1	Cold stress-induced bladder overactivity in type 2 diabetic mellitus rats is mitigated by the
2	combination of a M ₃ -muscarinic antagonist and a β_3 -adrenergic agonist
3	
4	Hiroaki Hara ¹ , Tetsuya Imamura ^{1*} , Ataru Suzuki ¹ , Manabu Ueno ¹ ,
5	Tomonori Minagawa ¹ , Teruyuki Ogawa ¹ , and Osamu Ishizuka ¹
6	
7	¹ Department of Urology, Shinshu University School of Medicine, Matsumoto, Japan
8	
9	
10	
11	*Correspondence to: Tetsuya Imamura, Department of Urology, Shinshu University School of
12	Medicine
13	3-1-1 Asahi, Matsumoto, 390-8621, JAPAN.
14	Telephone: +81-263-37-2661, FAX: +81-263-37-3082
15	E-mail: imatetu@shinshu-u.ac.jp
16	
17	
18	Running head: Add-on Therapy for Cold Stress-induced Detrusor Overactivity
19	
20	

21 Abstract

Objective: Goto-Kakizaki (GK) rats with type 2 diabetes mellitus respond to low temperature (LT) environments with bladder overactivity, including increased voiding frequency and decreased voiding interval and micturition volume. We determined if bladder overactivity could be inhibited by treatment with the combination of a M₃-muscarinic receptor antagonist and a β₃-adrenergic receptor agonist.

26 **Methods:** Ten-week-old female GK rats were fed a high-fat diet for 4 weeks. Cystometric 27 investigations were conducted at room temperature (RT, $27\pm2^{\circ}$ C). The rats were then intraperitoneally 28 administered the vehicle, the M₃-muscarinic receptor antagonist solifenacin, the β_3 -adrenergic agonist 29 mirabegron, or a combination of solifenacin and mirabegron. Ten minutes after the administrations, 30 the rats were transferred to the LT environment (LT, $4\pm2^{\circ}$ C) where the cystometric measurements were 31 continued. The expressions of both M₃-muscarinic and β_3 -adrenergic receptors were investigated.

32 **Results:** After transfer from RT to LT, both voiding interval and bladder capacity of the vehicle-, 33 solifenacin-, or mirabegron-treated rats were significantly decreased. However, the combination of 34 solifenacin and mirabegron significantly mitigated the bladder overactivity. While both M₃-muscarinic 35 and β_3 -adrenergic receptors were detected, the expression of M₃-muscarinic receptor mRNA was 36 significantly higher than that of β_3 -adrenergic receptor mRNA.

37 **Conclusions:** The cold stress-induced bladder overactivity was not improved by either the M_3 -38 muscarinic receptor antagonist or the β_3 -adrenergic receptor agonist alone. However, the combined 39 treatment mitigated the cold stress responses. Combined therapy with M_3 -muscarinic antagonists and 40 β_3 -adrenergic agonists could reduce side effects and improve the quality of life for diabetic patients 41 with bladder overactivity.

42

43 Key Words: Lower Urinary Tract Symptoms, Type 2 Diabetes Mellitus, Cold Stress, Muscarinic

44 Receptor Antagonist, β_3 -adrenergic Receptor Agonist, GK rat

1. INTRODUCTION

Patients with type 2 diabetes mellitus usually have complications of lower urinary tract symptoms (LUTS).^{1,2,3} Approximately 20% of diabetic patients complain about overactive bladder (OAB) syndrome, which is defined as urgency, with or without incontinence, usually with urinary frequency and nocturia.^{4,5,6} Thus, diabetic patients need more effective OAB medications compared to others without diabetes. In addition, women patients with the type 2 diabetes mellitus show higher prevalence of urinary urge incontinence.^{7,8} These reports suggest that type 2 diabetes mellitus might induce and/or exacerbate bladder storage dysfunctions, including bladder overactivity, of LUTS.

The pharmacological treatment of bladder overactivity in patients with OAB syndrome includes either muscarinic receptor antagonists or β_3 -adrenergic receptor agonists.^{9,10,11} The muscarinic receptor antagonists can inhibit detrusor contractions; however, long-term administration is often limited by side effects, such as dry mouth and constipation.^{12,13} While the β_3 -adrenergic receptor agonists mediate relaxation of the detrusors, the suppression mechanisms of detrusor overactivity are not well understood.^{12,13} Even so, the combined therapy of OAB patients with muscarinic receptor antagonists and β_3 -adrenergic receptor agonists has been proposed as a long-term pharmacological treatment.

61 Our previous studies have shown that rats stimulated with cold stress by the sudden exposure to low environmental temperature respond by bladder overactivity.^{14,15,16} The cold stress-induced bladder 62 63 overactivity is characterized by increased voiding frequency with decreased micturition volume and 64 voiding interval. The effectiveness of pharmacological agents on bladder overactivity is dependent on the presence or absence of underlying diseases.¹⁷ While bladder tissues of patients with type 2 diabetes 65 mellitus exhibit cooling-stimulated contractions through Rho-kinase pathways,¹⁸ bladder overactivity 66 67 induced by whole body cooling in the diabetic patients has not been fully investigated. In this study, 68 we conducted cystometric investigations using Goto-Kakizaki (GK) rats as a type 2 diabetes mellitus 69 model with bladder overactivity in our sudden low temperature exposure protocol. We determined if therapy using a M_3 -muscarinic receptor antagonist or a β_3 -adrenergic receptor agonist, or the combination of the two, could mitigate the cold stress-induced bladder overactivity.

73

75

2. METHODS

2.1. Animals

76 Ten-week-old female GK rats (n=54, 180-220 g, Japan SLC, Inc., Shizuoka, Japan) were 77 selected for this study because they are widely accepted as a rodent diabetes model with reduced 78 secretion of insulin and the presence of diabetic peripheral neuropathy. Blood glucose of the GK rats 79 was over 200 mg/dL, which was significantly higher than in normal rats, such as Wistar Kyoto rats in which the blood sugar level is about 180 mg/dL.¹⁷ The GK rats were fed a high-fat diet that was 80 81 developed for diabetes and obesity research (Rodent Diet Quick Fat; CLEA Japan, Tokyo, Japan), and 82 water was freely available. They were maintained under a 12-hour alternating light-dark cycle for 4 83 weeks. The animals were treated in accordance with National Institutes of Health Animal Care 84 Guidelines and guidelines approved by the Animal Ethics Committee of Shinshu University School of 85 Medicine.

- 86
- 87

2.2 Drugs

88 The M₃-muscarinic receptor antagonist solifenacin (catalogue# HY-A0002, MedChem Express, 89 Princeton, NJ, USA) was dissolved at 20.0 mg/ml with dimethyl sulfoxide (DMSO, Sigma-Aldrich, 90 St. Louis, MO, USA). Just prior to use, it was diluted 1:10 or 1:100 with 0.9% saline. It was 91 administered intraperitoneally at 0.1 ml/200 g-body weight (final dose: 0.1 or 1.0 mg/kg-body weight). 92 The β_3 -adrenergic receptor agonist mirabegron was kindly provided by Astellas Pharma Inc. (Tokyo, 93 Japan). It was dissolved at 20.0 mg/ml with 0.9% saline. Just prior to use, it was diluted 1:10 or 1:100 94 with 0.9% saline. It was administered intraperitoneally at 0.1 ml/200g-body weight (final dose: 0.1 or 95 1.0 mg/kg-body weight).

2.3 Cystometric Investigations

98 After 4 weeks on the high-fat diet, the GK rats were anesthetized with pentobarbital sodium 99 solution (40 mg/kg-body weight, Kyoritsu Seiyaku Co., Tokyo, Japan), and inhalation of 2% 100 sevoflurane (Pfizer Japan Co., Ltd., Tokyo, Japan). Urinary bladder domes were exposed and incised 101 to allow insertion of a polyethylene catheter (PE50, Becton Dickinson & Company, Sparks, MD, USA). 102 For delivery of vehicle or drugs during the cystometry experiments, another catheter (PE90, Becton 103 Dickinson & Company) was inserted into the intraperitoneal space. The free ends of both catheters 104 were brought out subcutaneously to the back and fixed. Each rat was caged individually for two days 105 after surgery.

106 For cystometry investigations, the bladder catheter was connected through a T-tube to a pressure 107 transducer (P23 DC; Nihon Kohden, Tokyo, Japan) and a syringe pump (catalogue# TE-351, Terumo, 108 Tokyo, Japan). To measure micturition volume, a fluid collector connected to a force displacement 109 transducer (Type 45196; NEC San-ei Instruments, Tokyo, Japan) was placed under the metabolic cage. 110 Throughout the experiments, saline kept at room temperature was pumped into the bladder at a rate of 111 10 ml/hr. The rats were not given food or water during the cystometric investigations. The bladder 112 pressure, voiding interval (min), and micturition volume (ml) were recorded continuously with 113 LabChart system (AD Instruments, BRC Bioresearch, Inc., Nagoya Japan). Residual volume (ml) was 114 determined as the difference between the saline infusion volume and micturition volume. Bladder 115 capacity (ml) was calculated by adding the micturition volume and the residual volume.

Low temperature exposed-cystometric investigations of the unanesthetized, unrestricted experimental GK rats were conducted. To obtain baseline measurements, bladder pressure and micturition volume were recorded for approximately 20 minutes at room temperature (RT, 27±2°C). Each rat was then administered one of the following intraperitoneal treatments: vehicle (n=6), 0.1 mg/kg solifenacin (n=6), 1.0 mg/kg solifenacin (n=6), 0.1 mg/kg mirabegron (n=6), 1.0 mg/kg mirabegron (n=6), or the combination of 1.0 mg/kg solifenacin and 1.0 mg/kg mirabegron (n=6). Ten minutes after each administration, the cystometric measurements were continued for approximately 10 minutes to estimate effects of the treatments under RT. The rats were then gently and quickly transferred in their metabolic cage to a refrigerator (MPR-513, SANYO Tokyo Manufacturing Co., Ltd., Tokyo, Japan) for exposure to low temperature (LT, $4\pm 2^{\circ}$ C). The LT exposure cystometry was continued for 40 minutes.

127 After the cystometric investigations, the rats were anesthetized with the pentobarbital sodium 128 solution (as above), and the urinary bladders were removed, and then the rats were euthanized by an 129 overdose of pentobarbital sodium.

- 130
- 131

2.4 Real-time RT-PCR

Twelve GK rats that were not used in cystometric investigations were anesthetized with the pentobarbital sodium solution (as above), and the urinary bladders were removed. Approximately one third of each bladder, from the top to the trigone, was prepared for real-time reverse transcriptionpolymerase chain reaction (RT-PCR). The remaining portion was used in immunohistochemical investigations (described below).

137 Within the bladder tissue, expression levels of M_3 -muscarinic receptor and β_3 -adrenergic 138 receptor mRNAs were semi-quantitatively estimated by real-time RT-PCR. Total RNA was extracted 139 from each bladder with a RNeasy Mini Kit (Oiagen K.K., Tokyo, Japan). Complementary DNA 140 (cDNA) was synthesized from 0.1 µg of total RNA with SuperScript VILO Master Mix (Thermo 141 Fisher Scientific K.K., Foster City, CA, USA). The synthesized cDNA was mixed in TaqMan 142 Universal PCR Master Mix with the following gene assay probes: M₃-muscarinic receptor (Chrm3, 143 catalogue# Rn00560986 s1), β₃-adrenergic receptor (Adrb3, catalogue# Rn00565393 m1), or beta-144 actin (Actb, catalogue# Rn00667869 m1), all from Thermo Fisher Scientific K.K. Real-time RT-PCR of the mixed cDNA-probe solution was performed at 50°C for 2 min followed by 95°C for 10 min. 145 146 These were followed by 40 cycles at 95°C for 15 sec and 60°C for 1 min. Gene expression was 147 calculated by the delta-delta method as the ratio to threshold cycle value of the internal standard gene148 beta-actin.

- 149
- 150

2.5 Immunohistochemistry

The presence of M₃-muscarinic receptors and β_3 -adrenergic receptors within the urinary bladder tissues was visualized by immunohistochemistry. The harvested portions of the bladders from GK rats not used for cystometry were fixed with 4% paraformaldehyde and embedded in paraffin. Serial sections (5 µm) were deparaffinized and treated with 10 mM sodium citrate (pH 6.0, 100°C, 5 min) for antigen retrieval. The specimens were then coated with 1.5% normal donkey serum (Chemicon International, Inc., Temecula, CA, USA) and 1.5% non-fat milk in phosphate buffered saline (PBS) for 1 hour at 4°C.

158 M₃-muscarinic cholinergic receptors were stained following incubation (12 hours, 4°C) with the 159 primary antibody (catalogue# ab87199, 1:200, rabbit polyclonal, Abcom, Cambridge, UK). 160 Simultaneously, the incubation solution contained one of the following other primary antibodies: 161 uroplakin III (catalogue# sc-15186, 1:100, goat polyclonal, Santa Cruz Biotechnology Inc., Santa Cruz, 162 CA, USA), a marker for the bladder urothelium; smooth muscle actin (SMA, catalogue# 61001, 1:100, 163 mouse monoclonal, Progen Biotechnik GmbH, Heidelberg, Germany), a marker for smooth muscle 164 cells; or calcitonin gene-related peptide (CGRP, catalogue# 16013, 1:800, guinea pig polyclonal, 165 Progen Biotechnik GmbH), a marker for afferent nerve fibers. The sections were then rinsed with PBS 166 and incubated with donkey anti-rabbit IgG secondary antibody conjugated with Alexa Fluor 488 (1:250, 167 Thermo Fisher Scientific K.K.) and donkey anti-goat, -mouse, or -guinea pig IgG secondary antibody 168 (as appropriate) conjugated with Alexa Fluor 594 (1:250, Thermo Fisher Scientific K.K.) for 1 hour at 169 4°C. After a final rinse, cell nuclei were counterstained with 5 µg/ml 4', 6-diamidino-2-phenylindole 170 dihydrochloride (DAPI, Thermo Fisher Scientific K.K). The slides were coated with Fluorescent

Mounting Medium (Dako Cytomation, Carpinteria, CA, USA), and photographed with a fluorescence
microscope (Keyence, Osaka, Japan).

 β_3 -adrenergic receptors were stained following incubation (12 hours, 4°C) with the primary antibody (catalogue# SP4073P, 1:100, rabbit polyclonal, Acris Antibody, Inc., San Diego, CA, USA). Simultaneously, the incubation solution contained one of the following other primary antibodies as described above for uroplakin III, SMA, or CGRP. After incubation with the primary antibodies, the sections were rinsed and incubated with the secondary antibodies, stained with DAPI, coated with Fluorescence Mounting Medium, and photographed as described above.

- 179
- 180

2.6 Statistical Analysis

181 The results were expressed as means \pm standard error of the means. Statistical differences were 182 determined by using the Excel[®] Statistics program (Esumi Co., Ltd. Tokyo, Japan). Two-way repeated 183 measures analysis of variance (ANOVA) followed by the Student-Newman-Keuls (SNK) post-hoc 184 analysis within each group. To compare values for the cystometric parameters measured in the vehicle-, 185 solifenacin-, mirabegron-, and the combined solifenacin- and mirabegron-treated rats, two-way non-186 repeated ANOVA and SNK methods were used. To compare expression of M₃-muscarinic and β₃-187 adrenergic receptor mRNA, two-way repeated t-test was used. P-values less than 0.05 were considered 188 statistically significant.

- 189
- 190

191

3. RESULTS

3.1 Effects of the M₃-muscarinic receptor antagonist solifenacin and the β₃-adrenergic receptor agonist mirabegron on cold stress-induced bladder overactivity

At 4-weeks after feeding on a high-fat diet, the GK rats treated with vehicle, solifenacin, or mirabegron underwent cystometric investigations at RT and LT. At RT, neither the voiding interval nor the bladder capacity were altered by administration the vehicle (P>0.05 for all, Table 1). Similarly, neither solifenacin nor mirabegron at either 0.1 mg/kg or 1.0 mg/kg, affected the RT voiding interval or the bladder capacity (P>0.05 for all, Table 1). Thus at RT, for all treatment groups in which either solifenacin or mirabegron were peritoneally infused alone, there were no changes in voiding interval or bladder capacity between the pre- and post-treatment periods.

201 During the 40 min LT exposure, both the voiding interval and bladder capacity of the vehicle-202 treated GK rats decreased significantly compared to the RT post-treatment values (Table 1). These 203 parameters of the rats treated with either 0.1 or 1.0 mg/kg solifenacin also decreased compared to the 204 RT post-treatment values during LT exposure (Table 1). Similarly, for the rats treated with either 0.1 205 or 1.0 mg/kg mirabegron, their voiding interval and bladder capacity decreased compared to the RT 206 post-treatment values during LT exposure (Table 1). Therefore, treatments with neither solifenacin or 207 mirabegron alone at 0.1 or 1.0 mg/kg inhibited the decreases of voiding interval and bladder capacity 208 during LT exposure.

209

3.2 Effects of combined treatment with the M₃-muscarinic receptor antagonist solifenacin and the β₃-adrenergic receptor agonist mirabegron on cold stress-induced bladder overactivity

At RT, neither the bladder pressure nor the micturition volume were altered by administration of the vehicle (Fig. 1a). Just after transferring to LT exposure, the vehicle-treated GK rats exhibited bladder overactivity induced by cold stress as shown by the increased voiding frequency and decreased 215 micturition volume and voiding interval (Fig. 1a). For control rats treated with the vehicle, the cold 216 stress-induced bladder overactivity continued during the 40 min of LT exposure. Thus, the voiding 217 frequency increased (Fig. 1a).

218 Similarly, the bladder pressure and the micturition volume in rats that received the combined 219 treatment of 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegron at RT did not change from the pre-220 treatment period (Fig. 1b). Like the vehicle-treated rats, they also exhibited the cold stress-induced 221 bladder overactivity during the 40 min LT exposure (Fig. 1b). In rats receiving the combined treatment 222 of 1.0 mg/kg solifenacin and 1.0 mg/kg mirabegron at RT, there were no changes in any of the 223 measured post-treatment bladder functions during the RT period (Fig. 1c). However, after transfer to 224 the LT environment, there was a partial inhibition of the cold stress-induced bladder overactivity (Fig. 225 1c).

For the treatment with 0.1 mg/kg solifenacin combined with 0.1 mg/kg mirabegron, voiding interval decreased by 54.8%, from 3.78 min to 1.65 min (P<0.01, Fig. 2a). However, for the rats treated with the combination of 1.0 mg/kg solifenacin and 1.0 mg/kg mirabegron, the decrease in voiding interval was only 15.3%, from 3.09 min to 2.52 min (P>0.05, Fig. 2a). Thus, the decrease of voiding interval in the group treated with high doses of the combined solifenacin and mirabegron treatment was mitigated compared to the vehicle- and the combined 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegron doses respectively (both P<0.01, Fig. 2a).

Similarly, after transferring to LT exposure, the bladder capacities of the vehicle- and the combination of 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegron-treated rats were significantly decreased, from 0.68 ml to 0.39 ml and from 0.65 ml to 0.33 ml, respectively (both P<0.01, Fig. 2b). In contrast, the bladder capacity of the rats treated with the combination of 1.0 mg/kg solifenacin and 1.0 mg/kg mirabegron decreased less, from 0.50 ml to 0.45 ml (Fig. 2b). Thus, the decrease of bladder capacity in the rats with the combined solifenacin and mirabegron at the high dose (1.0 mg/kg each), -6.7%, was less than for the vehicle- or the combined 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegrontreated rats (-41.6% and -46.0%, respectively; both P<0.01, Fig. 2b).

241

242 **3.3 Expression of Urinary Bladder M3-muscarinic and β3-adrenergic Receptors**

We semi-quantitatively estimated the expression levels of the M₃-muscarinic and β_3 -adrenergic receptor mRNAs within the urinary bladder tissues in GK rats that were not used in the cystometric studies. The expression level of M₃-muscarinic receptor mRNA was significantly higher than that of β_3 -adrenergic mRNA (P<0.01, Fig. 3a).

The presence of M₃-muscarinic and β_3 -adrenergic receptors were visualized within the urothelium, smooth muscle cells, and afferent nerve fibers in the GK rats. The M₃-muscarinic receptors were detected within the uroplakin III-positive urothelium (Fig. 3b), SMA-positive smooth muscle cells (Fig. 3c), and CGRP-positive afferent nerve fibers (Fig. 3d). Similarly, β_3 -adrenergic receptors were also present within the urothelium (Fig. 3e), smooth muscle cells (Fig. 3f), and afferent nerve fibers (Fig. 3g).

254

4. **DISCUSSION**

255 Our previous study showed that the cold stress-induced bladder overactivity of Sprague-Dawley 256 (SD) rats without any underlying disease was inhibited by treatments with 1.0 mg/kg CL316243, another β_3 -adrenergic receptor agonist.¹⁹ Thus, we concluded that the cold stress-induced bladder 257 258 overactivity in normal SD rats is mediated with pathways involving β_3 -adrenergic receptors. However, 259 in the present study, the bladder overactivity of GK rats was not inhibited by treatments with either 0.1 260 mg/kg or 1.0 mg/kg mirabegron, even though expression of β_3 -adrenergic receptor mRNA and protein were detected within the urinary bladders. Currently, we do not have a good explanation of why 261 262 mirabegron alone effectively reduced cold stress-induced bladder overactivity in SD rats, but not in 263 GK rats.

264 The cold stress-induced bladder overactivity of normal Wistar Kyoto rats, maintained under the 265 same conditions (including the high fat diet for four weeks) as the GK rats in the present study, was not inhibited by administration of imidafenacin, another M3-muscarinic receptor antagonist.¹⁷ In 266 contrast, the same dose of imidafenacin, 0.3 mg/kg, partially inhibited the cold stress-induced bladder 267 overactivity of GK rats.¹⁷ In the urinary bladders of diabetic GK rats, the ratio of M₃-muscarinic 268 receptor mRNA to M₂-muscarinic receptor mRNA is higher than that of WKY rats.¹⁷ This suggests 269 that 1.0 mg/kg solifenacin, like imidafenacin, would mitigate the cold stress-induced bladder 270 271 overactivity of the GK rats. However, the cold stress-induced bladder overactivity of the GK rats was 272 not significantly improved by 1.0 mg/kg solifenacin alone. At this time, we cannot explain why 273 solifenacin alone did not effectively reduce the cold stress-induced bladder overactivity in GK rats.

Based on the ineffectiveness of either solifenacin or mirabegron alone to reduce LT-induced bladder overactivity in GK rats, we determined if the combination solifenacin and mirabegron would be effective. In a previous study, we showed that while the cold stress-induced bladder overactivity of spontaneously hypertensive rats (SHRs) was not inhibited by treatments with either 0.1 mg/kg solifenacin or 0.1 mg/kg mirabegron, the combined treatments with the same doses did mitigate the

cold stress responses.¹⁶ The expression profiling of M₃-muscarinic and β₃-adrenergic receptor mRNA 279 in the urinary bladders of GK rats was similar to those of SHRs.¹⁶ Thus, in the current study, we 280 281 hypothesized that the same dose of the combined treatments would be effective in reducing the cold 282 stress-induced bladder overactivity. However, the cold stress-induced bladder overactivity of the GK 283 rats was not fully mitigated by the same dose combined treatments. These results suggest that there 284 might be differences in the mechanisms of bladder overactivity between the SHR and GK rats, or that 285 the bladder overactivity of GK rats might exhibit drug resistance due to neurogenic and/or myogenic bladder dysfunctions.^{20,21,22} 286

287 This study had three major limitations. First, we did not investigate dose-response curves for 288 either the M₃-muscarinic receptor antagonist or the β_3 -adrenergic receptor agonist. Therefore, we were 289 not able to determine the optimum dose for either drug. Second, we did not investigate the synergistic 290 effects of the combined therapy on the myogenic and/or neurogenic mechanisms that regulate detrusor 291 activity. Finally, we did not investigate why the urinary bladders of GK rats had higher expression 292 levels of M₃-muscarinic receptor mRNA compared to the β_3 -adrenergic receptor mRNA.

Many patients with OAB are treated with long-term administration of muscarinic receptor antagonists; however, 75-80% of these patients suffer from the side effects of this treatment.^{23,24} One the strategy to accomplish the long-term therapy is the addition of a β_3 -adrenergic receptor agonist to a M₃-muscarinic receptor antagonist treatment. This combination of drugs for diabetic patients with OAB might enable long-term administration while reducing or avoiding side effects, and thus it could improve the quality of life for the patients.

In conclusion, the cold stress-induced bladder overactivity in diabetic GK rats was not improved by either the M₃-muscarinic receptor antagonist solifenacin or the β_3 -adrenergic receptor agonist mirabegron alone. However, the combined treatment mitigated the cold stress responses. In the urinary bladders of GK rats, while both M₃-muscarinic and β_3 -adrenergic receptors were detected, the expression level of M₃-muscarinic receptor mRNA was significantly higher than that of the β_3 - adrenergic receptor mRNA. Our results suggest that the combination of a muscarinic receptor antagonist and a β_3 -adrenergic receptor agonist for diabetic patients with OAB might be an important and productive area for future clinical research.

308	Conflict of Interest Statement						
309	The authors declare no conflict of interest.						
310							
311							

REFERENCES

313	(1)	Liu RT, Chuang MS, Chuang YC et al. The presence of overactive bladder wet increased the risk
314		and severity of erectile dysfunction in men with type 2 diabetes. J Sex Med 2012; 9:19:1913-22.
315	(2)	Liu G, Daneshgari F. Diabetic bladder dysfunction. Chin Med J 2014; 127:1357-1364.
316	(3)	Michel MC, Schumacher H, Mehlburger H et al. Factors associated with nocturia-related quality
317		of life in men with lower urinary tract symptoms and treated with tamsulosin oral
318		controlled absorption system in a noninterventional study. Front Pharmacol 2020;
319		11:816.
320	(4)	Chiu AF, Huang MH, Wang CC, Kuo HC. Higher glycosylated hemoglobin levels increase the
321		risk of overactive bladder syndrome in patients with type 2 diabetes mellitus. J. Urol 2012; 19:
322		995-1001.
323	(5)	Saito M, Editorial comment to higher glycosylated hemoglobin levels increase the risk of
324		overactive bladder syndrome in patients with type 2 diabetes mellitus. J. Urol 2012; 19: 1001-2.
325	(6)	Uzun H, Ogullar S, Sahin SB et al. Increased bladder wall thickness in diabetic and nondiabetic
326		women with overactive bladder. Int. Neurourol. J. 2013; 17: 67-72.
327	(7)	Xu D, Zhao M, Huang L, Wang K. Overactive bladder symptom severity, bother, help-seeking
328		behavior, and quality of life in patients with type 2 diabetes: A path analysis. Health Qual. Life
329		<i>Outcomes</i> 2018, 16, 1.
330	(8)	Nazzal Z, Khatib B, Al-Quga B et al. The prevalence and risk factors of urinary incontinence
331		amongst Palestinian women with type 2 diabetes mellitus: A cross-sectional study. Arab J
332		Urol.2019; 18:34-40.
333	(9)	Araklitis G, Robinson D, Cardozo L et al. Cognitive Effects of Anticholinergic Load in Women
334		with Overactive Bladder. Clin Interv Aging. 2020; 15:1493-1503.

- (10) Takeuchi T, Zaitsu M, Mikami K. Experience with imidafenacin in the management of overactive
 bladder disorder. *Ther. Adv. Urol AA* 2013; 5: 43-58.
- (11) Makhani A, Thake M, Gibson W et al. Mirabegron in the Treatment of Overactive Bladder: Safety
 and Efficacy in the Very Elderly Patient. *Clin Interv Aging*. 2020; 15:575-581.
- (12)Kelleher C, Hakimi Z, Zur R et al. Efficacy and Tolerability of Mirabegron Compared with
 Antimuscarinic Monotherapy or Combination Therapies for Overactive Bladder: A Systematic
 Review and Network Meta-analysis. *Eur Urol.* 2018(3):324-333.
- 342 (13)Kim TH, Lee KS. Persistence and compliance with medication management in the treatment of
 343 overactive bladder. *Investig Clin Urol.* 2016(2):84-93.
- (14) Imamura T, Ishizuka O, Aizawa N, et al. Cold environmental stress induces detrusor overactivity
 via resiniferatoxin-sensitive nerves in conscious rats. *Neurourol. Urodyn* 2008; 27: 348-52.
- (15)Imamura T, Ishizuka O, Sudha GS, et al. A galenical produced from Ba-Wei-Die-Huang-Wan
 (THC-002) provides resistance to the cold stress-induced detrusor overactivity in conscious rats.
 Neurourol. Urodyn 2013; 32: 486-92.
- 349 (16)Imamura T, Ogawa T, Minagawa T et al. Combined Treatment With a β_3 -Adrenargic Receptor

Agonist and a Muscarinic Receptor Antagonist Inhibits Detrusor Overactivity Induced by Cold

- 351 Stress in Spontaneously Hypertensive Rats. *Neurourol. Urodyn* 2017; 36: 1026-1033.
- 351 Stress in Spontaneously Hypertensive Rats. *Neurourol. Urodyn* 2017; 36: 1026-1033.

- (17) Imamura T, Ishizuka O, Ogawa T, et al. Muscarinic receptors mediate cold stress-induced detrusor
 overactivity in type 2 diabetes mellitus rats. *Int J Urol* 2014; 21: 1051-8.
- (18) Ismael HN, Mustafa S et al. Effect of diabetes on cooling-induced detrusor muscle contraction:
 mediation via Rho-kinase activation. Urol. 2010; 75: 891-895.
- 356 (19) Imamura T, Ishizuka O, Ogawa T, et al. Pathways involving be-ta-3 adrenergic receptors modulate
- 357 cold stress-Induced detrusor overactivity in conscious rats. *Low Urin tract Symptoms* 2015; 2015;

358 7: 50-5.

- (20)Nicole S, Robert S and Derk M. Detrusor contractility to parasympathetic mediators is
 differentially altered in the compensated and decompensated states of diabetic bladder dysfunction.
 Am J Physiol Renal Physiol. 2019; 317(2): F388-F399.
- 362 (21)Wang C.C, Jiang Y.H and Kuo H.C. The Pharmacological Mechanism of Diabetes Mellitus 363 Associated Overactive Bladder and Its Treatment with Botulinum Toxin A. *Toxins* 2020, 12,186.
- 364 (22)Kim SE, Ko IG, Hwang L, et al. An animal study to compare the degree of the suppressive effects
 365 on the afferent pathways of micturition between tamsulosin and sildenafil. *Journal of Biomedical*
- 366 *Science* 2013, 20: 81.
- 367 (23)Kinjo M, Sekiguchi Y, Yoshimura Y, Nutahara K. Long-term Persistence with Mirabegron versus
 368 Solifenacin in Women with Overactive Bladder: Prospective, Randomized Trial. *Low Urin Tract* 369 Symptoms 2018; 10: 148-152.
- 370 (24)Chapple CR, Nazir J, Hakimi Z, et al. Persistence and Adherence with Mirabegron versus
 371 Antimusucarinic Agents in Patients with Overactive Bladder: A Retrospective Observational
 372 Study in UK Clinical Practice. *Eur Urol* 2017; 72: 389-399.

374 Figure Legends

375 Figure 1.

376 Cystometric effects of vehicle or combinations of solifenacin and mirabegron on GK rats at RT and 377 LT. (a and b) Under RT condition, bladder pressure and micturition volume were not altered by 378 administration of vehicle (a) or the combination of 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegron 379 (b). During 40 min of LT exposure, both the vehicle- and the combination-treated GK rats exhibited 380 bladder overactivity induced by cold stress as indicated by increased voiding frequency and decreased 381 micturition volume and voiding interval. (c) At RT, bladder pressure and micturition volume were not 382 altered by administration by combination of 1.0 mg/kg solifenacin and 1.0 mg/kg mirabegron. During 383 LT exposure, the combination of drugs mitigated the cold stress-induced bladder overactivity as shown 384 by mitigation of the increased bladder pressure and voiding frequency and decreased micturition 385 volume. Upper: bladder pressure; bottom: micturition volume in each panel. Asterisk: 10 minutes after 386 administration.

387

388 Figure 2.

389 Mitigation of decreases in voiding interval and bladder capacity by the combination of solifenacin and 390 mirabegron in GK rats during 40 min LT exposure. (a) During LT exposure, voiding interval in both 391 the vehicle- and the combination of 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegron-treated GK rats 392 were significantly decreased compared to the RT values. However, the voiding interval in the 393 combination of 1.0 mg/kg solifenacin and 1.0 mg/kg mirabegron-treated GK rats did not decrease 394 significantly. The decrease of the voiding interval in with combination of 1.0 mg/kg solifenacin and 395 1.0 mg/kg mirabegron-treated GK rats were significantly smaller than in the vehicle- and the 396 combination of 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegron-treated ones. (b) Similarly, bladder 397 capacity in both the vehicle- and the combination of 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegrontreated GK rats were significantly decreased; however, the bladder capacity in the combination of 1.0 mg/kg solifenacin- and 1.0 mg/kg mirabegron-treated GK rats did not. The decrease in the combination of 1.0 mg/kg solifenacin and 1.0 mg/kg mirabegron-treated GK rats were significantly smaller than that in the vehicle- and the combination of 0.1 mg/kg solifenacin and 0.1 mg/kg mirabegron-treated ones. White bar, room temperature (RT). Gray bar, low temperature (LT).

403

404 **Figure 3**.

Expression of M₃-muscarinic and β_3 -adrenergic receptors within the urinary bladders of GK rats. (a) The expression level of M₃-muscarinic receptor mRNA was significantly higher than that of M₃muscarinic receptor mRNA (P<0.01). (b-d) M₃-muscarinic receptors (yellow, arrows) were present within the (b) uroplakin III-positive (red) urothelium, (c) SMA-positive (red) smooth muscle cells, and (d) CGRP-positive (red) afferent nerve fibers. (e-g) β_3 -adrenergic receptors (yellow, arrows) were also present within the (e) urothelium (red), (f) smooth muscle cells (red), and (g) afferent nerve fibers (red).

411

	Room Temperature				Low Temperature	
	Pre-treatment		Post-treatment		Post-treatment	
	Voiding interval	Bladder capacity	Voiding interval	Bladder capacity	Voiding interval	Bladder capacity
Vehicle	3.94±0.42	$0.68{\pm}0.07$	3.83±0.30	$0.67{\pm}0.06$	2.10±0.23**	0.40±0.05††
0.1 mg/kg Solifenacin	3.72±0.53	0.60 ± 0.11	4.18 ± 0.44	$0.71 {\pm} 0.07$	1.95±0.23**	$0.38{\pm}0.04$ †
1.0 mg/kg Solifenacin	3.57±0.43	0.62 ± 0.09	3.45 ± 0.47	$0.58{\pm}0.07$	1.73±0.15**	0.33±0.03††
0.1 mg/kg Mirabegron	3.02±0.59	$0.48{\pm}0.09$	$2.93{\pm}0.57$	$0.48{\pm}0.08$	1.69±0.22*	0.31 ± 0.04 †
1.0 mg/kg Mirabegron	3.30±0.55	0.58±0.10	4.06±0.63	$0.68{\pm}0.10$	1.76±0.21**	$0.34{\pm}0.04$ †

Table 1. Voiding intervals and bladder capacities at room temperature and low temperature in response to solifenacin and mirabegron alone

P<0.05 and P<0.01 compared to room temperature in voiding interval of each post-treatment. P<0.05 and P<0.01 compared to room temperature in bladder capacity of each post-treatment



(b)



(c)





