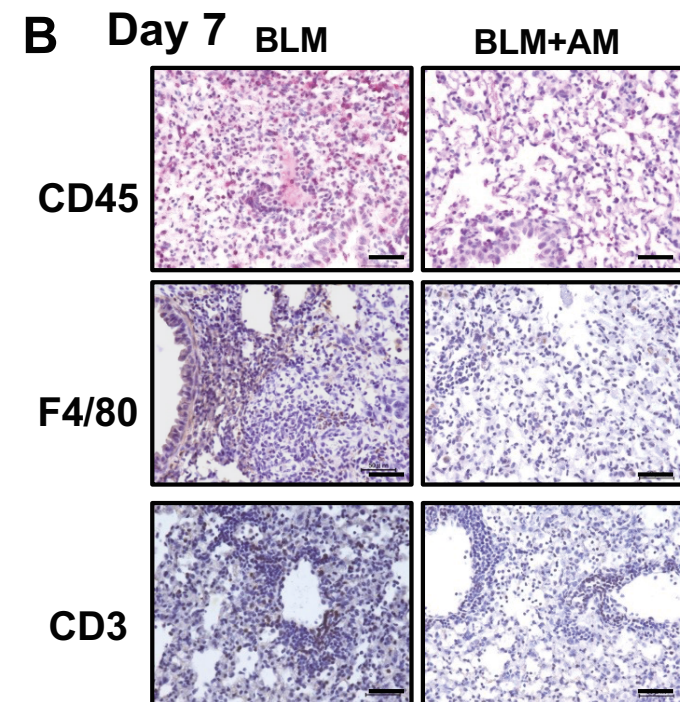
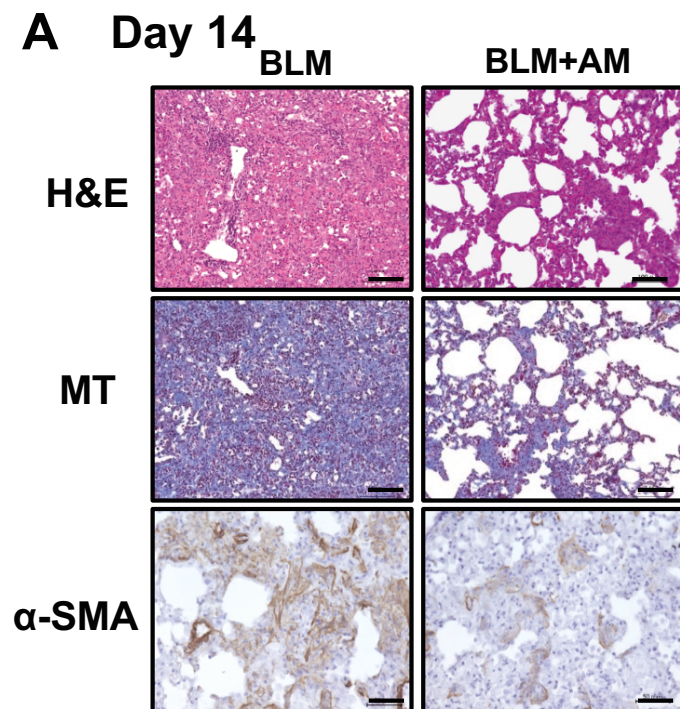
Supplementary Figure 5



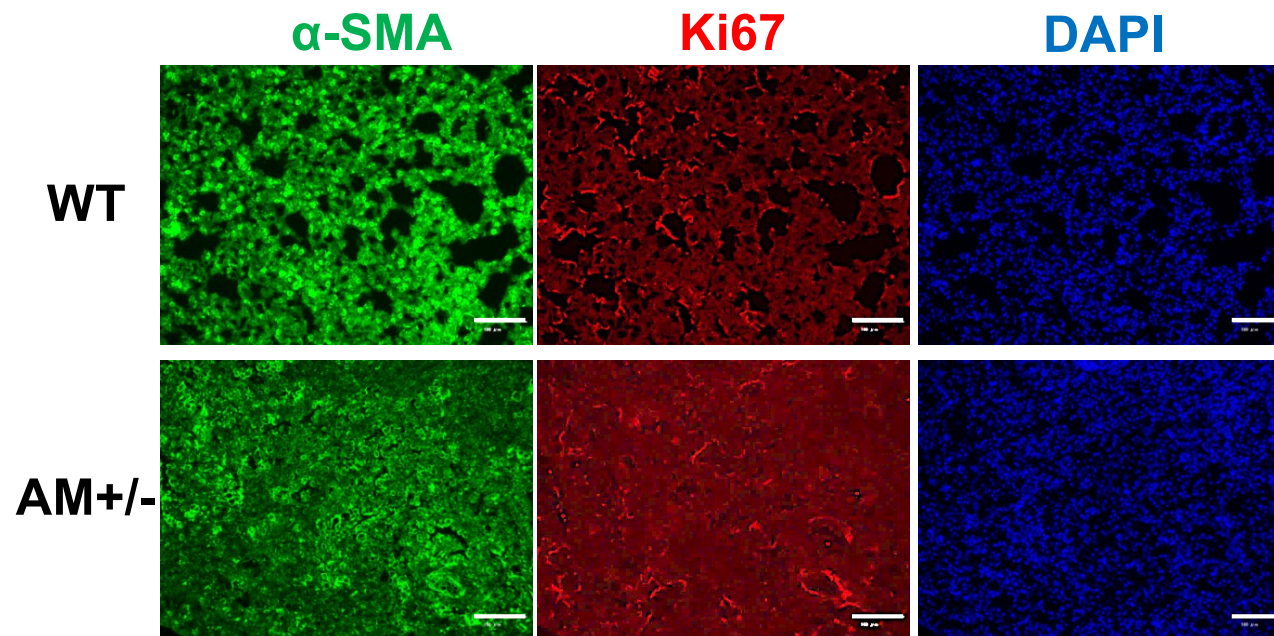
Supplementary Figure 6



Supplementary Figure 7



Supplementary Figure 8



Supplementary Figure 9



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