

# Parameters of hydrothermal gelation of chitin nanofibers determined using a severity factor

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## Abstract

The hydrothermal gelation of  $\alpha$ - and  $\beta$ -chitin nanofibers ( $\alpha$ - and  $\beta$ -ChNFs) prepared at neutral and acidic pH was conducted by heating them to 120, 160, 180, and 200 °C in a sealed reactor. The optical transmittance and mechanical strength of  $\beta$ -ChNFs gelled at the acidic pH were determined for the first time using a severity factor defined as a function of the integrated heating time and temperature. The width of  $\beta$ -ChNFs increased after the hydrothermal treatment, indicating that these fibers strongly adhered to each other to form a network structure during gelation. Furthermore, the hydrothermal gelation of  $\alpha$ - and  $\beta$ -ChNFs with different degrees of disintegration prepared at the neutral and acidic pH was conducted. It was found that the hydrothermal treatment of  $\alpha$ -chitin must be performed at the acidic pH to obtain a self-sustaining hydrogel of well-disintegrated NFs. The disintegration of  $\beta$ -chitin into NFs occurred more easily at the acidic pH than under the neutral conditions; however, in the latter case, the same disintegration degree of  $\beta$ -ChNFs could be achieved by increasing the number of disintegration steps. At the same disintegration degree, the strength of the self-sustaining hydrogel obtained at the neutral conditions was greater than that of the gel prepared at the acidic pH, indicating that the electrostatic repulsion caused by acid addition negatively affected the formation of the hydrogel network structure. To maximize the efficiency of the hydrothermal gelation process, ChNFs should be as thin as possible and electrostatic repulsion forces must be controlled.

*Keywords:  $\alpha$ -chitin nanofiber,  $\beta$ -chitin nanofiber, hydrothermal gelation, severity factor*

## Introduction

Chitin is an abundant biomass resource generated in the amount of about 100 billion tons per year by organisms (Yan and Chen 2015). It is widely utilized in medical supplies (Sowmya et al. 2011; Izumi et al. 2015), cosmetics (Gautier et al. 2008), and food (Han et al. 1999) because its acetamide group located at the C2 position strongly affects the biochemical properties of chitin (Jayakumar et al. 2009; Madhumathi et al. 2009). Chitin has been studied in various forms, including the hydrogel one (Tamura et al. 2006; Mushi et al. 2016), which can be prepared by chemical cross-linking (Chang et al. 2011), immersion into alkaline solution (Abe et al. 2014), and recrystallization from solution (Shen et al. 2016). However, these methods also have the following disadvantages: (1) a complicated organic synthesis procedure due to the existence of multiple steps; (2) environmental contamination caused by organic, acidic, and alkaline waste liquids; and (3) high cytotoxicity of the utilized chemical reagents.

Recently, hydrothermal gelation has attracted much attention as a new gelation method that does not require additives (Nata et al. 2012; Lewis et al. 2016; Suenaga and Osada 2018a). Nata et al. have reported a successful conversion of a dispersion of  $\beta$ -chitin nanofibers ( $\beta$ -ChNFs) into a self-sustaining hydrogel inside an autoclave at a temperature of 180 °C (Nata et al. 2012). This method is relatively simple because it only involves heating NF dispersion in a sealed reactor and produces minimal negative effect on the environment because of reduction of the input energy required for the evaporation of water. In addition, the hydrogel produced by hydrothermal treatment is expected to preserve the high biocompatibility of chitin after gelation because of the absence of any additives. Although the hydrothermal gelation process has many advantages, further studies must be conducted to determine its optimal conditions. In a previous work, it was reported that gelation did not occur at temperatures below 180 °C (Nata et al. 2012). On the other hand, it can be assumed that the gelation process likely occurs after either a prolonged heating at a lower temperature or shorter heating at a higher temperature. Thus, the optimal heating time is directly related to temperature, which can be described by the severity factor  $R_0$  defined as a function of the integrated heating time and temperature and expressed by the following equation (Klinchongkon et al. 2015):

$$\log R_0 = \log \left\{ \int_0^t \exp \left( \frac{T(t) - 100}{14.75} \right) dt \right\}$$

where  $t$  is the heating time [s], and  $T$  is the heating temperature [°C]. This parameter has been proposed by Overend and Chornet in a study describing the production of Kraft pulp from trees using sub-critical and super-critical water treatment procedures (Overend and Chornet 1987). The pulps prepared at the same values of  $R_0$  and different magnitudes of the heating temperature and time exhibited similar quality.

In this study, the hydrothermal treatment of ChNF dispersions was performed at temperatures of 120, 160, 180, and 200 °C and the same values of  $\log R_0$ , and the physicochemical properties of the resulting hydrogels were examined. Previously, the hydrothermal gelation of chitin fibers was conducted for only  $\beta$ -ChNFs at acidic pH (Nata et al. 2012). However, we have also found that the physicochemical properties of  $\alpha$ -chitin nanofibers ( $\alpha$ -ChNFs) and  $\beta$ -ChNFs strongly depended on their crystalline structure, acidity, and disintegration degrees (Suenaga et al. 2017; Suenaga and Osada 2018b). Hence, the objective of this study was to evaluate the possibility of transforming various types of ChNFs into self-sustaining hydrogels via hydrothermal treatment and determine the most important parameters of the hydrothermal gelation of  $\alpha$ - and  $\beta$ -ChNFs with different disintegrating properties prepared at the neutral and acidic conditions.

# Materials and methods

## Materials

$\alpha$ -Chitin with particle sizes below 100  $\mu\text{m}$  was obtained from Yaegaki Bio-industry, Inc. (Himeji, Japan) and used without further purification.  $\beta$ -Chitin was purified from squid pens (*Todarodes pacificus*) after removing ash and protein via its treatment with hydrochloric acid and sodium hydroxide according to our method developed in a previous work (Suenaga et al. 2016). The purified  $\beta$ -chitin was pulverized to particles with sizes of approximately 100  $\mu\text{m}$  using a dry pulverizer (Cyclone Mill, Nippon Steel & Sumikin Fine Technology Co., Ltd., Osaka, Japan). Hydrochloric acid, sodium hydroxide, and acetic acid were purchased from Wako Pure Chemical Industries (Osaka, Japan) and used without further purification.

## Preparation of ChNFs

The  $\alpha$ - and  $\beta$ -chitin powders were separately suspended in distilled water at a concentration of 1 w/v%. The measured pH of the prepared chitin slurries was 6.5–7.5, so the pH is expressed as 7 in this work. These slurries were disintegrated into NFs using a Star Burst system (Star Burst Mini, Sugino Machine Co., Ltd., Uozu, Japan) equipped with a ball-collision chamber. To obtain ChNFs with pH = 4, dilute acetic acid was added to the prepared chitin slurries followed by their disintegration using a Star Burst system. In the disintegration process, the slurries pressurized at approximately 235 MPa were ejected from the nozzle with an aperture size of 100  $\mu\text{m}$  and collided with a ceramic ball. The disintegrated samples were cooled at a temperature of 25 °C using a heat exchanger and then recovered. The number of collisions with the ceramic ball (passes) was set to either 10 or 30. The pH of the dispersion was measured before and after disintegration using a KR5E pH meter equipped with an LE407 module (As One Co., Ltd., Osaka, Japan). The  $\alpha$ - and  $\beta$ -ChNFs were heated to 40 °C for 10 min in a thermostat chamber filled with tap water, stirred at a speed of 2000 rpm for 1 min, and then defoamed at a speed of 2000 rpm for 1 min using an ARE-250 mixer (Thinky Co., Ltd., Tokyo, Japan) to prevent the formation of bubbles in the hydrogels after the hydrothermal treatment.

## Gelation via hydrothermal treatment

Approximately 3 mL of  $\alpha$ - or  $\beta$ -ChNFs was loaded into a stainless steel 316 tube reactor (volume: 6  $\text{cm}^3$ ), which was subsequently immersed into a molten-salt ( $\text{KNO}_3$ – $\text{NaNO}_3$ ) bath with a temperature of 160, 180, or 200 °C. For the hydrothermal treatment at 120 °C, an oil bath was used. The saturated vapor pressures in the reactor calculated at 120, 160, 180, and 200 °C were equal to 0.20, 0.62, 1.00, and 1.55 MPa, respectively (Wagner and Pruß 2002). The temperature inside the reactor was directly measured by inserting a thermocouple into it. The heating time was set to 2 d and 10 h at 120 °C; 7, 15, 30, 45, 60, 120, 240, 480, 720, and 960 min at 160 °C; 1.5, 3, 7, 15, 30, 60, 120, 180, and 240 min at 180 °C; and 1.5, 3, 6, 12, 15, 30, 45, and 60 min at 200 °C (their magnitudes included the heat-up time, as shown in Fig. 1). After the heating process, the reactor was removed from the molten-salt or oil bath and rapidly quenched in a water bath to 25 °C. The produced hydrogel was recovered from the reactor on a glass dish.

## Optical transmittance measurements

The prepared hydrogels were ground with a pestle and mortar to obtain flowing pastes. Each paste was loaded into a quartz cuvette, and its transmittance was measured in the range of 200–700 nm at 25 °C using a spectrophotometer (V530, Jasco Co., Ltd., Tokyo, Japan) equipped with a Peltier-type temperature controller (ETC-505, Jasco Co., Ltd.) and distilled water as the blank. The transmittance at a wavelength of 600 nm and the wavelength at a transmittance of less than 0.1% were determined. The former parameter was used as a representative value for the visible light, and the latter one indicated the degree of the brown discoloration of the hydrogel observed after the hydrothermal treatment.

## Compression testing

The prepared hydrogel samples were cut into pieces with diameters of 8 mm and heights of approximately 5 mm using a razor. Compression tests were performed using an EZ Test machine (Shimadzu, Co., Ltd., Tokyo, Japan) with a 50 N load cell at a compression rate of 1 mm min<sup>-1</sup> and room temperature. As a result, the values of the breaking strength and compressive modulus at 4–8% of the initial strain were determined.

## Field-emission scanning electron microscopy observations

The hydrogel samples were cut into pieces with diameters of 8 mm and heights of approximately 2 mm. Subsequently, both ChNFs and the cut specimens were immersed in *tert*-butyl alcohol for 3 d. After the treatment with *tert*-butyl alcohol more than 5 times, the ChNFs and specimens were quickly frozen and dried under vacuum (0.02 MPa) (MDA-015, ULVAC KIKO Inc., Miyazaki, Japan) for a few hours. The dried samples were coated with a 2.5 nm thick layer of osmium using an osmium coater (Neoc-STP, Meiwafoysis Co., Ltd., Tokyo, Japan). The coated specimens were observed by a field-emission scanning electron microscope (FE-SEM; S-5000, HITACHI Co., Ltd., Tokyo, Japan) operated at a voltage of 5.0 kV. A histogram of ChNF widths was constructed from four different FE-SEM images (80 ChNF widths were measured during analysis) using the Image-J software (NIH, Bethesda, USA). The average width of ChNFs was calculated as number average width.

## Fourier-transform infrared spectroscopy studies

ChNFs or the hydrogel samples were frozen at –80 °C inside a freezer and then lyophilized for 1 d using a freeze dryer (FDU-2200, Tokyo Rikakikai Co., Ltd., Tokyo, Japan). The lyophilized samples were washed with about 400 mL of distilled water to remove the remaining traces of acetic acid, after which the lyophilization procedure was repeated again. The dried samples were blended with KBr and then pressed into pellets using a mini hand-press (Shimadzu Co., Ltd.). Fourier-transform infrared (FT-IR) spectra were recorded by performing 32 scans in the range of 500–4000 cm<sup>-1</sup> at a resolution of 4 cm<sup>-1</sup> using an FT/IR 4200 spectrometer (Jasco Co., Ltd.). The degree of *N*-acetylation was calculated via the following equation (Brugnerotto et al. 2001):

$$\text{Degree of } N\text{-acetylation} = \frac{A_{1320}/A_{1420} - 0.3822}{0.03133}$$

where  $A_{1320}$  and  $A_{1420}$  are the absorbance values measured at 1320 and 1420  $\text{cm}^{-1}$ , which correspond to the stretching and bending vibrations of amide III and  $\text{CH}_2$  groups, respectively. Their magnitudes were determined via the baseline method proposed in a previous study (Brugnerotto et al. 2001).

## X-ray diffraction analysis

The dried samples were converted into pellets (diameter: 1.3 cm, thickness: 0.3 mm) by pressing at a pressure of 750 MPa for 1 min using a hand-press (SSP-10A, Shimadzu Co., Ltd.). XRD patterns were recorded in the  $2\theta$  range of  $5\text{--}35^\circ$  using an X-ray diffractometer (RINT 2500HF/PC, Rigaku Co., Ltd.) with  $\text{Cu-K}\alpha$  radiation ( $\lambda = 1.5418 \text{ \AA}$ ) operated at a voltage of 40 kV and current of 40 mA. The crystallinity index (CI) was determined using the following equation (Zhang et al. 2005):

$$\text{CI} = (I_{1-10} - I_{\text{am}})/I_{1-10}$$

where  $I_{1-10}$  is the peak intensity of the [1–10] plane, and  $I_{\text{am}}$  is the intensity of the amorphous diffraction at  $16^\circ$ . The  $d$ -spacing value was obtained using Bragg's law:

$$d\text{-spacing} [\text{\AA}] = \lambda/2 \sin\theta$$

where  $\lambda$  is the wavelength of  $\text{Cu-K}\alpha$  radiation, and  $\theta$  is the scattering angle. The crystal size (CS) was determined using the Scherrer equation:

$$\text{CS} [\text{nm}] = k\lambda/\beta_0 \cos\theta$$

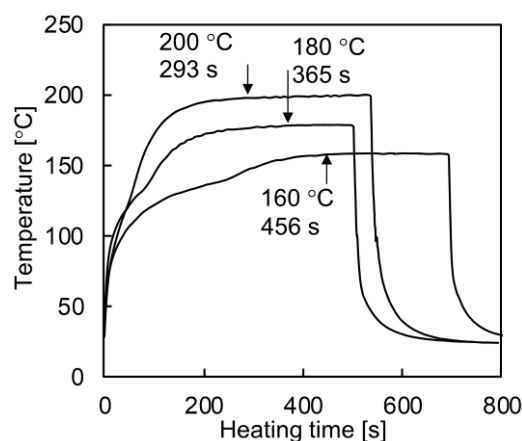
where  $k$  is the constant describing the shape factor (0.9), and  $\beta_0$  is the full width at half-maximum of the diffraction peak.

## Results and discussion

### Physicochemical properties of $\beta$ -ChNF hydrogels prepared at pH = 4 and 30 passes

#### *Temperature profiles inside the reactor and calculation method of the severity factor*

The temperature profiles inside the reactor obtained for different heating temperatures and times are displayed in Fig. 1. They show that the heating time decreased with increasing target temperature (the curve bending observed during the heat-up stage resulted from the remelting of the salt coagulated around the reactor). The values of  $\log R_0$  during heat-up were calculated via the trapezoidal integration of the temperature function using a grid with a spacing of 0.2 s.

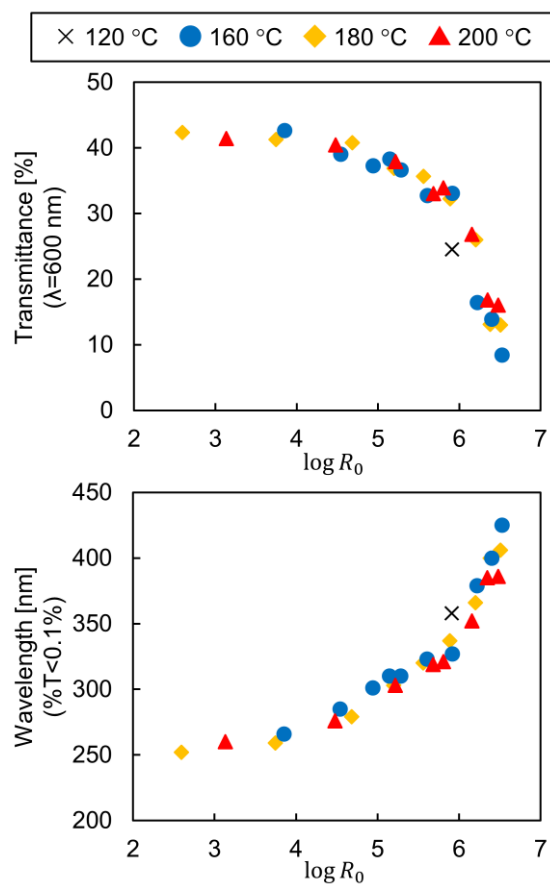


**Fig. 1** Temperature profiles inside the reactor obtained for different heating temperatures. The arrows indicate the points where the target temperatures were reached

#### *Effect of the severity factor on the physicochemical properties of the hydrogel*

First, the similarity of the physicochemical properties of the self-sustaining hydrogels with the same severity factors ( $\log R_0$ ) observed at different heating temperatures was confirmed by testing the  $\beta$ -ChNFs samples prepared at pH = 4 and subjected to 30 passes under the conditions identical to those utilized in a previous study (Nata et al. 2012).

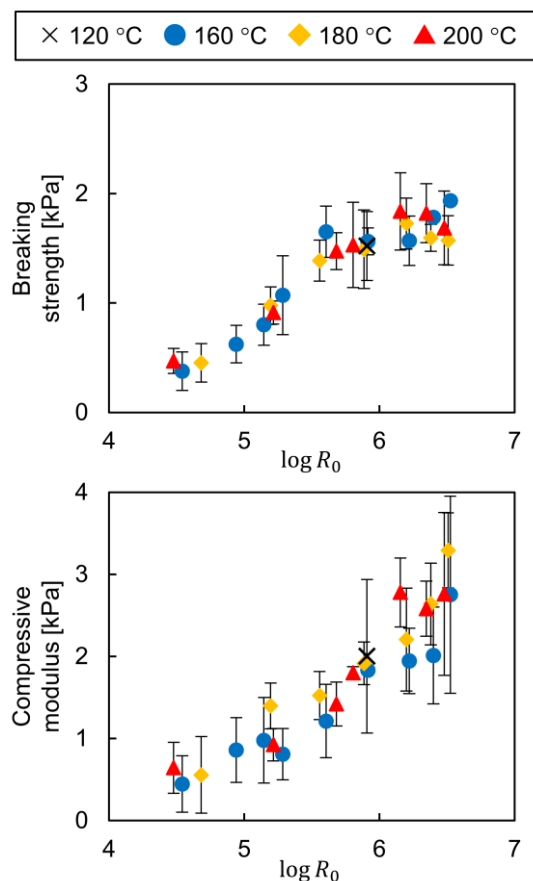
The transmittance at a wavelength of 600 nm and wavelength at a transmittance of below 0.1% plotted as functions of  $\log R_0$  and the heating time are shown in Figs. 2 and S1, respectively (the ultraviolet-visible spectra of the hydrogels recorded in the range of 200–700 nm are shown in Fig. S2, and their photographs obtained at various conditions are depicted in Fig. S3). They demonstrate the decrease in transmittance and red shift of the wavelength with an increase in  $\log R_0$  regardless of the heating temperature. As shown in Fig. S1, when the transmittances of the  $\beta$ -ChNFs samples are plotted against the heating time, they exhibit only decreasing trends at each temperature. However, their dependences on  $\log R_0$  can be characterized by a single curve. The discoloration of the specimens observed after the hydrothermal treatment (Fig. S3) likely resulted from either caramelization or the Maillard reaction, and the corresponding degree of  $\beta$ -ChNFs decomposition could be estimated from the magnitude of  $\log R_0$ .



**Fig. 2** Optical transmittances of the  $\beta$ -ChNF hydrogels prepared at pH = 4 and 30 passes as functions of the severity factor  $\log R_0$

The breaking strengths and compressive moduli of the hydrogels prepared from the  $\beta$ -ChNFs subjected to 30 passes, which are plotted as functions of  $\log R_0$  and the heating time, are shown in Figs. 3 and S4, respectively. They demonstrated similar trends with increasing  $\log R_0$  regardless of the heating temperature. In particular, the hydrogel breaking strength increased until reaching a magnitude of  $\log R_0 \approx 5.6$  and leveled out at around 1.7 kPa (the compressive modulus also increased with increasing  $\log R_0$ ). Therefore, similar to transmittance, the mechanical properties of the hydrogels can be estimated by calculating  $\log R_0$ .

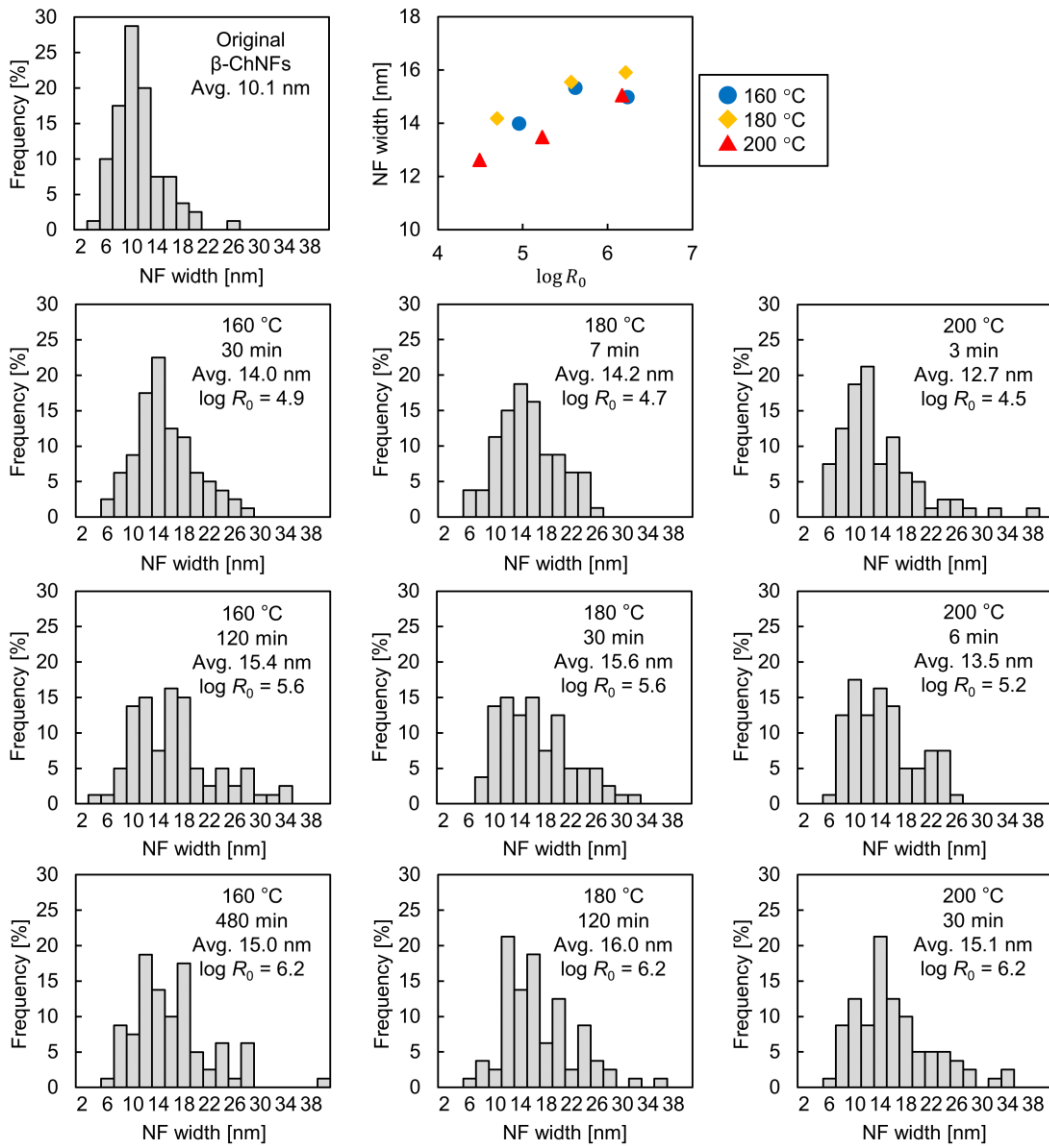




**Fig. 3** Mechanical properties of the  $\beta$ -ChNF hydrogels prepared at pH = 4 and 30 passes as functions of the severity factor  $\log R_0$

Further, the dependences of the gelation reaction parameters on the heating temperature and utilized equipment were investigated. The physicochemical properties of the hydrogel obtained by heating  $\beta$ -ChNFs to 120 °C using the oil bath are denoted by the crosses in Figs. 2 and 3, whose positions are almost identical to those of the other hydrogels with the same  $\log R_0$  values. These results indicate that the hydrogels with similar properties can be obtained if their corresponding  $\log R_0$  magnitudes are identical. Hence, the utilization of the  $\log R_0$  parameter can facilitate the determination of suitable heating conditions during the hydrothermal gelation and thus expands application range of the produced hydrogels.

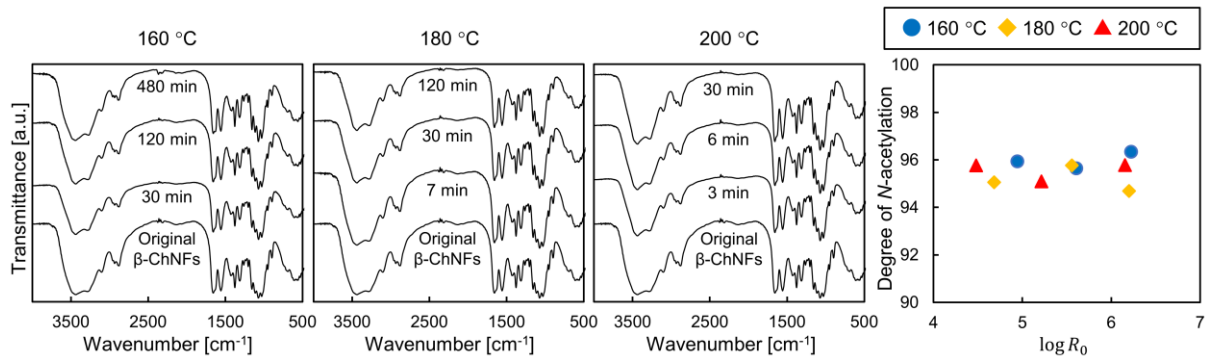
The width distributions of the original  $\beta$ -ChNFs prepared at pH = 4 and 30 passes and corresponding hydrogels as well as their widths plotted versus the severity factor are shown in Fig. 4, while their typical FE-SEM images are presented in Fig. S5. The obtained results indicate that thin  $\beta$ -ChNFs are well entangled with each other under all conditions. Furthermore, the average width of the original  $\beta$ -ChNFs was 10.1 nm, whereas the width of  $\beta$ -ChNFs in the produced hydrogels increased with increasing  $\log R_0$  and reached a magnitude that was about 1.5 times greater than that of the original  $\beta$ -ChNFs at  $\log R_0 > 6$ , suggesting that two NFs formed a network structure through adherence.



**Fig. 4** Histograms characterizing the width distributions of  $\beta$ -ChNFs before and after the hydrothermal treatment. The upper right panel displays the average width of  $\beta$ -ChNFs plotted as a function of the severity factor  $\log R_0$ . The values in the histogram panels indicate heating temperature, heating time, average width of the  $\beta$ -ChNFs, and severity factor

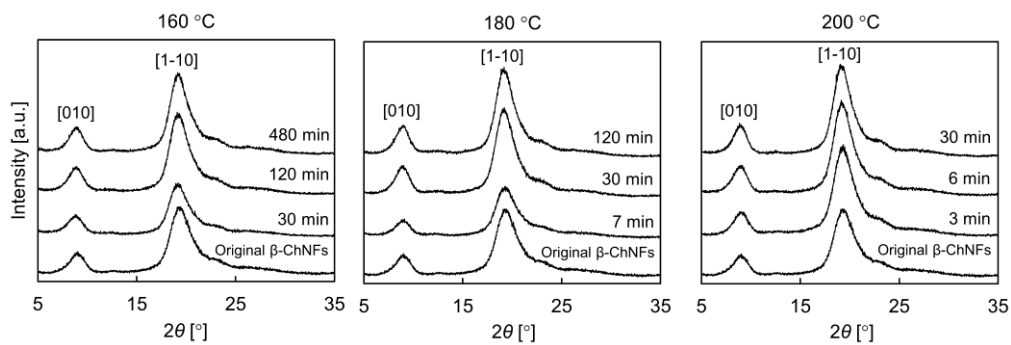
#### *Chemical and crystalline structure of hydrogel before and after hydrothermal gelation*

The FT-IR spectra of the original  $\beta$ -ChNFs prepared at pH = 4 and 30 passes and their corresponding hydrogels as well as the degree of *N*-acetylation plotted as a function of the severity factor are shown in Fig. 5. No significant differences were observed between the  $\beta$ -ChNFs and hydrogels at various heating temperatures and times. The degree of *N*-acetylation of the original  $\beta$ -ChNFs was 95%, and their deacetylation did not occur after the hydrothermal treatment. In previous studies, the decomposition of the chitin chemical structure through its deacetylation was observed after the hydrothermal treatment at temperatures above 300 °C (Osada et al. 2012, 2013, 2015; Aida et al. 2014); however, the hydrothermal treatment at temperatures less than 200 °C conducted in this study did not decrease the degree of *N*-acetylation. The obtained FT-IR spectra indicate that the chemical structure of  $\beta$ -ChNFs was not affected by the hydrothermal gelation.



**Fig. 5** FT-IR spectra of  $\beta$ -ChNFs recorded before and after the hydrothermal treatment and their degrees of *N*-acetylation plotted as functions of the severity factor  $\log R_0$

The XRD patterns of the original  $\beta$ -ChNFs prepared at pH = 4 and 30 passes and corresponding hydrogels are shown in Fig. 6, and their CI, *d*-spacing, and CS values are listed in Table 1. The patterns obtained for the hydrogel samples were identical to those of the original  $\beta$ -ChNFs regardless of  $\log R_0$ , indicating that the gelation via hydrothermal treatment occurred due to the interactions between individual  $\beta$ -ChNFs (which preserved their crystalline structure) rather than through the dissolution followed by reprecipitation (in the latter case, the crystal structure would be transformed into an  $\alpha$ -type one). The detailed calculations performed for the XRD patterns showed that the CI and CS values obtained for the [1-10] mixed plane increased after the hydrothermal treatment, while the magnitude of *d*-spacing remained unchanged. According to the results of a previous study, annealing to high temperatures caused the rearrangement of the NF crystal structure (Nata et al. 2012; Suenaga et al. 2017).



**Fig. 6** XRD patterns of  $\beta$ -ChNFs recorded before and after the hydrothermal treatment

**Table 1** CI, *d*-spacing, and CS values determined for  $\beta$ -ChNFs before and after the hydrothermal treatment

Heating temperature [°C]	Heating time [min]	$\log R_0$	CI <sup>a</sup> [%]		<i>d</i> -spacing [Å]		CS <sup>b</sup> [nm]	
			[010]	[1-10]	[010]	[1-10]	[010]	[1-10]
Original $\beta$ -ChNFs			58	83	9.8	4.6	12.0	6.7
160	30	4.9	64	83	10.1	4.6	10.5	7.2
	120	5.6	67	87	10.0	4.7	10.0	7.2
	480	6.2	65	87	9.9	4.6	11.4	7.6
180	7	4.7	62	84	9.7	4.6	11.0	6.6
	30	5.6	64	86	10.0	4.6	11.4	7.5
	120	6.2	67	87	9.9	4.6	11.6	7.8

200	3	4.5	56	86	9.8	4.6	11.9	7.0
	6	5.2	62	86	9.8	4.6	10.7	7.5
	30	6.2	68	87	10.0	4.7	11.7	8.0

<sup>a</sup>CI: crystallinity index; <sup>b</sup>CS: crystal size.

### *Discussion on the severity factor and a comparison between chitin and cellulose NF hydrogel reported previously*

The obtained results suggest that the process of hydrogel formation can be characterized by an Arrhenius-type equation. The  $\log R_0$  value of 14.75 was originally used to describe the swelling, dissolution, and degradation of cell wall components during the hydrothermal treatment conducted at different temperatures (Overend and Chornet 1987). Interestingly, when this particular value was utilized for hydrothermal gelation, the physicochemical properties of the resulting hydrogel were very similar. Hence, the activation energy for the hydrogel formation of  $\beta$ -ChNFs prepared at pH = 4 and 30 passes can be unexpectedly close to the value obtained for the degradation of cell wall components. On the other hand, TEMPO-oxidized cellulose NFs were successfully converted to a self-sustaining hydrogel in our previous study by the hydrothermal treatment at a temperature of 160 °C and shorter heating time as compared to that utilized for  $\beta$ -ChNFs (Suenaga and Osada 2018a). At the same time, the width, surface charge, and charge density of the TEMPO-oxidized cellulose NFs significantly differed from those of  $\beta$ -ChNFs. The physicochemical properties of a hydrogel consisting of various NFs can be evaluated by adding a parameter describing the properties of NFs to the equation of the severity factor. For this reason, NFs with various characteristics should be transformed to self-sustaining hydrogels via the hydrothermal gelation followed by the comparison of their properties.

From the results presented above, it was found that the physicochemical properties of  $\beta$ -ChNF hydrogels could be determined by calculating the value of  $\log R_0$  regardless of the heating temperature and time. The width of  $\beta$ -ChNFs increased with increasing  $\log R_0$ , and no significant changes in their chemical and crystal structures were observed after the hydrothermal treatment at temperatures below 200 °C.

## **Hydrothermal gelation of $\alpha$ - and $\beta$ -ChNFs prepared at neutral and acidic pH and different numbers of passes**

### *Hydrothermal gelation of ChNF subjected to 10 passes*

The hydrothermal gelation of the  $\alpha$ - and  $\beta$ -ChNFs prepared at pH = 4 and 7 and subjected to 10 passes was conducted at 180 °C. The breaking strengths and compressive moduli of the resulting specimens are shown in Fig. 7, and the photographs of the hydrogels produced under these conditions are displayed in Figs. S6 and S7. As shown in Fig. S6, the  $\alpha$ -ChNFs prepared at pH = 7 and 10 passes flowed after the hydrothermal treatment, and their appearances were almost identical to those of the original dispersion. Thus, these specimens could not be subjected to compression testing. Moreover, after the  $\alpha$ -ChNFs prepared at pH = 4 and subjected to 10 passes were heated to 180 °C for 120 min, they retained a cylindrical shape; however, their breaking stress was only 0.28 kPa. For comparison, the  $\beta$ -ChNFs subjected to 10 passes were converted to self-sustaining hydrogels by heating to 180 °C for 30 min even at the neutral pH, but their strength remained at a level of only 0.32 kPa after 120 min of heating. Hence, the  $\beta$ -ChNFs prepared at pH = 4 exhibited the highest mechanical strength among the ChNF samples subjected to 10 passes. It has been reported previously that  $\beta$ -chitin is easily disintegrated to thinner NFs as compared to those obtained from  $\alpha$ -chitin (Fan et al.

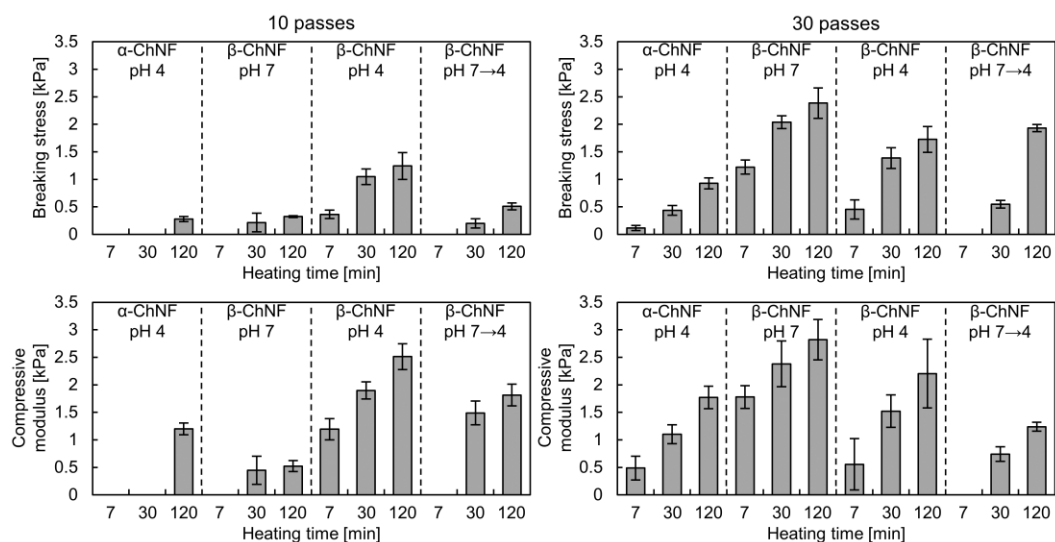
2008; Suenaga et al. 2017), which form a denser network structure in dispersion. This denser network structure becomes cross-linked by the mutual attachment of individual NFs during the hydrothermal treatment, resulting in the formation of a self-sustaining hydrogel. Because  $\beta$ -chitin tends to disintegrate into thinner NFs at acidic pH due to electrostatic repulsion (Dutta et al. 2013), the strengths of the  $\beta$ -ChNF hydrogels prepared at pH = 4 exhibited the highest values.

#### *Hydrothermal gelation of ChNF subjected to 30 passes*

Next, the hydrothermal gelation of the  $\alpha$ - and  $\beta$ -ChNFs prepared at pH = 4 and 7 and subjected to 30 passes was conducted at a temperature of 180 °C to test the hypothesis that thinner NFs formed hydrogels with higher strengths (Fig. 7). Similar to the original dispersion, the  $\alpha$ -ChNFs prepared at pH = 7 and 30 passes also flowed after the hydrothermal treatment (see Fig. S7). The mechanical strength of the  $\alpha$ -ChNFs fabricated at pH = 4 increased because of the larger number of disintegration passes, and after heating to 180 °C for 120 min, the hydrogel of  $\alpha$ -ChNFs prepared at pH = 4 became self-sustained without swelling. While no significant differences were observed between the  $\beta$ -ChNFs prepared at pH = 4 and subjected to 10 and 30 passes, the mechanical strength of the  $\beta$ -ChNFs fabricated at pH = 7 and 30 passes was significantly higher than that of the  $\beta$ -ChNFs prepared at the same pH and 10 passes, and its value was the highest one among the ChNF specimens subjected to 30 passes. It was also found that the decrease in the NF width accompanied by fiber disintegration increased the strength of the produced hydrogel.

#### *Effect of pH on the hydrothermal gelation*

To examine the influence of pH on the hydrogel mechanical strength, after  $\beta$ -ChNFs were prepared at pH = 7, their pH value was reduced to 4 by the addition of acetic acid (these specimens are further referred to as the  $\beta$ -ChNFs prepared at pH = 7 $\rightarrow$ 4 in this work). As shown in Fig. 7, the compressive modulus of the  $\beta$ -ChNFs prepared at pH = 7 $\rightarrow$ 4 and subjected to 10 passes was greater than that of the  $\beta$ -ChNFs fabricated at pH = 7 and the same number of passes; however, the mechanical strength of the  $\beta$ -ChNFs prepared at pH = 7 $\rightarrow$ 4 and subjected to 30 passes dramatically decreased. The obtained results indicate that the cationization of well disintegrated ChNFs does not promote the formation of the network structure caused by the mutual attachment of individual ChNF because it increases the forces of electrostatic repulsion. Therefore, the strengths of the  $\beta$ -ChNFs subjected to 30 passes and fabricated at pH = 7 $\rightarrow$ 4 and pH = 4 were smaller than that of the  $\beta$ -ChNFs prepared at pH = 7 and 30 passes. Hence, it can be concluded that the thickness of NFs is the most important factor affecting the strength of the hydrogel produced by the hydrothermal gelation. As has been mentioned earlier, acid addition sometimes improves the mechanical strength of materials (such as  $\alpha$ -ChNFs); however, if thinner NFs are already obtained, the forces of electrostatic repulsion should be reduced. Indeed, as was shown in our previous study, the hydrothermal gelation of the thinnest TEMPO-oxidized cellulose NFs resulted in the formation of a self-sustaining hydrogel (Suenaga and Osada 2018a). During this process, the carboxylate groups representing the main source of electrostatic repulsion were eliminated from the NF surface, which promoted the mutual adherence of TEMPO-oxidized cellulose NFs. As a result, the latter exhibited a higher compressive modulus as compared to those of the ChNF samples. Thus, the  $\alpha$ -ChNFs prepared at pH = 4 can be potentially transformed to a hydrogel with higher mechanical strength by increasing the number of passes and heating time.



**Fig. 7** Mechanical properties of the  $\alpha$ - and  $\beta$ -ChNF hydrogels heated to 180 °C

## Conclusions

First, the hydrothermal treatment of the  $\beta$ -ChNFs prepared at pH = 4 and subjected to 30 passes was performed at 120, 160, 180, and 200 °C, and the severity factor  $\log R_0$  was introduced to determine the optimal heating time. The optical transmittances and mechanical strengths of the hydrogels plotted against  $\log R_0$  produced unique curves, suggesting that the latter parameter could be used for predicting the physicochemical properties of the hydrogels fabricated via the hydrothermal gelation. While the chemical and crystal structures of the  $\beta$ -ChNFs prepared at pH = 4 and 30 passes remained almost the same after the hydrothermal gelation, their width increased from 10.1 nm to around 15 nm with an increase in  $\log R_0$ , indicating the formation of a network structure via the adherence of neighboring  $\beta$ -ChNFs. Next, the  $\alpha$ - and  $\beta$ -ChNFs fabricated at pH of 4 and 7 and subjected to 10 and 30 passes were heated to 180 °C for 7, 30, and 120 min. After the hydrothermal treatment, the  $\alpha$ -ChNFs prepared at pH = 7 exhibited the same flowability as that of the original dispersion (even after 30 passes). The  $\alpha$ -ChNFs fabricated at pH = 4 were unable to achieve gelation after 10 passes; however, after 30 passes, their mechanical strength increased with an increase in the heating time. While the influence of the number of passes on the strength of the  $\beta$ -ChNFs prepared at pH = 4 was insignificant, the strength of the  $\beta$ -ChNFs fabricated at pH = 7 dramatically increased with increasing its magnitude from 10 to 30 and reached maximum among the studied ChNF specimens. The strength of the  $\beta$ -ChNFs fabricated at pH = 7  $\rightarrow$  4 was significantly smaller than that of the  $\beta$ -ChNFs prepared at pH = 7 and 30 passes. Hence, it can be concluded that the hydrothermal gelation can be optimized using thin ChNFs and controlling the forces of electrostatic repulsion. Furthermore, the data obtained in this study may be potentially used for expanding the scope of engineering applications of the hydrothermal gelation technique.

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## **Conflict of Interest**

The authors declare that they have no conflict of interest.

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Graphical abstract

