# Traumatic middle cerebral artery aneurysm: case report and review of the literature.

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## Abstract

Traumatic intracranial aneurysms are rare. A case of traumatic middle cerebral artery aneurysm was presented. A 66-year-old man sustained a severe head injury in a bicycle accident. Serial computed tomography and angiography showed the delayed intracerebral hemorrhage caused by the traumatic middle cerebral artery aneurysm. The aneurysm was trapped and removed. Histological examination clearly revealed the pseudoaneurysm. Traumatic middle cerebral aneurysms were reviewed.

Keywords: middle cerebral artery, surgery, traumatic aneurysm

## Introduction

Traumatic intracranial aneurysms rarely occur and can develop as the result of either blunt or penetrating head trauma.<sup>15;26)</sup> Traumatic intracranial aneurysms can present in a variety of ways such as subarachnoid hemorrhage, intracranial hemorrhage, and subdural hematoma. The mortality rate for patients with traumatic intracranial aneurysms is high up to 50%.<sup>16</sup> Therefore, prompt diagnosis with cerebral angiography and sufficient surgical treatment are necessary. We present a case of traumatic middle cerebral artery aneurysm and review the literature.

#### **Case report**

A 66-year-old man sustained a severe head injury in a bicycle accident. The patient was knocked down by a motortruck. On arrival in the emergency room, the patient presented with consciousness disturbance (Glasgow Coma Scale: E1V1M4) and severe left hemiparesis. Examination revealed an open skull fracture at the right parietal region. Computed tomography (CT) revealed a brain contusion and traumatic subarachnoid hemorrhage with depressed skull fracture (Figure 1). A follow-up CT showed an enlargement of the hematoma at the fronto-temporal lobes and the contusional hematoma was removed with external decompression. Although the patient's condition was improving day by day, a follow-up CT revealed a delayed intracerebral hematoma on Day 7 (Figure 2). Cerebral angiograms detected a traumatic aneurysm at the peripheral middle cerebral artery (Figure 3). The aneurysm was trapped and removed. The postoperative course was uneventful. The patient made a favorite recovery after rehabilitation. Histological examination of the aneurysm showed the disruption of the arterial wall, so the diagnosis was the false aneurysm (Figure 4).

## Discussion

In the present case, the traumatic aneurysm developed beneath the overlying depressed skull fracture and its rupture occurred on Day 7. The complete disruption of the arterial wall (false aneurysm) was clearly demonstrated on the histological findings.

Traumatic intracranial aneurysms are divided into 4 categories according to the mechanism of injury: following closed head injury, missile injury, penetrating head injury, and iatrogenic injury.<sup>27</sup> Traumatic intracranial aneurysms usually affect in the supraclinoid segment of the internal carotid artery and the anterior cerebral artery.<sup>16;26</sup> Traumatic

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intracranial aneurysms are also classified histologically as true or false. True aneurysms are formed after a partial disruption of the arterial wall. The internal elastic lamina and media damages with an intact adventitia form the true aneurysm. The complete penetrating injury of the vessel wall results in the false aneurysm. The hematoma organizes to form the outer wall of the aneurysm. Unlike berry aneurysms, traumatic intracranial aneurysms typically do not have a neck, are more irregular in their dome contour, and are subject to delayed filling and emptying of the sac based on angiograms.

**Clinical characteristics of traumatic middle cerebral artery aneurysms:** Traumatic middle cerebral artery aneurysms are reviewed based on previous reports including the present one. We excluded traumatic aneurysms caused by weapons such as missile<sup>3;7</sup> and those following iatrogenic injury.<sup>14;20</sup> Finally, 28 cases with 32 aneurysms were analyzed and summarized in Table 1.<sup>1;2;4;5;8-11;13;17-19;21-25</sup> The mean age of patients was 42.1 years and there appeared to be strong male predominance. Multiple traumatic aneurysms were found in 2 cases<sup>22</sup> and the rupture rate was 72.4%. The time of rupture after trauma was 4.7days and the delayed rupture after trauma had occurred in 46.7% of patients. The majority of aneurysms were located in cortical segments. The linear and depressed fracture were found in 34.8 and 21.7% of cases, respectively. Interestingly, 43.5% of patients had no skull fracture. The subdural hematoma compared with intracerebral hematoma was prominently caused by the aneurysmal rupture. By contrast, traumatic intracranial aneurysms related to missile injury are associated with intracerebral hematoma in 80% and subdural hematoma in 26%.<sup>12</sup>

Based on our review, surgical treatments were carried out in 20 patients and 75% of patients had favorable outcome. On the other hand, 37.5% of patients underwent no surgical treatment had favorable outcome.

**Diagnosis and treatment of traumatic middle cerebral artery aneurysms:** Cerebral angiography should be essential in patients with acute neurological deterioration and the delayed cerebral or subdural hematoma after head injury. It is difficult to evaluate the asymptomatic traumatic middle cerebral artery aneurysm. Since traumatic middle cerebral artery aneurysms are very rare and can also occur after mild head injury,<sup>2</sup> the timing and necessity of angiography are difficult to decide. Neurosurgeons keep in mind that the traumatic middle cerebral artery aneurysmal rupture can develop the chronic subdural hematoma.<sup>2</sup>

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Although the spontaneous healing of traumatic middle cerebral artery aneurysm was reported,<sup>4;22</sup> appropriate surgical treatment should be necessary because of high mortality and mobility. In Table 1, 44, 16, and 12% of patients with traumatic middle cerebral artery aneurysm were treated with excision, clipping, and coagulation, respectively. Usually, it was difficult to use a clip for aneurysmal obliteration because almost aneurysms (83.3%) were pseudoaneurysm. For the distal traumatic middle cerebral artery aneurysms, surgical trapping and excision are recommended. In the case described here, trapping and excision were sufficient. On the other hand, the more proximal aneurysms should be treated with clipping, trapping with bypass, or endovascular techniques to preserve distal blood flow.<sup>6;16</sup>

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## **Figure legends**

Figure 1: Computed tomography showing a brain contusion and subarachnoid hemorrhage. Note that the depressed skull fracture is seen.

Figure 2: Computed tomography showing an intracerebral hematoma at the right parietal lobe.

Figure 3: Right carotid angiograms (A and C: antero-posterior views, B and D: lateral views) showing the peripheral middle cerebral artery aneurysm (arrowheads).

Figure 4: Photomicrographs of the aneurysm showing the pseudoaneurysm. Note that the complete disruption of the arterial wall. Arrowhead and asterisk indicating the arterial wall and aneurysmal cavity, respectively. Hematoxylin and eosin stain, original magnification x 20 (A), x 40 (B), and x 100 (C). Elastica-van Gieson stain, original magnification x 100 (D)

Age (mean ± SD) Sex:	$42.1 \pm 22.5 \ (2 \text{ to } 75) \text{y/o}$	n = 28
Female	17.00/	n = 28
Male	17.9%	
	82.1%	
Affected Side:	(7,0)	n = 28
Right	67.9%	
Left	32.1%	
Ruptured aneurysm	72.4%	n = 29
Time trauma to rupture	4.7 (0 to 18) days	n = 15
Size of aneurysm	3 (1 to 4) mm	n = 9
Location:	0.444	n = 32
Insular segment	3.1%	
Cortical segment	93.8%	
Not described	3.1%	
Skull fracture:		n = 23
None	43.5%	
Linear	34.8%	
Depressed	21.7%	
Presentation of aneurysm:		n = 27
SDH	55.6%	
ICH	14.8%	
ICH and SAH	3.7%	
Headache	3.7%	
Incidental	22.2%	
Surgical treatment:		n = 25
Excision	44%	
Clipping	16%	
Coagulation	12%	
None	28%	
Pathology:		n = 12
True	16.7%	
Pseudo	83.3%	
Outcome:		n = 28
Favorable	64.3%	
Unfavorable	35.7%	

Table 1. Characteristics of patients with traumatic middle cerebral artery aneurysm

Subdural hematoma: SDH, Intracerebral hematoma: ICH, SAH: subarachnoid hemorrhage, n: number of the patient or the aneurysm